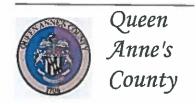
### **DEPARTMENT OF COMMUNITY SERVICES**



County Commissioners:
James J. Moran, At Large

Jack N. Wilson, Jr., District 1 Stephen Wilson, District 2 Robert Charles Buckey, District 3 Mark A. Anderson, District 4

### Community Partnerships for Children and Families Local Management Board

104 Powell Street Centreville, MD 21617

Telephone: 410) 758-6677 Fax: (410) 758-6904 E-mail:qalmb@qac.org

### Queen Anne's County Local Management Board

### **Meeting Information Packet**

Meeting Date:	1-17-2018
Time:	11:30-1:00 p.m.
Location:	Board of Education

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### DEPARTMENT OF COMMUNITY SERVICES

**Community Partnerships for Children and Families** Local Management Board 104 Powell Street Centreville, MD 21617

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### County Commissioners:

James J. Moran, At Large Jack N. Wilson, Jr., District 1 Stephen Wilson, District 2 Robert Charles Buckey, District 3 Mark A. Anderson, District 4

### **Board Meeting**

Queen Anne's County Board of Education - Meeting Room A January 17, 2018 11:30 pm - 1:00 pm

### Agenda

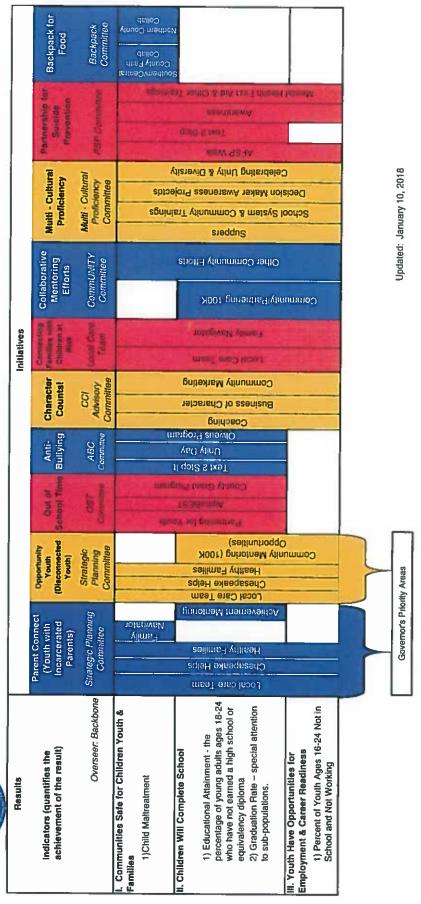
1.	Call to Order, Welcome and New Agenda Format  A. Schematic  B. Committee Reports  C. Other Reports	11:30 – 11:35
11.	LMB Updates & Reports A. Executive Committee B. Secretary's Report: Approval of Minutes C. Treasurer's Report D. Director's Report	11:35 – 11:40
III.	<ul> <li>The State of Children &amp; LMBs Across the State</li> <li>Ms. Arlene Lee, Executive Director of the Maryland Governor's Office for Children &amp; Families</li> </ul>	11:45 - 12:15
IV.	Updates from the Community Partnership Agreement Program Providers	12:15 – 1:00
V.	Announcements & Adjourn     The Next LMB meeting on February 21, 2018 will start at 10 am and end at 1 pm. Ms. Karen Finn will be giving the entire board an overview of the Results	1:00



Accountability Process.



# Queen Anne's County Collective to Help Children & Families Thrive



### **Organizational Reports**

Queen Anne's County Community Partnerships for Children and Families (Local Management Board) Retreat Summary – November 3, 2017 – The Historic Kent Manor Inn

Focus: Opportunity (Disconnected) Youth; Children of Incarcerated/ Formerly
Incarcerated Parents
Achieving Results Collectively

Attendance: Karla Altamirano, Community Member, Meredith Braden, Community Member, Bobbi Graef, Q.A. Co. Dept. of Health, Susan Coppage, Department of Social Services, Eric Daniels, Community Member, Brad Engel, Q.A. Co. Board of Education, Lee Franklin, Community Member, Pastor Mark Farnell, Community Member, Joe Grabis, Q.A. Co. Dept. of Juvenile Services, Lt. Mark Meil, Q.A. Co. Sheriff's Department, Megan Pinder, Mid Shore Mental Health Systems, Claire Johnson, Student Member, Michelle Johnson, Community Member, Carrie O'Connor, Community Member, Chris Perkins, on behalf of Peg Anawalt, Vince Radosta, Community Member, Laura Roth, Community Member, Mary Ann Thompson, Community Member, Mary Walker, Community Member, Jamie Williams, Community Member, Elaine Butler, Character Counts, Michael Clark, Director, Shelby Clark, Resource Development Specialist, Lisa Michaels, Administrative Assistant, Jennifer Stansbury, Operations Specialist.

<u>Guests:</u> Karen Finn and Deitre Epps, Clear Impact, LLC, Linda Walls, QAC Local Management Board's Strategic Planning Committee, Katie Sevon, Talbot County LMB, Fredia Wadley, Talbot LMB, Nancy Shockey, Dorchester LMB, Chris Benzing, Maryland Rural Development Corporation, Missy Cochran, Maryland Rural Development Corporation.

### **MORNING SESSION:**

**Greetings and Welcome**: Board Chair Joe Grabis welcomed everyone to the retreat.

Introductions and Background: Michael Clark, Director, Local Management Board introduced the consultants from Clear Impact, Karen Finn and Deitre Epps.

The consultants from Clear Impact presented to the Queen Anne's County Local Management Board and the Local Management Boards from Talbot, Kent and Dorchester.

### <u>AFTERNOON SESSION:</u>

The Queen Anne's County Local Management Board conducted a brief Board of Directors Meeting for purposes of approving October 18, 2017 minutes and the treasurer's report.

Joe Grabis, Board Chair, presented the minutes from the October 2017 board meeting for approval.

### \*\*Action:

Eric Daniels moved to approve the October 18, 2017 minutes as written. Vince Radosta provided a second. All present voted in favor with no abstentions and the motion was carried.

Joe Grabis, Board Chair, presented the treasurer's report for October 2017.

### \*\*Action:

Vince Radosta made motion to accept the Treasurer's Reports as written. Brad Engel provided a second. All present voted in favor to accept the Treasurer's Reports with no abstentions and the motion was carried.

Joe Grabis, Board Chair, presented "Collective Impact" to be framework for the Local Management Board.

### \*\*Action:

Jamie Williams made a motion to accept the Collective Impact to be the framework for the Local Management Board. Vince Radosta provided a second. All present voted in favor with no abstentions and the motion was carried.

### Notes from Afternoon Session:

Ideas to Improve Collective Impact:

- Educate members on results and their contributions.
- Meeting plan very defined in Results focused.
- Going to the Result and say focus on this.
- Improve communication and follow-through.
- Develop group norms.
- Glossary of terms on name tents.

### Actions proposed:

Topics can be suggested to Executive Committee.

### Improvements Needed:

- Each organization has ID'd 3-5 most important measures for its role in the comprehensive strategy (How much, how well, better off).
- Organize within the collective partnerships has achieved success in improving Performance Measures.
- Applying RBA partners share responsibility.
- Each organization applies Turn the Curve to most important Performance Measures.

### Strenath:

- ID'd one population. Results to define focus.
- Each organization has graphed the Performance Measures to ID trends.
- We used Turn the Curve to co-develop comprehensive plan with community with strategies and partners.

### Revise/Actions:

Add to glossary e.g. opportunity youth initiative.

- Develop a graphic that shows the relationships.
  Agendas for LMBs: Allow time for discussion Put Committee reports on-line Specific topics
- Use "Yammer App" before meetingsAction-focused discussions.

S:\A-LMB INFO\LMB\FY18\Retreat\Retreat Notes 11-03-2017.docx

		Que	Queen Anne's County	Community Partn	s County Community Partnerships for Children	-			
	William William Add Add Add			Treasurer's Report					
				Period:					
			Nc	November 1-30, 2017 Expenses					
Program Code	Description	FY18 Budget	GOC Admin	County	GOC Training	Derica Constitution of the	OTY CENT		1
40	4003 Salaries	157,919.00		11.272.81		11 272 81	51 622 25	10g 20g gg	- 1
7100-7600	Fringe Costs	67,268.00		3,844.11	•	3.844.11	18.405.05	48 862 95	22.78
5010	Acctg/Audit	2,988.00	•		•			2.988.00	%0
5020	Consultants	•	•	4	1,500.00	1,500.00	1.500.00	(1.500.00)	#DIV/01
5440	Leased Equipment	3,000.00		329.34	•	329.34	1,191.27	1.808.73	40%
5995	Other	•	•	•	•	•	1,000.00	(1,000.00)	#DIV/0i
6050	Postage	1,420.00	•	•	4	•	143.01	1,276.99	10%
6055	Supplies	2,122.00	•	261.64	13.00	274.64	762.65	1.359.35	36%
6400	Vehicle Operation	250.00	٠	3	•	•		250.00	%0
8010	Business Travel	200.00	•	0.31	752.00	752.31	752.31	(252.31)	150%
8040	Conferences/conventions	•	•	1,588.80	260.00	2,148.80	2,148.80	(2,148,80)	#DIV/01
8045	Training Expense	2,000.00	•	324.78	7,500.00	7,824.78	9,208.95	(7,208,95)	460%
8060	Board Expenses	6,500.00	•	398.29	•	398.29	1,622.53	4,877.47	25%
8100	Communications	1,780.00	•	150.97	•	150.97	600.08	1,179,92	34%
	Total	245,747.00	•	18,171.05	10,325.00	28,496.05	88,957.00	156,790.00	36%
	Services	Original	205	Local Care Team	MSDE	Period Expenses	YTD Expenses	Balance	YTD %
682043-5995	Family Navigation	42,804.00	1,606.06		,	1,606.06	1,606.06	41,197.94	4%
682035-8995	Achievement Mentoring	60,319.00	•	•	•	•	4,466.00	55,853.00	7%
682042-5995	Chesapeake Helps	48,387.00	•	1	•		10,195.89	38,191.11	21%
682045-5995	MSDE-Home Visiting	296,372.00	•	1	20,474.96	20,474.96	70,442.23	225,929.77	24%
682045-8995	GOC-Healthy Families	72,532.00	4,112.55	1		4,112.55	17,034.02	55,497.98	23%
	lotal	520,414.00	5,718.61	•	20,474.96	26,193.57	103,744.20	416,669.80	20%
	Services-Other	Original	RDEF	County/Local	E/R	Period Expenses	YTD Expenses	Balance	YTD %
0668-050289	OST - Partnering for Youth	100,000.00	,		•	•	100,000.00	-	100%
0668-0000	OST - Partnering for Youth	52,370.00	•	52,370.00	•	52,370.00	52,370.00	•	100%
0669-060799	Col - Recreation	20,000.00	1	•	•	•	20,000.00	•	100%
682050-8990	OST - AlphaBEST Education, Inc.	27,630.00	•	27,630.00	•	27,630.00	27,630.00	•	100%
682050-8990	OST - Hunger Back Pack Program	25,000.00	•		•	•	4,000.00	21,000.00	16%
682060-5995	KOEF	145,656.00	•	Þ	•	•	4	145656 00	%0
698000-5075	E/R-Communities that Care Survey License	1,750.00	•		•	•	1,400.00	350,00	80%
	Total	372,406.00	•	80,000.00	•	80,000.00	206,352.89	166,053.11	55%
	Services - GOCCP	Original			GOCCP	Period Expenses	YTD Expenses	Balance	YTD %
682035-5995	GOCCP-At Risk Youth Prevention YR 2	15,468			0	**	15,468	0	100.00%
	GOCCP - Substance Abuse Diversion YR1	93,864			0		1,642	92,222	1.75%
					Name of the last o				

		Treasurer's Report	Treasurer's Report			
		Period:				
		December 1-31, 2017	7			
		Receipts				
Program Code	Description	Budget	Period Receipts	Year to Date Receipts	Bajance	YTD%
680010-33590-26	Administration-Subcabinet	65,000.00			65.000.00	%0
682043-33590-48	GOC - Family Navigation	42,804.00	1	ı	42.804.00	%0
682035-33590-58	GOC-Achievement Mentoring	60,319.00			60.319.00	%0
682035-	GOCCP - At Risk Youth Prevention	15,464.00	1	15,464.00		100%
68203	682035 GOCCP - Substance Abuse Diversion program	92,864.00	•	1,646.35	91.217.65	2%
682042-33590-47	GOC - Chesapeake Helps	48,387.00	•		48.387.00	%0
682045-32490-06	MSDE-Home Visiting	296,372.00	•	•	296.372.00	%0
682045-33590-	GOC-Healthy Families	72,532.00		1	72.532.00	%0
	Sub-total	693,742.00		17.110.35	676.631.65	2%
698000-3710	Returned Reinvestment Interest-County			•		
680010-39910	Administration-County	180,747.00	•		180.747.00	%0
680010-3871	Disposal/C. Assets (sale of car on e-bay)	ř				#DIV/0
680010-39090-20	Miscellaneous Admin - GOC Award #170045	12,250.00	12,250.00	12.250.00	•	100%
680010-39090-20	Miscellaneous Admin - Fraternal Order of Police (DFC)	1,000.00		D .	1 000 00	%0
680010-39090-20	Miscellaneous Admin - Mid Shore Foundation	0				#DIV/0
680010-39090-20	Miscellaneous Admin - Tri County Ruritan (Backpacks)		D	10 miles	•	#DIV/0
680010-39390-40	Miscellaneous-non program related	•		I I	1	#DIV/0i
682050-39910	OST - Enhancement Funds - Hunger Back Pack	25,000.00	•		25.000.00	%0
682050-39910	OST - Enhancement Funds - Partnering for Youth	100,000.00			100.000.00	%0
682050-39910	OST - Enhancement Funds - Partnering for Youth	52,370.00			52.370.00	%0
682050-39910	OST - Enhancement Funds - Recreation	20,000.00			20.000.00	%0
682050-39910	OST - Ehancement Funds - AlphaBEST Education, Inc.	27,630.00	•	3	27,630.00	%0
02-06065-010099	Bryan Brothers Grant - Anti-Bullying Committee	3,000.00	•	3,000.00	T	100%
	lotal	1.115.739.00	12.250.00	32,360,35	1 082 278 65	20/

### Director's Report To The Queen Anne's County Local Management Board

For their meeting on January 17, 2018

### November LMB Retreat Follow Up Results in New Look for the Board Meetings

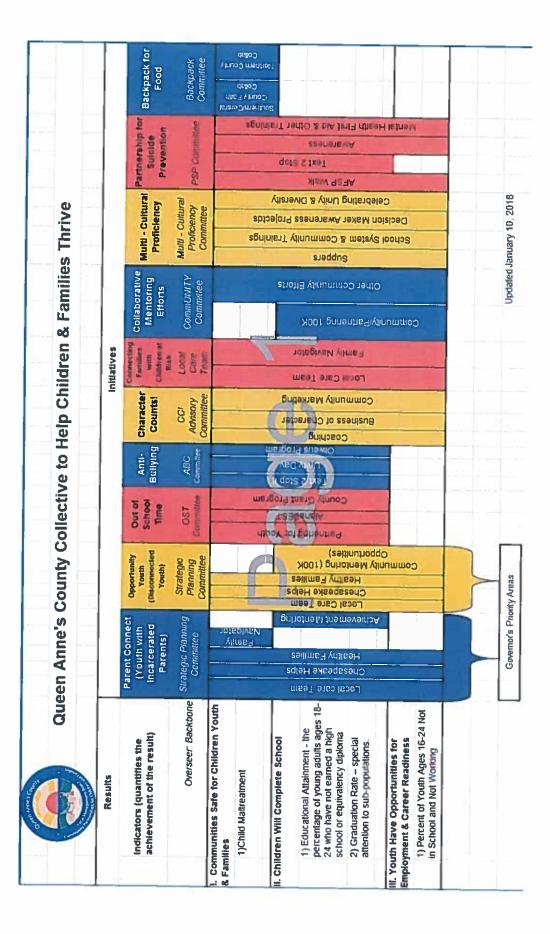
Board members may recall that at the November retreat there were certain changes requested. The changes made a lot of sense and will probably make the LMB more efficient and the meetings more interactive and interesting.

The first change of note regarded how we identified the "Collective." Previously, the collective consisted mostly of the programs funded through the community partnership agreement funded programs that responded to the Governor's priority areas of children of incarcerated parents and Opportunity Youth. The board decided instead to bring in all of the projects that the board is working on into the collective and basically make the collective over everything our LMB does. To help make this more easily understood and to bring everyone on the same page, I was given the assignment to create a visual or schematic which shows the new layout of the collective. It was also decided that this layout would be on the back of the board agenda every month. For a picture of that layout please see the next page of this report. This schematic can be updated and changed as the LMB changes its priorities.

Another change of note regards the LMB meeting agenda. It was decided that we would no longer have verbal committee reports unless there is an urgent or pressing issue. Instead all committee notes or minutes will be included in one packet and sent out to LMB members ahead of time. This way LMB members may receive updates on the various committees and initiatives without having to spend time in the meeting to listen to a verbal report. The purpose of this change is to put meeting focus on discussion and projects. Required corporation reports (e.g. minutes, finance report, and Director's report) will continue to be placed on the agenda but only a short time will be spent reviewing and approving these.

Next, instead of receiving multiple scattered documents and reports you will be receiving one document entitled *The Meeting Information Packet*. Lisa Michaels and I will put together this package every month ahead of time to all the board members and provide hard copy of it to those who requested it that way. The Meeting Information Packet will include the organization reports, any meeting handouts or announcements and then finally a section will be there for the committee meeting minutes and notes.

You may recall that there was also some discussion at the retreat regarding the social media site Yammer to. I am still looking into that and hope to give you more information about what I come up with on that at the February or March meeting. I'm also looking at SharePoint and Google Docs as other possible sources to store important board member documents that you might want to access electronically. I will need more time to report back to you. I would like to thank all the members of the board for all their wonderful suggestions on making our meetings both more interesting and more efficient.



### January Meeting Should Be Interesting!

The January meeting should prove to be interesting. Arlene Lee, the Executive Director of the Governor's Office For Children will be in attendance. She'll be spending about a half-hour with us and talking about what is going on for Children and Families across the state of Maryland and she will tell us her vision of the work of LMBs in the future.

After Ms. Lee's presentation, we will get reports from all of our program providers funded through the partnership agreement. You may recall that this was requested at the retreat. The information should be very interesting and comes at an important time. This is now halfway through their funding cycle. I am looking forward to hearing what they have to say and determining how much progress they have made.

Also as mentioned above this will be the first meeting with the new agenda design. I hope we have a good turnout and I look forward to seeing you there.

### Time to Write the Community Partnership Agreement Again

Just like last year the Governor's Office for Children released their request for funding, the document that is in essence the way to apply for funding for the following fiscal year, on December 31st.

In some ways the application is similar to last year. We still have to apply for funding of programs that fall under at least one of the Governor's strategies. However this year, as long as we get a satisfactory score, we are almost guaranteed to get the funding again in fiscal year 2019.

This year's application includes a time for LMBs to meet with GOC to discuss the application and clarify any misunderstandings. As of now there is \$2 million dollars that is included in a competitive side of the application. The Strategic Planning Committee, supported by Linda Walls and Shelby Clark, has already begun planning out how the application will be developed. The LMB should be receiving regular reports on our progress. It is due in April 2018.

### Please Take Note the February Meeting Will Be A Little Different

It was also noted at the retreat that there are many board members who weren't aware of or understood very well what results-based accountability is. Therefore we decided to see if we could find a quick training which board members could receive on this topic. It so happens that the Governor's Office for Children was offering some training for this exact topic but they were 8 hours long. The executive committee and I thought that it was good for the LMB members to receive results-based accountability but they didn't think it was necessary to make every member commit to 8 hours of training. Therefore we were able to get Karen Finn to agree to provide a quick 3-hour overview of results-based accountability at the February meeting. This is good news except that it'll require board members to come earlier to the February meeting. The way it would work is that in place of the meeting, we would receive training in RBA. The meeting would go from about 9am to 1pm on February 21, 2018. Lunch will be provided as usual. The Executive Committee recognizes that some may come late but that is OK. If you can make the entire event, it would be much appreciated.

### **County Budget**

The files for the County Budget were due earlier than in previous years. So Jennifer Stansbury worked hard to get budget information in on time. This year was a lot like in past years. Our process is to submit an "educated guess" and then when we know how much money we're going to receive from other funders, such as the state, we will go back and amend our budget within the county system.

This year, we basically submitted a level budget except for a Salary increase (part of the entire County directions). We did ask for additional amounts of \$10,275 to support Character Counts and an additional \$6,250 to support the backpack for food committee. Each of those funding sources have the backup that we have found money from other sources to cover these costs. We hope the Commissioners will understand what a great deal they are getting for their investment with so much additional funds and excellent service.

In regards to budgets, the LMB typically must keep a closer eye to what the state decides to do regarding our funding. It is important for us to remind our legislators to make sure that revenue for the LMBs and the programs we oversee is maintained in the State budget.

Respectfully Submitted,

Michael R. Clark Board Director

Chief of Housing and Family Services

### **Meeting Handouts & Announcements**

### Queen Anne's County

### **CommUNITY Mentoring**

### REACHING OUT AND UP to Young People Ages 16-24



CORDIALLY INVITES YOU AND A GUEST

to an

INFORMATIONAL MEETING AND DINNER



Local Business Partners, Mentors and the CommUNITY Mentoring Advisory Council

### **Providing Opportunities for Youth**

When:

Thursday, January 25, 2018

Time:

5:00-7:00 p. m.

Where:

Kent Island Senior Center

891 Love Point Road

Stevensville, MD 21666

**RSVP** 

Elaine Butler

ebutler@gac.org

410-758-6677

By January 11, 2018





January 22, 2018 12:30pm-2:00pm

Join us as we celebrate the opening of our Mid Shore office.

Now serving Caroline, Dorchester, Kent, Queen Anne's, and Talbot

Counties. Come meet agency staff and enjoy some refreshments.

29509 Canvasback Drive Unit #207 Easton, Maryland 21601

Please RSVP to Alison Outten

By January 16th at

aoutten@wraparoundmd.com

Phone: 410-219-5070 ext. 105

**Building strong and resilient families** 



THE GOVERNOR'S OFFICE FOR CHILDREN INVITES YOU TO A MEET AND GREET WITH GENERAL ASSEMBLY MEMBERS AT OUR ANNUAL

# Ice Cream Social

The Maryland Association of Local Management Boards will honor

as our

February 20th, 11:30 am -2 pm House Office Building, Room 180

### **Committee Meeting Notes & Minutes**

### **Anti-Bullying Committee**

Established in the spring of 2012 at the request of the Board of Education to develop strategies, programs and initiatives to decrease the bullying behavior in our schools and community.

### **Backpacks for Food Program**

The committee was established to facilitate and expand the Open Table initiative throughout Queen Anne's County. Open Table is a model restoring people in poverty to our communities through relationship and the investment of our own vocational and life experiences and personal networks utilizing service clubs and faith based centers. Through the Open Table a collaboration of faith communities, government, business and non-profits work to transform poverty to sustainability and wholeness

### **Character Counts! Advisory Committee**

Committee works to infuse aspects of character development in all facets of our lives in Queen Anne's County including, school, home, churches, businesses, agencies, etc. They meet every other month and hold numerous events.

### **Drug Free Queen Anne's Coalition**

The LMB was the recipient for several years of a Drug Free Communities support grant from the United States Substance Abuse and Mental Health Services Administration (SAMHSA). The Drug Free Communities Support Program required that each county that receives its grant have a drug coalition. Since the grant has expired the coalition has settled as a sub group under the Queen Anne's County Drug and Alcohol Abuse Council run out of the Queen Anne's County Office of Addictions. The Coalition takes the role as the "grass roots and worker bees" to the council.

### **Executive Committee**

Local Management Board bylaws state that the Executive Committee will consist of the Officers of the Local Management Board (President, Vice President, and Treasurer) and may act on behalf of the Board subject to ratification at the next Board meeting. Other specific duties and responsibilities will be determined by the Board. The Executive committee typically meets once a month, even when the full board is not scheduled to meet, and determines the agenda of the board meetings and handles material deemed to be confidential by appropriate rules and regulations.

### Mentor Committee (CommUNITY)

The CommUNITY Mentoring Partnership establishes enriching relationships between our resources (mentors) and our greatest assets (mentees). Mentors offer one-on-one interaction with at-risk youth in grades 5-10. The pairs meet at least once each week for one hour, spending time at school and out in the community, with hopes of achieving: Increased academic performance, increased self-esteem, increased awareness and modeling of socially acceptable behaviors, expanded goals for lifetime achievement, and increased cultural awareness.

### **Multicultural Proficiency Committee**

Committee established in 2010 in order to develop strategies toward the goals that the Queen Anne's County system of care will be culturally competent.

### Nominating/Membership Committee

The nominating committee, though small in number, plays a big part in the makeup of our board members. The committee members round up community interest in board or committee membership, receive an informative history on each candidate, and relay the information to the board at their monthly meetings. The committee then recommends those best suited for each position, whether it is board membership or committee membership. The board votes on the recommendations, and the final vote is then submitted to the County Commissioners for nomination.

### **Out of School Time Sustainability Committee**

This committee was established in the spring of 2011 in order to develop strategies to achieve the goals that children have a safe place to be during out-of-school hours utilizing the resources that are available.

### Partnership for Suicide Prevention

Established to prevent and decrease suicides and attempts in Queen Anne's County.

### **Strategic Planning Committee**

Committee responsible for getting the strategic plan and needs assessment complete. Recently has taken on the role of ensuring the other committees work towards accomplishing the goals in the strategic plan. Also has taken on some of the more difficult objectives listed in the strategic plan.



Pillar for November is Citizenship Pillar for December us Caring

# CC! Advisory Council Meeting Minutes November 15, 2017 Community Services Building

Members present: Wayne Humphries, Susan Coppage, Brad Engel, Martha Anthony, Chris Perkins, Steve Scott

Staff present: Mike Clark, Kelly Huber, Elaine Butler

I. Wayne opened the meeting and welcomed everyone

II. Coordinators Report:

Coaches: 2017/2018 School Year - Target - 100 Actual - 97 elem/ 104 % of classrooms covered - 82%

- A. Kelly announced there are currently approximately 97 coaches in the Elementary Schools. There are 104 including the Middle School coaches, there is now a coach at the Family Center and even a few at the PreK level.
- B. The **Terri Bower Memorial presentation** was discussed. Elaine attended along with Terri's family (husband, daughter and her mother) the Student of the Month celebration on October 30<sup>th</sup> at CES where an announcement was made in Terri's honor. The six pillars banners are now displayed in the school cafeteria and have her name across the bottom. They were made by the Benedictine School for (\$65/ea) much less than Character Counts! They're made a little different than CC! catalog and also included the trademark symbol so as not to infringe on copyright. (Could use the same posters and change name on bottom possibly for Business of Character?
- C. Fred Sherriff, the "2016-2017 Coach of the Year" was recognized at the award ceremony at Church Hill Elementary on Monday, October 30th at 2:15. His 1st grade classes all came in wearing a little paper "bow ties" just like Fred. A certificate and a CC! polo shirt was presented to him by CC!. A plaque will also be presented to him at the November Commissioner's meeting.
- D. Kelly announced there are had been training classes on October 18<sup>th</sup> and 19<sup>th</sup> and 2 smaller training on October 26<sup>th</sup>. A large training is scheduled for November 30<sup>th</sup>.
- E. Launching the Middle School Peer Coaching Programs. Kelly met with CMS and beginning process there. Will set meeting with Sudlersville Middle next and Martha Anthony will transition and lead her Middle school classes with Peer Coaches instead. Ed France, MMS, is committed to continuing with CC! and Stevensville Middle needs to be onboard (A lot of new changes there).
- F. Character Counts! and CommUNITY Mentoring informational table was at Centreville Day on October 28, 2017 we were not in the Kids Zone location this year, moved to a new spot by the stage. It was a good change. Recruited several new coaches.
- G. No further news on the Jr. DJ Segment with radio station WCTR per Elaine. Will eventually be coordinated with Brad to send to schools for participation. Wayne did mention that stations are required to do PSAs. Having the students talk about Character Counts! /about Being a CC! Coach. This also has the ability to make connection with Kent County.
- H. Elaine made front page at the **Drug Free Coalition Town Hall 2**. She also did a short video segment on QACTV with Bruce Grove. She recruited Bruce as a new coach as well as a few others.
- I. Character Counts! participated in UNITY Day on Wednesday, October 25, 2017. Getting a lot of Good publicity lately!! We had all six pillars North county got great group photo in the paper.
- J. Discussed Bruce Grove as a "Spiderman" themed spokesman for Character Counts! After seeing and listening to some of the messages shared by Batman during Unity Day, we could instead share a better way and a less physical message. If he got the costume, we are not doing it for profit? Thoughts were that Spiderman is current and kids would love him!! Wayne said the 1<sup>st</sup> step is to send to Attorney Pat Thompson to see if there are any trademark/Copyright or infringement issues and then we will go from there...

K. Centreville Christmas Parade is on Friday, December 1<sup>st</sup> – We may have all 6 Pillars and a vehicle (the one that was used in the Kent Island Days parade – one of our coaches) as of this morning. Chris and Rowan are off the hook if they want? She'd love to see the parade. Fred McNeil also offered his pickup truck, stake truck being used. Talking about decorating – theme is: A Chesapeake Bay Christmas – land and sea

### III. Commissioner's meetings:

- A. Haven Ministries director Krista Pettit wrote the **November Citizenship** proclamation and was at the October 24<sup>th</sup> meeting when it was presented. There was also a photo in the paper from this meeting.
- B. November CC! Anniversary Celebration on November 28<sup>th</sup> 17 years. Wayne to read? Elaine to help get something to him Anniversary Proclamation. Only have 15 minutes No cake allowed
- C. The **December Proclamation of Caring** will be written by Karey Anne Coppage. She will be at the Commissioner's Meeting on Tuesday, November 28<sup>th</sup> along with a performance by her 2<sup>nd</sup> grade class.
- D. We will be presenting our "Coach of the Year" Fred Sherriff and awarding him a plaque at the November 28<sup>th</sup> Commissioner's Meeting the school, teachers,... were notified and hopefully will be there. Maybe some students?
- E. Family Center Jen Crossley will be selecting a month to do a pillar
- F. BOE Dr. Kane will also be selecting a month to do a pillar (Kelly to contact her)
- G. We do not have anyone signed up for January yet Maybe Dr. Kane?

### IV. Board of Education - Brad Engel

A. Brad asked how Character Counts! was going in the schools? Going very well – still have our few schools that are not as strong as others? Still much better than last year. Kent Island is strong, almost full this year. Bayside had 1 coach last year, 9 so far. Why? Don't push the program or recruit parents like other schools do? Most of the coaches are our recruits. Bayside is a good age, shouldn't have that problem. Get Louisa on board and committed. School hasn't had the commitment for a while. How do we get coaches for them? We have flyers up front, attend Back to School Nights, local business and community events. Teachers may need to be drawn in – Maybe put Character Counts! coach info in breakrooms. Request time at the Elementary Principal and Middle school quarterly meetings. Problem is there is NO time in the schools – fighting with Olweus, Life Skills, other programs,... Bottom line schools worry about test scores. If there is not a good learning environment, the scores won't be there anyway. Let them know that the expectation is there, Dr. Kane is committed to the program – wants it in all the classrooms. Even talked about getting it into the highschools? Character Counts! is making great efforts and community involvement is great – need to make it a priority at the schools.

### V. Fundraising:

- A. Martha will take letter written to the Women's and Girl's club and share with others
- B. 2017 Pledge to make a difference... Giving Guide Could we be in that book? Through Chesapeake Charities or Children's Advocates? May be a conflict because we receive money from United Way? Mike to give to Shelby to look into.
- C. Need to look at the budget per Wayne. Elaine will get together. Meet as a smaller group to discuss.
- D. Chris mentioned going to the County Commissioners for additional funding they seem to be giving (\$15,000 to the Imagination Library, \$25,000 to the Family Center,...) As per Mike cannot do that since we are part of county, a county program. They pay for CC! with payroll, rent, legal, copies,... Elaine is paid for Mentoring by the State. Programs do loose some money because of administrative fees...

### VI. Advisory Council Membership -

A. Possible new parent members Michelle and Amanda

### VII. Businesses of Character

A. Trying to get Heather Bacher from M&T Bank and United Way liason as a coach

### VIII. Opportunity Youth - 100K Opportunities Initiative - Elaine

- A. Meeting and developing a team for a new Mentee referral from Joe Grabis. Team members include Mary Walker, Mary Ralston, Lee Franklin and Michael Roy.
- B. With the 100K Opportunity, mentees must be within the 16-24 age range and cannot be in school or employed
- C. Mike and Brad talk of a Program needed back in our high schools to earn a HS diploma/services/online training through Community Partnerships. Fred McNeil used to run many years ago. May not happen this year, may take a few. Data says hundreds can benefit from this. Get people to volunteer and find a location. They have program in Howard and Talbot 2hrs day/3days week in the evenings. Transportation issues, discuss employment issues and give a direction and earn diploma. Why did it go away? Needs to come back. ½ of all students at Anchor Points there due to anxiety and truancy Work based learning at the "tattoo" parlor for 18yr old student gives employment opportunity and do what he wants to do and get school credit for it.
- D. On December 7<sup>th</sup> there will be an informational/recruitment social at the Kent Island Senior Center in Grasonville. There will be about 10 businesses there that are committed to the 100K Opportunity Initiative.

### IX. Events:

### Attending:

- 1<sup>st</sup> Annual Community Day this Saturday, November 18<sup>th</sup> from 8-2 at Sudlerville Middle School
- 100K Opportunity Initiative Event December 7<sup>th</sup> from 5-7pm at the Kent Island Senior Center in Grasonville
- Shore Update Give Local Campaign Issue CC! Ad copy given at meeting November 16<sup>th</sup> issue
- November Anniversary Celebration November 28<sup>th</sup>, 2017 is set from the 6:00-6:15 time (meeting there at 5:45) see details under Commissioner's meeting
- Centreville Christmas Parade Friday, December 1<sup>st</sup> 6:30

### X. Miscellaneous

- A. "Pen Pal Program" by Martha Anthony children at Sudlersville Elementary and Middle school will have the opportunity to write to a "Local Hero" Brad Cowley is local 18 year old (Justin Crew's son) and is now in the Marines. Martha will collect the letter's and send off to him.
- B. Painting Rocks Does anyone have access to paints? Want to Paint rocks with the "Pillars" on them up at Sudlersville (Elaine has name they did rocks for Centreville Day)

Have a great month! Happy Holidays!

Thank you to everyone for their dedication and support!

Next meeting: January 17<sup>th</sup>, 2018 Community Services Building 8:30 – 9:30 a.m.



### Queen Anne's County Council for Children and Youth

December 06, 2017

### **Meeting Minutes**



- I. Welcome Jone welcomed everyone and asked Doug Bishop to introduce our special guests.
- II. Special presentation: Jan Withers, Joe Sikes and Donna Beck representing MADD, made a very informative presentation.
- III. Secretary's Report: Please send reports to scott.barnhart@qaadvocates.org so they can be distributed with the monthly meeting minutes.
- IV. Treasurer's Report: Marybeth presented the attached report.
- V. Committee Reports: Please keep reports brief.
  - A. Membership Committee- Names were presented to the Commissioner's to be approved for a three year term as stated in the amended minutes.
  - B. Legislative Committee- No report.
  - C. Early Childhood Committee- Co-chairs Donna and Mary Beth.
    - Judy Center- Written report.
    - Family Center- Written report and calendar.
    - Resource Center- Attachments.
    - After School Time- No report.
    - MOYC- Meeting in January.

### D. Community Outreach- Chair Angie Price

- Community Action Team- No report.
- Character Counts- Written report.
- Back to School- No report.
- Holiday Party- Everything is ready for the party! Plenty of gifts and volunteers. Wrapping party next Monday at 3pm.
- Youth Award- No report.
- LMB- No report.
- Annual Evening Meeting Meeting before January meeting.
- Centreville Days- No report.

### VI. New Business and Announcements from the floor.

• Still working to create a new logo for the Council. If you have any suggestions, please see Amy or Jone.

Jone wished everyone a Merry Christmas and asked that we all check on friends and neighbors who might have a tough time during this holiday season.

NEXT MEETING: January 3, 2018, 12:00pm.

Mothers Against Drunk Driving Power of Youth Herman Bonaparte, Program Coordinator MADD Maryland herman.bonaparte@madd.org 917-683-2953

Focus on Power of Youth in schools – resource-based material

Power of Parents talks about danger of underage drinking and how parents can talk with their children

Power of Youth in MADD Maryland

Looking to connect with student leaders

Train, support and help organize

1. Hour-long workshop

Or

2. Campaign event among peers

Allows kids to have conversation among themselves

All training and materials are free

MADD asks for a faculty liaison

Doesn't necessarily have to be a teacher

Could be adult connected with school

Power or Youth Campaign

May be in schools

Also, not just schools but all youth groups

**YMCA** 

Scouts

May want to do a Power of Youth event somewhere in the community other than in a school – sometime there is a lot of red tape for schools that don't have elsewhere

Students receive student services hours

MADD Power of Youth always looking for students and venues to present to youth.

74% of kids (ages 8-17) said their parents are the leading influence on their decisions about drinking.

Teen alcohol use kills 4,700 people each year - that's more than all illegal drugs combined.





### **TALKING ABOUT ALCOHOL**

MADD encourages all persons who serve in an influential position in a student's life to take advantage of opportunities to have critical conversations about alcohol. As a School Resource Officer, you can be a powerful influence in students' behavior on and off campus.

Consider the following talking points or facts when talking with youth about underage drinking.

- The brain is not fully developed the early 20s, and alcohol can cause long-term damage to a
  growing brain.
- There has been extensive research conducted on the 21 minimum drinking age law: when the law
  was raised to 21, alcohol-related deaths for young people decreased; when the drinking age was
  lowered, deaths increased.
- · The 21 Minimum Drinking Age Law saves lives.
- Car crashes are the leading cause of death for teens, and about a quarter of fatally injured teen drivers had been drinking.
- High school students who use alcohol or other substances are five times more likely to drop out of school or believe good grades aren't important.
- Teen alcohol use kills about 4,700 people each year more than all illegal drugs combined.
- One in six teens binge drinks, which means that five out of six do not.
- Teens who start drinking before age 15 are 5 times more likely to become addicted to alcohol.
- There are lots of ways to have fun without alcohol that are safer and won't land you with a fine or
  in jall.
- Never ride with a drinking driver. It is hard to know just how impaired someone may be until their skills are put to the test.



WORKING TOGETHER TO CREATE A WORLD WHERE UNDERAGE DRINKING ENDS, AND LIVES DON'T.

### **TEEN DISCUSSION GUIDE**

MADD's teen booklet, "The Power to Take a Stand," provides information about the dangers of drinking underage. Consider some of these questions for use when having conversations about underage drinking with students.

- 1. Do you think a person's judgment changes as he or she matures? Why? Do you see ways in which your own judgment has gotten better in the last few years?
- 2. Have you ever felt pressured to drink? Were you able to resist? If so, how?
- 3. Have you ever wanted to try drinking out of curiosity? What choices did you make?
- 4. Would you tell your parents if you had tried alcohol? What do you think they would say?
- 5. Have you ever talked to your parents about drinking? What did they say, and how did it go?
- 6. Did any information in the booklet surprise you?
- 7. What would you do if you were worried about a friend's drinking? Have you ever had an experience like this?
- 8. Have you ever known anyone who was hurt or killed as a result of drunk driving? How did it affect the person's family, community, friends, or the driver?
- 9. How would your day-to-day life change if you lost your driver's license?

If you would like to receive booklets for your office, contact your local MADD affiliate. If you are not sure where the nearest office is located, visit <a href="https://www.madd.org/local-offices/">www.madd.org/local-offices/</a>. Preparation is power. By encouraging students to think now, you prepare them to act later.

# COMMISSIONERS\_ACCOUNT

\$110.00 DOLLY PARTON LIB		\$1,200.00		250	10/30/17/BD OF ED
\$1,310.00HOLIDAY PARTY		\$100.00		249	10/30/1/HEALTHY FAMIL
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COUNCIL FUNDS	\$61.85				05/02/17 TRANSFER
-\$61.85 ANNUAL MEETING		\$280.00	×	235	05/02/17/ALL OCCASIONS
\$218.15 KICK BUTT POSTER CONTEST		\$150.00	×	233	04/19/17/KMART
\$368.15 PB RENTAL		\$74.00	×	232	04/06/17/US POSTAL
\$442.15 MOYC		\$180.00	×	231	04/06/17/B BAXTER
\$622.15 JACKI FLOWERS		59.99	×	228	02/13/17/MURDOCH FLO.
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# Youth\_Award

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### **Judy Center News**

### **DPIL**

- 626 children enrolled in the Dolly Parton Imagination Library
- Recent financial commitment of \$15,000 from the County Commissioners to support Queen Anne's County DPIL, and Children's Council!!
- Queen Anne's County Free Library voted unanimously in November to take over management and funding for Queen Anne's County DPIL. Elizabeth Miller will maintain a position on the committee.

### SES Pre-K/Other Early Childhood Programs

- All 60 slots are full-Hurray!
- Teachers report all classes are running smoothly after the initial full day adjustments.
- The ZOOmobile visit was a huge success! All Pre-K programs, and our community programs were able to benefit from the PNC funded ZOOmobile visits.

### Successes

- SES/Judy Center is now an emergency school food pantry site. We have distributed food to 14 families in the first month, which included a total of 106 individuals.
- The professional development opportunity featuring Dr. Ira Chasnoff and coordinated by Judy Centers from Caroline, Dorchester, Kent, Talbot, Queen Anne's counties and Chesapeake Childcare Resource Center, which was held on 12/1/2017 was a success!!

### Salisbury University Student Intern

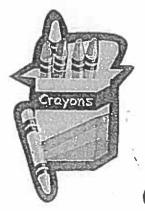
- Ashley Sotomayor-Adult Education Needs Assessment in progress.
- Additional project-Create list of licensed childcare providers and centers in QAC

### PNC Volunteer Team

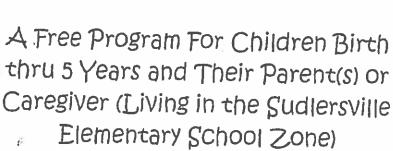
• Judy Center earns dollars for hours PNC volunteers with us.

### Outreach

- Playgroup-Sudiersville Town Hall-Calendar and Newsletter sent out to parents of children identified as Home/No Program, Pre-K, K, and siblings of older students
- Home Visits
- Childcare Provider visits and support



# School Readiness Playgroup





Come join us as we engage in meaningful activities that will help your child start on a successful educational journey. Ms. Lori, Early Childhood Liaison, will facilitate the Playgroup and provide a wide variety of school readiness, parenting, and age related resources to parents and caregivers. We plan monthly field trips to provide experiential learning and we participate in the Elementary School activities such as Book Fairs, Concerts, and Assemblies when developmentally appropriate for our group.



Adult participation required.

This is a fun and educational playgroup, so join today!

Contact Lori Yarbrough to reserve your spot in playgroup 410.438.3887 | Iori.yarbrough@qacps.org

"Like" us on FaceBook to see some of the fun we've been having, and to learn about upcoming activities www.facebook.com/pages/The-Judy-Center-Partnership-of-Queen-Annes-County

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	Saturday	05	8	91	ន	30	90
•	Friday	10	80	15	প্র	29 Winter Break Closed	0.5
	Thursday	30	Playgroup Suddersville Town Office 9:00 - 10:30 Theme: Go to Sleep: Bears	Preschool Storytime KCPL-North County Branch 10:30-11:30	Playgroup Sudlesville Town Office 9:00 Theme: All Aboard for	28 Winter Break Closed	5
	Wednesday	29	90	£3.	20	27 Winter Break Closed	63
	Tuesday	38	Playgroup Sudersville Town Office 9:00 – 10:30 Theme: Go to Sleep: Bears	Mother Goose on the Loose- QACPL- 10:30 a.m.	Playgroup Sudfersville Town Office 9:00 – 10:30 Theme: All Aboard for the Holidays!	26 Winter Break Closed	50
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12.5K	*	*	County tygroup* ur	or Children and Their er (Living in lementary ie).	on Office- Sudiersville nty Public Main St.,	Street, 21617	17
. 0		0	Jie Queen Anne's County Judy Cerfer Playgroup* Clendar 410-4863-887	A Free Program For Children Birth thru 5 Years and Their Parent(s) or Caregiver (Living in the Sudlersville Elementary School Zone).  Locations:	Sudiersville Town Office- 200 S. Church St., Sudiersville 21668  KCPL= Kent County Public Library-111 B-1 N. Main St., Galena 21635	Centreville, MD 21617	200
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# Helping Children Do Better in School FARLY CHILDHOOD FARLY CHILDHOOD FARLY CHILDHOOD December 2017

The Judy Center Partnership QAC Sudlersville, MD 21668 410-438-3887

# Activities from games to art develop preschoolers' motor skills

Parents often focus on ways to develop their young child's academic skills. But research shows that children's motor skills (the way they use their bodies) also play a part in their performance in school.

One study links preschoolers' ability to control their large muscles (gross motor skills) with better social skills in the classroom. Greater control of small muscles (fine motor skills) is linked to an increased ability to control impulses, and organize thoughts and behavior.



To develop your child's motor skills, try these activities together:

- Play active games. If it's too cold to go outside, play Simon Says indoors and have your child jump up and down, hop or march in place.
- Issue a challenge. Ask your child to touch his right hand to his left knee while he's marching. Or if you are outdoors, have him kick a ball that's rolling toward him without stopping it first.
- **Do some art.** Cutting with safety scissors, painting and drawing all help your child build coordination in the small muscles of his hands.
- Sew with shoelaces. Threading laces through large beads or holes punched in cards can lead to beautiful designs—and fine motor skills.

Source: M.P. Dharshini, "Kids With Better Fine And Gross Motor Skills Do Better At School, Study Shows," Medical Daily, niswc.com/motor.

### V

### Try teacher-tested discipline strategies

Do you find yourself raising your voice to your child more than you'd like? Are you relying on one approach to discipline even when it isn't working well? Consider these discipline strategies preschool teachers use:

- Pay more attention to appropriate behavior than misbehavior. Sometimes kids misbehave just to get noticed. So, focus on what your child does right and follow up with a big hug. She'll realize she gets more attention for acting right than acting up.
- Change the scene. Teachers sometimes move students to another room to help them calm down. A brief walk outside with
- you might do more to improve your child's behavior than a scolding would.
- Offer timely reminders. You may have told your child many times not to wipe her dirty hands on the kitchen dish towel, but she still does it. She needs you step in before she gets to the towel, not afterward. Say, "You have peanut butter on your fingers. Please wash it off in the sink."

### Play High Card/Low Card

Play a simple card game to help your child learn more about numbers: Divide the number cards from a deck of cards between you, Each of you turn the first card



from your pile face up. Can your child say which card shows the bigger number?

### Leave room for discovery

Preschoolers need opportunities to learn by discovering things for themselves. To guide your child to learning:

- Ask, don't tell.
   "Where can we race these cars so they will go really fast?"
- Model interest. "Wow, did you know we can make this cool picture with this puzzle? Shall we put some pieces together?"
- **Show excitement** when your child figures something out on his own.

Source: D.S. Weisberg and others, "Guided Play: Principles and Practices," Current Directions in Psychological Science, Association for Psychological Science, niswc.com/guideplay.

### Go 'ice fishing' for science

For some wintry science fun, gather ice cubes, a bowl of water, a "fishing rod" made from a stick with yarn tied to one end, and some salt. Help your child:

- 1. Put the ice cubes in the bowl of water.
- **2. Dangle the yarn** in the water, then move it so its end lies across an ice cube.
- 3. Sprinkle salt on the ice cube and yarn.
- Count to 15 slowly. Hold the rod steady so the yarn stays across the ice.
- **5. Lift the rod carefully.** Did your child "catch" the ice?

The salt melts a little of the ice. When it refreezes, it traps the yarn in the ice.

Source: "Ice Fishing," Science Fun for Everyone! niswc.com/ice.

# Ayudando a los Niños a

Consejos que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela

The Judy Center Partnership QAC Sudlersville, MD 21668 410-438-3887

## Los juegos y las actividades artísticas desarrollan las habilidades motrices

Con frecuencia, los padres concentran en maneras de desarrollar las habilidades académicas de sus hijos pequeños. Pero los estudios revelan que las habilidades motrices de los niños (la manera en que usan sus cuerpos) también desempeñan una función importante en el rendimiento escolar.

Un estudio relaciona la capacidad de los niños preescolares de controlar los músculos mayores (habilidades motrices gruesas) con mejores habilidades sociales en el salón de clase. Tener un mayor control de los músculos menores (habilidades motrices finas) está relacionado con una mayor capacidad de



controlar los impulsos, y organizar los pensamientos y el comportamiento.

Para desarrollar las habilidades motrices de su hijo, hagan juntos estas actividades:

- Jueguen activamente. Si hace mucho frío para jugar afuera, jueguen a Simón dice en casa y dígale a su hijo que brinque en un pie, salte o marche en el lugar.
- Plantee un desafío. Pídale a su hijo que se toque la rodilla izquierda con la mano derecha mientras marcha. O si están al aire libre, dígale que patee una pelota que está rodando hacia él sin detenerla primero.
- Sean artísticos. Recortar con tijeras de punta redonda, pintar y dibujar ayudan a su hijo a desarrollar la coordinación de los músculos pequeños de las manos.
- Cosan con agujetas. Entrelacen agujetas a través de cuentas grandes o de huecos perforados en tarjetas. Obtendrán diseños bonitos, y además desarrollarán las habilidades motrices finas.

Fuente: M.P. Dharshini, "Kids With Better Fine And Gross Motor Skills Do Better At School, Study Shows," Medical Daily, niswc.com/motor.

### V

### Estrategias de disciplina comprobadas

¿Acaso alza la voz con su hijo más de lo que le gustaría? ¿Continúa utilizando el mismo método de disciplina aun cuando no funciona bien? Considere estas estrategias de disciplina usadas por maestros preescolares:

- Prestar más atención a la conducta apropiada que a la mala conducta. A veces, los niños se portan mal solo porque quieren atención. Por eso, concéntrese en lo que su hijo hace bien y acompañe los elogios de un abrazo. Él se dará cuenta de que recibe más atención por portarse bien que portarse mal.
- Cambiar el escenario. Los maestros a veces mueven a los estudiantes a otro cuarto para ayudarlos a
- tranquilizarse. Una caminata breve con usted podría ser más útil para mejorar la conducta de su hijo que gritar.
- Brindar recordatorios oportunos.
   Tal vez usted ya le ha dicho muchas veces a su hijo que no se limpie las manos sucias con la toalla de la cocina, pero él lo sigue haciendo. Es necesario que interceda antes de que agarre la toalla, no después. Dígale, "Tienes crema de cacahuete en las manos. Por favor, lávatelas en el lavabo".

### Jueguen a carta alta/carta baja

PRIMERA INFANCIA

Diciembre 2017

Jueguen a un juego sencillo de cartas para ayudar a su hijo a aprender más sobre los números: dividan una baraja de cartas de números en dos. Luego, ambos deben voltear la primera carta de su



montón. ¿Puede su hijo decir cuál de las dos cartas muestra el número más grande?

### Dé lugar al descubrimiento

Los niños preescolares necesitan tener oportunidades de aprender al descubrir cosas por sí mismos. Para guiar a su hijo hacia el aprendizaje:

- Pregunte, no diga.
   ¿Dónde podemos hacer correr a estos carros para que vayan muy rápido?"
- Muestre interés.

  "Que genial, ¿sabías que podemos hacer esta estupenda imagen con este rompecabezas? ¿Lo armamos juntos?"
- Muestre emoción cuando su hijo averigüe algo por su propia cuenta.

Fuente: D.S. Weisberg y otros, "Guided Play: Principles and Practices," Current Directions in Psychological Science, Association for Psychological Science, niswc.com/guideplay.

### 'Pesquen hielo' y aprendan

Para disfrutar de la diversión científica este invierno, junte cubitos de hielo, un tazón con agua, "una vara de pescar" hecha de una vara con hilo atado en un extremo, y sal. Ayude a su hijo a:

- 1. Meter los cubitos en el tazón con agua.
- Dejar que el hilo cuelgue sobre el agua, y moverlo para que un extremo yazca en un cubito.
- 3. Espolvorear sal sobre el cubito y el hilo.
- Contar hasta 15 lentamente. Deben sostener la vara firme para que el hilo se mantenga encima del cubito de hielo.
- 5. Levantar la vara con cuidado. ¿Pudo su hijo "atrapar" el cubito de hielo?

La sal derrite un poco el hielo. Cuando se vuelve a congelar, el hilo queda atrapado en el cubito.

Fuente: "Ice Fishing," Science Fun for Everyone! niswc.com/ice.

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### **EARLY CHILDHOOD** Helping Children Tips Families Can Use to Help Children Do Better in School January 2018

The Judy Center Partnership QAC Sudlersville, MD 21668 410-438-3887

### Routines and explanations help preschoolers learn self-control

Research has shown that children's ability to self-regulate-to control their emotions and behaviorimproves their chances of success not only in kindergarten, but throughout their lives. While kids gain these skills at different rates, the preschool years are a critical time for developing them.



To help your child self-regulate:

- Slow things down. Give your child a five-minute warning before she needs to transition to a new activity. Encourage her to wait her turn while playing with friends or siblings, and praise her when she does. Teach her how to take deep breaths to calm herself.
- Talk situations through. Whether it's a trip to the store or a family visit, you can help your child plan for new situations by talking about them beforehand. What will be expected of her, and how could she respond if she feels upset? Encourage her to use words to describe her feelings, and then listen to what she has to say.
- Play games to practice skills. Try Simon Says, which requires players to listen carefully and control their impulses to move, or Musical Statues, in which children move madly for as long as music is playing but freeze in mid-motion when it is paused.

Source: I.J. Montroy and others, "The Development of Self-Regulation Across Early Childhood," Developmental Psychology, American Psychological Association, aiswc.com/regulate.

### Resolve to support learning this year

A new calendar year is a great time for a fresh start. For 2018, resolve to boost your child's learning. Renew your efforts to:

- Read together every day. Set a regular time for reading aloud. Gather as a family often to read quietly, too. Your child can look at picture books he likes.
- Take part in activities that help your preschooler learn in fun ways, such as putting jigsaw puzzles together, building with blocks and playing board games.
- Take local trips together that offer your child chances to learn.

- Visit the library to attend story time. Go to the park to identify animals and plants.
- Limit screen time. If your child has been overdoing it lately, now is the time to cut back. Preschoolers should have no more than one hour of screen time per day.
- Serve nutritious meals that each include at least one vegetable and one fruit.

### Ask interesting questions

To build your child's thinking skills, ask her questions that require more than a simple yes or no answer. You could ask:

- What are some things that make our home special?
- What would your perfect day include?
- What are some hard things about being a kid?

Source: A. Brill, "40 Questions That Get Kids Talking." Positive Parenting Connection, niswc.com/questions.

### Point out lots of patterns

When you think about math, do you picture numbers? Math is also about patternssequences that give numbers meaning. To teach your child about patterns, have him:

- Look at a calendar. Show him how each month begins with the number 1.
- 7 8 9 10 11 12 13 14 15 16 17 18 19 30 21 22 23 24 25 26 37 Repeat simple sequences, such as clap, clap, stomp, stomp. Add other motions as he learns the pat
  - tern, but repeat them in the same order.
- Sing songs with repeating phrases, such as "B-I-N-G-O."

### **Develop artistic awareness**

Pull out the paints and encourage your child's creativity. To reinforce what she is learning about colors



JANUARY 2018

and textures, help your child:

- Mix new colors. Show her how mixing blue and yellow makes green. What does she think mixing red and blue will make? Try it and see!
- Explore textures. Have your child add salt or sand to paint. What happens? Brainstorm about other things she could add to make different textures, such as crushed cereal.

# Ayudando a los Niños a

Consejos que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela

The Judy Center Partnership QAC Sudlersville, MD 21668 410-438-3887

## Las rutinas y explicaciones ayudan a los niños a aprender a controlarse

Los estudios revelan que la capacidad de los niños para regularse a sí mismos, es decir, controlar sus propias emociones y conducta, mejora sus probabilidades de éxito no solo en el jardín de infancia, sino a lo largo de toda la vida. Aunque los niños adquieren estas habilidades en diferentes ritmos, los años preescolares son un momento clave para desarrollarlas.



Para ayudar a su hijo a regularse a si mismo:

- Vaya más despacio. Dele a su hijo un aviso de cinco minutos antes de que necesite cambiar a una nueva actividad. Anímelo a que espere su turno mientras juega con sus amigos o hermanos, y elógielo cuando lo haga. Enséñele a respirar profundamente para tranquilizarse.
- Hable de antemano. Ya sea durante un viaje a la tienda o a una visita a la casa de un familiar, usted puede ayudar a su hijo a preparatse para situaciones nuevas al hablar de ellas con anticipación. ¿Qué se espera de él y cómo podría responder si se siente alterado? Anímelo a usar palabras para describir sus sentimientos, y luego escuche lo que tiene que decir.
- Practiquen habilidades con juegos. Jueguen a Simón dice, que requiere que los jugadores escuchen con detalle y controlen sus impulsos para moverse, o al Juego de las estatuas, en el que los niños se mueven frenéticamente mientras suena la música, pero deben detenerse de inmediato cuando esta deje de sonar.

Fuente: J.J. Montroy y otros, "The Development of Self-Regulation Across Early Childhood," Developmental Psychology, American Psychological Association, niswc.com/regulate.



### Este año, resuelva apoyar el aprendizaje

El inicio del nuevo año calendario es una buena oportunidad para comenzar de nuevo. Para el año 2018, tome la decisión de fomentar al aprendizaje de su hijo. Redoble los esfuerzos para:

- Leer juntos todos los días.
   Establezca un horario regular para leer en voz alta. Reúnase en familia para leer en silencio, también. Su hijo puede mirar libros de ilustraciones que le gusten.
- Participar en actividades que ayuden a su hijo preescolar a aprender de maneras divertidas, tales como armar rompecabezas, construir con bloques y jugar juegos de mesa.
- Visitar lugares cercanos que le den a su hijo la oportunidad de aprender.

- Vayan a la biblioteca para asistir a la hora del cuento. Vayan al parque para identificar animales y plantas.
- Limitar el tiempo frente a la pantalla. Si su hijo ha estado pasando mucho tiempo frente a la pantalla últimamente, es hora de disminuirlo. Los niños en edad preescolar deberían pasar menos de una hora de al día frente a la pantalla.
- Servir comidas nutritivas que incluyan por lo menos una verdura y una fruta.

## **Aprender**

PRIMERA INFANCIA

Enero 2018

#### Haga preguntas interesantes

Para desarrollar las habilidades de razonamiento de su hijo, hágale preguntas que no puedan responderse con un simple sí o no. Usted podría preguntarle.

- ¿Cuáles son algunas de las cosas que hacen que nuestra casa sea especial?
- ¿Cómo sería un día perfecto para ti?
- ¿Cuáles son algunas de las cosas que hacen que sea difícil ser un niño?

Fuente: A. Brill, "40 Questions That Get Kids Talking," Positive Parenting Connection, niswc.com/questions.

#### Señale muchos patrones

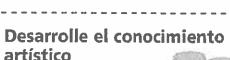
Cuando usted piensa en las matemáticas, ¿se imagina números? Las matemáticas también tratan de patrones, o secuencias que les dan sentido a los números. Para enseñarle a su hijo sobre los patrones, sugiérale que:

- Mire un calendario.
   Enséñele que todos los meses empiezan con el número 1.
- Repita secuencias
  sencillas, como aplauso,
  aplauso, pisotón, pisotón.
  Agregue movimientos a medida que él apre

Agregue movimientos a medida que él aprenda el patrón, pero repítalos en el mismo orden.

**ENERO 2018** 

 Cante canciones con frases que se repitan, tal como "B-l-N-G-O".



Saque las pinturas y fomente la creatividad de su hijo. Para reforzar lo que está aprendiendo

sobre los colores y las texturas, ayúdelo a:

- Mezclar colores nuevos. Enséñele que si mezclamos azul con amarillo obtenemos verde. ¿Qué color piensa que obtendrá al mezclar rojo con azul? ¡Háganlo y vean!
- Explorar las texturas. Dígale a su hijo que le agregue sal o arena a la pintura. ¿Qué sucede? Piensen en otras cosas que podría agregar para formar diferentes texturas, como cereal triturado.



Children's Council Meeting
December 6, 2017
12:00-1:30pm
Report written by: Jennifer Crossley

- December Programming Calendar
- Staffing We currently have 1 Child Development Assistant Position open. Part Time position 29 hours a week. Looking for someone with an Early Childhood Degree or 90 hour child care certificate.
- Outreach Efforts/Opportunities: Efforts = Meeting with Dr. Kane (superintendent)
   Ordering Staff Hoodies, Rack Cards. Partner Breakfast Friday December 15<sup>th</sup> 7:30am.
   Library Story time in Centreville and Kent Island.
- Parent Essays
- Always excepting referrals for Home and Center Based Services.
- Visit and like our facebook page The Family Center of QAC. Check out our website.
- Thank you partners for all your support!





December 2017

Saturday	If you are interested in any of our holiday themed activities, please let Beth know!  If M 19  = All families are welcome!	9	ξ	
Friday	80	15 Parther Breakfast 7:30am Familles Wetcomel (See Beth for more info)	22  DALY S  AAA  "Parent And 8:30-4 "Lu 11:15 "Disn 2:3	
Thursday	WIC 8 9-11am: : ESOL Makingl 12-2pm: Creative Arts/ Nap Time	14 9-11am: : ESOL 10-11am: Parent Advisory Recap 12-2pm: Creative Arts/ Nap Time ""Last chance to sign up for Wed. 1220477	으 H F	
Wednesday	6 9-9:30am: Story Time! 10-11am: Character Counts 12-2pm: Scrapbooking/ Nap Time	13 9:30-10:30am: Blood Pressure Checks! 9-11am: Parent Advisory 12-2pm: Scrapbooking/ Nap Time Hanukkah Begins!	20 Ugly Sweater Day!  \$\int\text{Selebrations}\$ Playgroup! 10-11am: Holiday Social & Brunch! Center Closed at 12:00pm	
Tuesday	5 9-11am: ESOL 9-11am: Holiday Decorating!10-11am: Character Counts 12-2pm: Book Worms/ Nap 12-2pm: Scrapbooking/ Nap Time	12 9-11am: ESOL 9-11am: Holiday Card Making! 12-2pm: Book Worms/ Nap Time	19 Red & Green Day! 9-11am: ESOL 9-10am: Healthy Reading 10:15-11am: Sudlersville Library! Center Closed at 12:00pm	
Monday	4 9-10am: Family Planning w/ Melissal 10-11am: Holiday Decorating! Center Closed at 12:00pm	11 9-10am: Train Museum! 10-11am: Cooking with Elaine Center Closed at 12:00pm	18 Hat Dayl Sylena: Chistmas Celebration with Santa @ Foxdown 10-11am: North Pole Playgroup @ the center! Center Glosed at 12:00pm -Meet us KI Library forStory Time!-	
	We also offer home9-10am: Visits! Ask us for Melissal more information. Decorati	Monttily Theme: Celebrations! (Christmas, Harukah, Kwanza)		



Jenny Crossley
Director
103 N. Linden Street
Sudlersville, MD 21668
410.438.3182
Fax: 410.438.3806
Jennifer.crossley@qacps.org

#### Referral Form

Please fax or email completed form to the above contact information.

Thank you for your referral!

Date of Referral:  Referring Agency/Location:  Telephone Number:										
					Parent's Name:					
Date of Birth: Email Address:  Mailing Address:  Street Address (if different):  City, State & Zip:										
					Telephone Number:					
					If no Phone, Alternate Contact # and Na	me:				
					Name Child/Children:	Date of Birth:				
	; services:									
☐ Adult Education Programs	■ Early Child Education									
☐ Fatherhood Program	☐ Employment Program									
☐ Parent Education/ Nurturing	☐ Prenatal Service									
☐ In-Home Services	☐ Other:									

"The Family Center of Queen Anne's County" is sponsored by the Queen Anne's County Public School System. Funding is provided by Maryland Family Network, The Judy Center Partnership and our generous community. Our purpose is to support families with young children (prenatal until their fourth birthday) in becoming prepared for school success, as well as to empower and educate parents to be their child's first and most important teacher.







#### CHESAPEAKE CHILD CARE RESOURCE CENTER

Chesapeake Child Resource Center has been working with the Child Care Association in Queen Anne's County meeting their child care training needs for the Office of Child Care

New LOCATE fliers available – this is for the child care providers. A free marketing resource for Maryland's child care community. Flier is in English/Spanish. This is a LOCATE flier for families with children with special needs. Child Care Special Needs Service supports families of children with special needs by providing referrals to regulated child care in Maryland, strategies on successful inclusive child care, community resources, and the America with Disabilities Act in relation to child care. This flier is in English/Spanish.

Child Care Network Exchange –Thursday, December 7, 8:00-10:00 am, Performing Arts Building Aud-01, Continental Breakfast will be available. If you would like to attend, please rsvp me <a href="mailto:dberger@chesapeake.edu">dberger@chesapeake.edu</a>.

Happy Holidays!!!



### LOCATE: Child Care

### A free marketing resource for Maryland's child care community

Maryland Family Network's LOCATE: Child Care provides referrals for regulated child care to thousands of parents every year. The referrals include information on hours, cost, location, meals, and other services provided.

### **HELP US HELP YOU!**



Update your program information using the LOCATE: Child Care database portal by visiting http://bit.ly/2fhqbAD

You can also complete the questionnaire online or on paper and submit to Maryland Family Network

Center/Group Programs:
http://bit.ly/2fiP9zG
Family Child Care:
http://bit.ly/2f6o1XX





This publication was produced as a work for hire for the benefit of, and with funds from, the Maryland State Department of Education. To update vacancies, fees, or hours, call the Provider Support Line at 866.752.1614.

marylandfamilynetwork.org



### LOCATE: Child Care

A free resource for Maryland's families with children with special needs



The Child Care Inclusion Support Project is a free service offered through LOCATE:
Child Care Special Needs Service.

This is a statewide initiative for children birth through 12 years old with special health care needs. Families may receive referrals to regulated child care and support services for the child care providers.





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LOCATE: Child Care Special Needs Service supports families of children with special needs by providing referrals to regulated child care in Maryland, strategies on successful inclusive child care, community resources, and the Americans with Disabilities Act in relation to child care.

marylandfamilynetwork.org



## Update for the County Commissioner's/Children's Council/LMB – December 2017 Submitted by Elaine Butler

- The "Caring" proclamation for December was written by Karey Anne Coppage's 1st grade class and presented at the November 28th Commissioner's meeting.
   This was also the anniversary celebration of 17 years of Character Counts! in Queen Anne's County.
- There is a need for community organizations to write and be present at the Commissioner's meeting for the 2018 year. Please let Elaine know if your organization would like to do so.
- The "Coach of the Year" for last school year, Mr. Fred Sherriff, was recognized at the November Commissioner's meeting and presented with a plaque. Congratulations and "Thank you" to Mr. Sherriff!
- To date we have 103 coaches in the classrooms throughout the county! This represents 71% classroom coverage and 83% coverage at the elementary schools. There is still a need for coaches at all the schools as there are more classrooms that need to be covered.
- New coach trainings were held on November 8 and 30.
- The Character Counts! table was at the first Sudlersville Community Fair on November 18.
- Character Counts! was again in the Centreville Christmas Parade on December 1st.
   All six pillar costumes were worn in the parade. The truck was festively decorated using the Chesapeake Bay theme.
   Thanks to all who participated including Mary Beth Johnson, Katy and Justin Vogel, Michele Morawski, and Sydney Dotson for helping!

Next Character Counts! Advisory Council meeting: Wednesday, January 17th at 8:30 – 9:30 a.m. in the Kramer Center. All are welcome to attend.



### CommUNITY Mentoring

4 Hours a Month Can Make a Difference

Update for the County Commissioner's/Children's Council/LMB – December 2017
Submitted by Elaine Butler

#### Opportunity Youth Initiative

- The 100K Opportunity Youth Informational Meeting and Dinner is scheduled for January 25, 2017 5-7 p.m. at the Kent Island Senior Center in Stevensville.
   This is for local Business Partners, Mentors and the CommUNITY Mentroing Advisory Council to meet and discuss helping youth ages 16-24 who are not in school and not employed.
- An informal introductory meeting was held with a new mentee and the mentoring team that will be working with him. The mentee was referred by Case Manager Lauren Scarce from DJS. This looks like it will be a very successful partnership with very enthusiastic team members working to help this young man!
- Elaine is working with Chris Perkins to identify additional mentees.
- Chris has produced a flyer for review to distribute to the community advertising the program.

Next Advisory Council meeting: Thursday, December 14th, 9-10:30 a.m. in the Kramer Center Library. New members are always welcome to attend.



#### QAC Opportunity Youth - Advisory Council Meeting Minutes December 14, 2017

Members Present: Michael Roy, Chris Perkins, Shelby Clark, Eric Daniels

Staff present: Elaine Butler

T. Ryder from the Department of Labor will attend when possible. Lori Loder and Delmar Warrick from Social Services were not able to attend.

Elaine continues to receive job notices from Tom Ryder (Dept. of Labor). Merle Rockwell also sends out job notices according to Eric Daniels. Not sure where these originate. Elaine receives the job posting from Chesapeake College (Guido DeLuca). These will be used for mentee employment and contact information for potential business partners.

#### **Coordinator Update:**

Dave Cooper who was mentoring a student is no longer mentoring. The young man went to live with his father. He was admitted to Sheppard Pratt and released. He was also assisted by John Queen.

Babs Perry is working with a young lady but Babs is having surgery. She has been helping with this individual for four years and is willing to continue to help as much as possible. She was concerned about a potential inappropriate relationship on line. She just turned 18 in December.

There was a discussion about the age for sexual consent. According to Michael and Eric, young people have the right for consensual sex at the age of 16 in Queen Anne's County. Information can be kept confidential from the child's parents at this age.

#### "Opportunity Youth":

There was a discussion about transportation by volunteers. Information must be given to Elaine to make sure everyone's information is kept on file with her. Chris, Mary W., Lee and Jeff Franklin need to make a copy of driver's license and insurance information for the file. Jeff needs to provide a copy of training certificates and mentor forms.

Elaine is attempting to attend a training session for "Grads of Life" program that is being provided by the Family League of Baltimore. She has made a request to the contact indicated on the website. Hopefully other will be able to attend.

New Mentee Update: Mary, Michael, Lee and Jeff are the team. He has a job at Royal Farms and walks to his job. Has been working a lot of hours. Mary took him to a dental and eye appointment. Is going to ask Lee and Jeff to help him with his next appointment in January. Mary helped him by taking him to Daily Thread consignment store and selected a jacket. Michael is working on finding him boots for the winter. They are also working on finding him community service opportunities nearby. One might be the Animal Welfare League near to his home. He will also need to find new housing by September. He will be in next week to go over a plan.

Michael Roy and Mary W discussed trying to set up a way to communicate between the team of mentors, e.g. google docs, that can be added to as people need to add information. They could add questions or concerns. Can add email addresses. We would need to identify a number for each mentee in order to maintain confidentiality.

Elaine mentioned that she wanted to add another question to the Mentor application regarding transportation. EG, what is current status for transportation?

Michael also explained that he may have an opportunity through the VA to work on his Bachelor Degree. He will keep us posted as his decisions are made.

Elaine reported that Joe Grabis may have another mentee but is working out some drug related issues first.

Elaine mentioned that Chris contacted Matt Evans and Leslie Follum to obtain names of opportunity youth that they might suggest to us. She has not heard back from Leslie and will contact again. Matt gave her one name whom she contacted and is waiting to hear back from mother of 17 year old.

Michael discussed getting mental health referrals to those who are in need. There is a connection between Corsica and Crossroads. Corsica provides the evaluation and if the client is in need of medication they can provide this but then gives Crossroads for the actual continuation of therapy. Once they are in Crossroads, there is potential to find a residence. There are several group homes for Crossroad clients in the county as well as Dorchester and Kent. They need to be of legal age. There are no residential programs for adolescents in QA.

Michael discussed that this might be a solution for the young lady who Mary W is working with whose parents died. She is need of medical help and has some anger issues. Mary explained that she went with this young lady to social services to see what they can provide. They encouraged the young lady to do a 10 week Certified Nursing Assistant Program. Mary believes that this is only a short term solution and that the young lady should be encouraged to attend Chesapeake or another college.

**Business partner update:** Elaine reported that she contacted businesses almost six months ago and when contacting them recently found that several of those contacts are no longer associated with that office. She is contacting them for new names.

Shelby volunteered to assist in this effort and sent out several emails but has not heard back. She will continue to attempt to make phone contacts. Elaine invited Shelby to attend an update meeting with Linda Friday on January 4, 2018 at the Chamber of Commerce.

Elaine mentioned that some companies have an ambassador program that would be ideal for our opportunity youth.

REEB is a manufacturing business that took over Delmarva Sash and Door and have several locations but they do not seem interested in connecting at this time.

AZZ in Millington. They are advertising for positions but is also seeking a Human Resources Manager. Provides on the job training. Would be ideal for our mentees if there was transportation.

NRL. No response from them. The Human Relations officer is the daughter of the owner. They have been trying to develop a working relationship with Chesapeake College for several years now.

Elaine had also given the Bryan Brothers grant opportunity information to Shelby. Shelby contacted but has not heard back.

Elaine mentioned that the Chamber is having a business mixer on December 21<sup>st</sup> that she will be attending to reconnect with and hopefully make new business contacts. Elaine had also given the Bryan Brothers grant opportunity information to Shelby. Shelby contacted but has not heard back.

Chris has designed a brochure for the Opportunity Youth Coalition that she is asking the members to review and provide any suggested additions or revisions. This will be available as part of the packet to be given out at the Informational Dinner.

Elaine has a meeting scheduled with QACTV in Jan. to produce a video about the program and Informational Dinner.

The Informational Dinner Event has been rescheduled for Thursday, January 25, 2018 5-7 p.m. at the Kent Island Senior Center. The Subcommittee met after the Advisory Council Meeting.

Next Advisory Council meeting date: January 11, 2018 9 – 10:30 a.m. Community Services Library

## QAC 100K Opportunity Youth Social/Recruitment Event

#### **Subcommittee Meeting Minutes**

December 14, 2017 10:30 a.m. Kramer Center Library

The CommUnity Mentoring information meeting and dinner has been postponed to Thursday, January 25<sup>th</sup> at the Kent Island Senior Center. RSVP's are due to Elaine by January 11<sup>th</sup>. Elaine passed out a list of people who have responded to the invitation.

Mary R. was not able to attend today's meeting. She is working on the confidentiality statement and release form. These need to be completed to be given to the businesses as part of their information and consent packet.

The group mentioned that they wanted mentee Jordan to address the group at this dinner to tell people about the ways he is being assisted. There was a discussion about another way to identify Jordan other than our "guinea pig". We will ask for his input. Michael mentioned that if he does this we could also add this to his community service time.

It was suggested that we talk with the Royal Farms manager since Jordan is working there.

Michael needs revisions from Elaine and Mary (if any) for the PowerPoint.

Elaine will also contact K. Hovnanian, the developer of the new community on Kent Island and new members of Chamber to invite to the dinner.

Elaine has scheduled a meeting with Bruce Grove at QACTV on January 4, 2018 for devising a video to advertise the program and Informational Dinner. Mary W. and Michael R. will be involved in this also.

Help is needed to get more businesses to attend the Informational Dinner.

Next Subcommittee planning meeting – January 4, 2018

10 a.m. Kramer Center Library

## Queen Anne's County Multicultural Proficiency Committee Minutes November 15, 2017

#### Present:

Chris Perkins, Dr. Akeda Pearson, Mary Walker, Brad Engel, Sharyn Harlow, Jacki Hawkins, Clay Washington, Mary Ralston, Lee Franklin, Frank Draper, Sandy Morse, Janet Pauls, Shelby Clark, John Queen, Rosie Ramsey Granillo, Phil Stapleton, Merle Rockwell, Ed Modell, Jack Broderick, Eric Daniels, Nabil Hanna

#### 1. Welcome

Eric Daniels called the meeting to order, and introductions were made.

#### 2. Review of Minutes

Last month's minutes were reviewed, with one change, Sasha Thomas to Tasha Thomas.

#### 3. Updates

- a. Northern County- Continue to look at goals, unfortunately, there was light attendance. Invited more parents, especially those who are bi-lingual. Trying to re-establish relationship with sister school in Costa Rico or Mexico.
- b. Minority Achievement Committee- No Report.
- c. Education Steering Committee- Addressing goals and issues. Dr. Kane has provided multicultural proficiency trainings at the schools, and individual schools have been good about furthering the education. Continue to move forward with many initiatives, but still work to be done. Families are in need. Student discipline needs to be examined, because their background needs to be in consideration. 10 answer questionnaires is a predictor for future drug abuse and/or mental illnesses. Students could be in a daily crisis situation. Schools need to provide a safe environment because often they do not have this at home.
- d. Kennard Alumni- Is looking to set programs up for children and adults. Want to provide learning opportunities for education, cultural, sciences and arts. The Annual Gala on Saturday went very well. Kennard received a small grant for after school program funding, and a small grant to update social media. Would like to have interest surveys given to students and parents or speak at a town hall meeting to determine different types of programs which should be offered. Someone suggested to have virtues class and afterschool ladies or gentlemen's club. The Kennard vision is now on the website. Need to have a facilitator at the building. Currently is renting out space for an exercise class by Mike Swag, and will see if he is interested in providing a class for youth.
- e. Chesapeake College Multicultural-No report.

#### 4. Strategy Implementation Breakout Groups-See attachments.

- a. Comments- Suggested to not have "Celebrating Unity and Diversity Day" in February because of negative connotations of only being celebrated during Black History Month.
- 5. Late Bus for Kent Island High School-Need to have a community wide conversation about this topic, see Strategy Implementation #3. Suggested ridership usage needs to increase for the afterschool bus to take place. Ms. Harlow suggested targeting 9<sup>th</sup> graders and high school students without driver's licenses and increasing opportunities for students to get involved in afterschool programming.
- 6. Sunday Supper Updates-November 12 Sunday Supper was held at Christ Episcopal Church, including student athletes and coaches. 60+ people attended. Question arose of how do you get people who need to be there at the Sunday Supper. Suggested making them accountable, such as requirements for school coaches. Sunday Supper will continue, and just keep MCPC updated.

 Uses of the County Sunday Supper Funding will need to be discussed further at the next meeting.

#### 8. Announcements and Adjourn

- -Mary Walker was awarded with Community Activist of the Year at the Gala.
- -Carrie O'Conner was appointed as member of Board of Education.
- -Rosie stated a multicultural proficiency committee will start in Kent County.
- -KIHS has a career café which invites different occupations to talk to students. 1<sup>st</sup> occupations are related to environmental sciences.
- -The student who was planning on a trip to Europe will be held off until following year, due to personal reasons.
- -Chris Perkins invited others of interest to attend the next Village of Queen Anne's meeting.
- -Cultural Proficiency training was given to bus drivers, and has received a good response. Principles are being held accountable.
- -Potluck meeting for December 20th.

#### Queen Anne's County

#### **Multicultural Proficiency Committee Minutes**

#### December 20, 2017

Present: Eric Daniels, Jamie Williams, Clay Washington, Phil Stapleton, Brad Engel, Janet Pauls, Lee Franklin, Mary Ella Jordan, Mary Ralston, Jack Broderick, Jacki Hawkins, Mary Walker, Mike Clark, Shelby Clark

#### 1. Welcome

Eric Daniels called the meeting to order, and introductions were made.

#### 2. Review of Minutes

Last month's minutes were reviewed and approved.

#### 3. Updates

- a. Northern County- See attachment
- 4. Strategy Implementation Breakout Groups-Decided to work on next meeting and current meeting would be for fellowship and discussions.

#### 5. Discussion/Announcements

- Cultural events need to be promoted more. Suggested having a table set-up at recreational sporting events.
- Two African American guidance counselors have been hired, at Matapeake Elementary and Stevensville Middle School. They will continue recruiting efforts from Bowie and Coppin State Universities. Will have all counselors attend Bridging Poverty training.
- -Early college program will start next year. Children who are 1<sup>st</sup> generation college students are chosen, as early as 9<sup>th</sup> grade will start program, and will be dual enrollment in the 10<sup>th</sup> grade. Students will graduate with an AA degree.
- -Discussion of creating equity in classrooms, such as overhaul of grading policies and grading on what is learned and not homework participation.
- -Discussion of reaching difficult parents.
- -Discussion of Dr. Kane's 100 day observation. There are 4 goals in the new manual. Board of Education is progressing, and is looking at equity across policies. They are looking into the possibility of a night school program. On January 10, 2018 at 6pm there is an open session with the BOE.

#### 6. Adjourn

## Northern Queen Anne's County Multicultural Proficiency Committee Meeting Notes for 12/18/17

Sudlersville Elementary School

Thomas Walls - Nicole Conner

Sarah Arnold -Mary Leventhal

Church Hill Elementary School

Jacquelyn Wilhelm – Linda Slaughter - Present

Susan Peterson

Community Organizations

Mike Clark, LMB -

Angie Walls, Judy Center -

Elizabeth Miller, Judy Center - Present

L. Michelle Johnson, W/C/Parent -

Elaine Butler, Character Counts

Joan Brooks, Dept. Recreation - Present

Dr. Dian Dudderar,

Jennifer Crossley - Family Center - Present

Sudlersville Middle School

Sean Kenna - Present Karla Altam. -

Eric Daniels (Co Chair) - Present

Jennifer Casey - Present

Missy Hollis -

Board of Education

Dr. Andrea Kane -

Brad Engel – Present

Greg Pilewski -

David Rosario-Torres Mig. Regional - Present

Sophia Eckert -

Parent / Community

Cliff Donaldson

Jacqueline Lewis-Henry -

Merle Rockwell -

Ed Modell, Community Leader -

Willie M. Pauls -

Madelyn Hollis -

Local Business Leaders

Vincent Radosta -

Cliff Donaldson -

#### **Meeting Notes**

1:30pm - 3:10pm, Sudlersville Middle School, December 18, 2017

- 1. This meeting was opened with a welcome from chair person, Eric Daniels.
- 2. Introduction by those in attendance.
- 3. Spoke about the reason why MCP started: Parent concerns about equity at the schools.
- 4. Reviewed notes from previous meeting.
- 5. Old Business:
  - a. Bias nothing from SES/SMS but some parents contacted BOE ref. students' treatment from staff and student on student last year. None thus far this year. District wide less than 10 for 2016 2017. Suggested that maybe an opportunity for Principles to have a PD on the issue.
  - b. I audiromat Flectric is done and now working in the plumbing. Machines are ordered and waiting for request to deliver. Some minor discussion with Town of Sudlersville about water and sewen but resolved. A deck will be built as well as possible some picnic benches outside. 6 mobile hotspots for free wireless internet with one being located in the I audiromat. May be ready for use in March with some

takens to be given to needy families. Grant I was awarded with some of it going to takens for needy families.

#### New goals:

Invite new people to attend for next month.

Judy Center (Angie Walls) will invite the Family Center and Infants & Toddlers – (Done: Jennifer Crossley attended from the Family Center and invite and a brochure shared with Infants and Toddlers.)

Eric will invite Kia Reed, Local Pastor Thompson – (Extended invitations through email. Will reach out again before next meeting.)

Parents from Hispanic Heritage and African American Heritage committees will be invited to join us on the committee. (Invitation will go out to AAHC at meeting on 12-19-17 to attend next meeting.)

An invitation will be extended to REEB to have a representative to partner with us. (Still needs to be done.)

Try and have 1 to 2 Bi-lingual parents to join the committee. (Will continue to seek parents to attend future meetings)

Joan and Mike will work on updating and making 200/300 copies of our brochure for distribution. (Both Mike and Joan have had revisions made and group approved today to have copies made for distribution.)

We will discuss with Mrs. Leventhal our listed sister school to determine if the relationship is still ongoing. In the stead we will pursue the possibility or relations ships with a school in Mexico and/or with Dr. Dodderers' school in Costa Rica. (No information at this time.)

#### New business:

Each school represented was asked if there were any current issues that needed to be discussed with this group and all three schools acknowledged that they are not aware of any at this time.

Discussed current Cultural Events being held and how to take them to the next level which would involve other nationalities. Suggestions were offered such as; different stations representing other nationalities, such as the event held in 2010 that included all nationalities in conjunction with the Census Bureau. Contact George Harvey of QACTV for interview as well as using the District communication system and the new Interim Communication Specialist; Dr. Harvey at BOE. Make some sort of concerted effort at sports events such as the 99 Recreation teams for basketball. Each team has 11 players and it does bring a crowd. Perhaps we could have a table, put up a banner, hand out flyers for events, give brochures and/or informational items etc. Kidde basketball (fundamentals) for 4 to 6 year olds will also be starting with 70 participants.

12-19-17 AAHC committee will be meeting at SES at 4:00 pm. Date is 2-23-18 for celebration and 2-5-18 for National Black History Readers Day.

Next LMB-MCP meeting will be held on Wednesday at the Kramer Center. It will be a pot luck lunch as well as our December meeting.

The group discussed the importance of continuing this committee as well as the two Cultural events currently being held annually.

Next meeting will be the 10th of January at 1:30pm.

## QAC Partnership for Suicide Prevention Committee Meeting Notes November 15, 2017

Welcome and Introductions – Matt Evans brought the meeting to order and welcomed all in attendance.
 Those in attendance are Matt Evans, Christina Brucker, Mary Ann Thompson, Sandi Wiscott, Pastor Mark Farrell, Mike Clark, Megan Pinder, Chris Perkins, Jone Taylor, Lynn Gurley, and Brad Engel.

#### 2. Election of a Co-Chair

a. Christina Brucker was appointed as co-chair of the committee and will join Matt Evans in that role.

Thanks so much Christina! She has made it clear that suicide is a very important issue to her and she desires to affect that area.

#### 3. Minutes

 The minutes from the previous meeting on October 18, 2017 were reviewed and approved with no changes.

#### 4. School Updates

- a. Youth Mental Health Update One training has been scheduled. The books are being provided through the Mental Health Association of the Eastern Shore. The date of the event is November 30<sup>th</sup>. There are still spots available. Matt will be providing the training. Currently there on 9 students registered. They can handle up to 20.
- b. Text to Stop It.
  - i. There have been 7 text to stop it reports during the current school year.
  - ii. May consider using the project for additional tips beyond bullying and suicide including drug use and other concerns.
  - iii. This topic lead to the groups discussion about cell phone use and social media contributing to depression. Some programs encouraging delaying cell phone use until the eighth grade.
  - iv. May want to reconsider the idea of a texting contest in order to get the number in their cell phones. Brad or Matt will work to get school approval for the contest.

#### 5. Out of the Darkness Walk

- a. Matt is the new Chair
- b. They are looking for additional committee members
- c. Plan to start pushing heavily on next year's walk in January.
- d. May consider moving the walk to Talbot County and focus on increased fundraising.

#### 6. Data Review

- a. A review of the data from Eastern Shore Operation Center for the month of October was done. Refer to attachment.
- b. In the spirit of RBA the group discuss what the key measures that would be placed on the Committee's Scorecard. The following measures were suggested:
  - i. Number of New Intakes
  - ii. Presenting Problems (mental health & substance abuse)
  - iii. Number and % of New Intakes under 18 and under.
  - iv. Focal Issues of Phone Call:
    - 1. Death by Suicide
    - 2. Depression
    - 3. Suicide Attempt
    - 4. Suicide Ideation
    - 5. Child Abuse
    - 6. Anxiety
  - v. It was noted that these measures can be easily changed at future meetings if the group prefers. Additionally, the ESOC reports will be uploaded to the scorecard.

#### 7. Crisis Intervention Team Program

- a. It was mentioned that ESOC and CSA continue to work to increase the numbers of police officers who have been trained in this model.
- b. The training provides the officers with an additional "tool" in order to deal with people they interact with on a daily basis.

c. No law enforcement officers have been trained in Queen Anne's County but 3 correction officers have been trained. The agencies are "on board" with the concept and will participate when the training is offered locally.

#### 8. Roundtable

- a. Matt Evans and Leslie Follum will be attending the Suicide Prevention Conference through MSDE.
- b. Brad suggested that they are looking into the "ACES" concept.
- c. The Eastern Shore School Mental Health Coalition will be held at Salisbury University on Friday, November 17<sup>th</sup>. Talk to Megan Pinder for more information.
- d. Dr. Ira Chesnoff will be coming on December 1<sup>st</sup> at Chesapeake College. More information can be found on the LMB's facebook page.
- e. Shelby Clark found a grant opportunity for youth who have ideas on how to cope with mental health. Talk to Shelby Clark for more information.

f.

- 9. Next Meeting is 10 a.m. on December 20th at the Board of Education
  - Any topics for the agenda should be sent to Matt Evans.

## QAC Partnership for Suicide Prevention Committee Meeting Notes December 20, 2017

#### Welcome and Introductions

Matt Evans brought the meeting to order and welcomed all in attendance. Those in attendance are Matt Evans, Christina Brucker, Sandi Wiscott, Mike Clark, Shelby Clark, Megan Pinder, Chris Perkins, Lynn Gurley, and Brad Engel.

#### Review of the Minutes

The committee reviewed the minutes from the November15, 2017 meeting. The minutes were approved as presented.

#### **Public Service Announcements**

Shelby Clark researched the Public Service Announcements (PSA) because the committee determined one strategy would be to ask QACTV to play a monthly 10 minute video regarding some aspect of suicide prevention. QACTV stopped running them in July because the committee hadn't given them a new list of videos. Shelby did the research and provided a list of possible public domain videos to Matt. He along with the committee reviewed the list and reviewed the video on Trauma during the meeting. The group agreed to the following schedule and Shelby will contact QACTV and have them aired per the schedule below:

Queen Anne's County Partnership for Suicide Prevention. 2018 monthly behavioral health shows. Most of these are 6 to 8 minutes.

January—Trauma

http://mentalhealthchannel.tv/episode/trauma

February—Suicide

http://mentalhealthchannel.tv/episode/surviving-suicide

March—Schizophrenia

http://mentalhealthchannel.tv/episode/schizophrenia-

chapter-2

April—Teens, school shooting

http://mentalhealthchannel.tv/episode/healing-principles

May- Veteran, Senior

http://mentalhealthchannel.tv/episode/the-warrior-within

June - LGBTQ

http://mentalhealthchannel.tv/episode/best-day-ever

July—Young Adult, Eating Disorder

http://mentalhealthchannel.tv/episode/after-bulimia

August - Community, mental illness

http://mentalhealthchannel.tv/episode/finding-his-path

September-Substance Abuse

http://mentalhealthchannel.tv/episode/the-backstretch

October—Teen, Family, Bipolar Disorder, Michaels

Halloween

http://mentalhealthchannel.tv/episode/michaels-halloween

November—Veterans, Carrying the Load

http://mentalhealthchannel.tv/episode/carry-the-load

December—Social Anxiety

http://mentalhealthchannel.tv/episode/social-anxiety

#### Review of the Scorecard/Data Review

The <u>committee's scorecard</u> is making progress and is almost to the point where the committee's happenings will be completely tracked through it, instead of through minutes. Any committee member can view the committee's scorecard and action items by going to the following web address: <a href="https://app.resultsscorecard.com/Program/Embed/9288">https://app.resultsscorecard.com/Program/Embed/9288</a>

The committee reviewed the scorecard. Specifically they updated the "What Works" category. Next the group reviewed and determined the strategies for the year which can also be seen on the scorecard. Following that they determined what performance measures they would track to measure progress. Lastly the actions items were discussed and will be updated in the scorecard.

It is the plan to put all data as determined by the committee at this and previous meetings into the Scorecard ahead of the meeting so the most pertinent data points can be discussed at the meeting.

#### **School Updates**

- Matt Attended a trauma updated
- Matt provided a youth mental health first aid training to 13 people representing school and community.
  - Additional data include

s: a-lmb info lmb fy 18 committees partnership for suicide prevention 12-20-2017 minutes docx

- Quarterly reports about how many suicide assessments in the school
- Quarterly data regarding text to stop it statistics
- will be added to the scorecard so that we can continuously look at.

#### Roundtable

Shelby tried to get in touch with the Sheriff's department to learn more about the death by suicide data but has not heard back yet.

#### **Meeting Conclusion**

The meeting ended at 11:15. The next meeting is January 17, 2018 at 10 a.m.

#### **Strategic Planning Committee Meeting**

Notes from Wednesday, November 1, 2017

I. Welcome and Introductions.

Attendance:

Cindy Chrumble

Vince Radosta

Shelby Clark

Samantha Parker

Suzi Peel

Joe Grabis

Jennifer Stansbury

Linda Walls

Susan Coppage

Mary Walker

Mike Clark

Michelle Johnson

Jeanine Beasley

- II. Transportation Presentation from Samantha Parker and Suzi Peel from Better Way, Rural Health Transport Hub
  - A. Background- A needs assessment was completed and often transportation is ignored on the Eastern Shore. Car services do not seem to be working; Better Way was created to be a hub to find ways of traveling.
  - B. Concept- Customers will go to one place, web platform, to see what funded resources are available. Better Way is not a transportation service. Uber and Lift were contacted; however, due to not enough transports they cannot add drivers.
  - C. Soft Launch- January 2018 a soft launch will be given to address medical appointments with a local doctor's office. There are high costs related to missed appointments and health of consumers is important, this is the reason Better Way decided to start with this population.
    - a. May start with scheduling the appointments.
    - b. Will also need a helpline telephone service for individuals not connected.
    - c. Currently a soft launch, so they can determine what efforts need to go forward.
  - D. Data will help determine individuals who are not being served by existing resources. Currently Better Way is in process of full inventory of transportation options in the 5 county regions.
  - E. Mike suggested Better Way speak to Chesapeake Helps! since they are working on transportation options for the Strategic Planning Committee.

- III. Jeanine Beasley, Continuum of Care Manager, Mid Shore Behavioral Health, Inc., Software for Collective Presentation.
  - A. Explained the Homeless Management Information System (HMIS). It is a service point by Bowman Systems. It can track clients on an individual basis, program basis and community basis. The system can track both individuals and households.
  - B. Instead of purchasing an entire new program for the collective, user logons may be able to be purchased at \$190 each to be included on this software. The collective would have an extra tab in the system, similar to Maryland's Commitment to Veterans.
  - C. Due to changes in Mid-Shore Behavioral Health, Jeanine was uncertain of when and if we can be added to this system.

#### IV. Discussion and Updates

- A. Transportation Presentation- Great concept, only concerns are those without internet access, low-income individuals and those with a language barrier. Better Way is going to look at data to see how to move forward with some challenges.
- B. Case management software- Consensus with all attendees, this would be a great information system for the collective to share information about clients.
- C. Retreat Overview-5 LMB's invited to first half of day, and mainly learning about collectives.
- D. Collective Vendors-Updates-See graph attachments.
- E. Other- suggested thinking of a different name for the collective.

Next meeting will be held Wednesday, December 13 at 10am.

### Strategic Planning Committee Meeting December 13, 2017

In attendance: Mike Clark, Cindy Chirumbole, Katherine Hearn, Michelle Johnson, Jennifer Stansbury, Lisa Michaels, Susan Coppage and Peg Anawalt.

Regrets: Shelby Clark, Janice Feely, Linda Walls, Joe Grabis and Vince Radosta.

Mike Clark welcomed all in attendance.

#### 1. Program Updates and Questions

There is leftover training dollars from the retreat. The Committee was asked whether the money should be return to the State, or it was suggested that we offer the money to Linda Walls since she has been doing work for the Strategic Planning Committee pro bono. The Committee decided to give the money to Linda Walls for all her work for the Strategic Planning Committee.

#### Katie Hearn – Achievement Mentoring, (in person) to discuss issues

Achievement Mentoring has many referrals from elementary schools. See attached handout.

The GOC grant is specific that Achievement Mentoring should include 4 middle schools and all the high schools in Queen Anne's County, not elementary schools. However, Katie sent out general emails regarding Achievement Mentoring to the school's guidance counselors and received immediately responses from the elementary schools. Katie included the elementary schools into her schedule. The majority of Katie's cases are from elementary schools. Katie reached out to the Strategic Planning Committee for ideas of how to refer out the elementary school students so she can focus on the 4 middle schools and high schools. The Committee suggested that she collaborate with Carolyn Blades, Family Navigator, also collaborate with the elementary school guidance counselors and Katie's could reduce her visits to the elementary school children to once every two weeks.

- Achievement Mentoring is seeing 20 students.
- Local Care Team

Local Care Team – 2 clients. The LCT is working well. State money in the amount of \$25,000 came in for an LCT Coordinator position. The LCT plans to submit a waiver to Governor's office to use the money towards something else. The LCT will meet next week to decide. One possibility is expanding the family navigator role to direct support to clients who come to the LCT and guide them through resources out in the community. They can work with parents on a weekly basis. Another option is to use the money to service clients outside the parameters of the Governor's priorities.

Mental health seems to be the biggest issue in LCT.

#### CommUNITY

CommUNITY has their first client and there is a Reaching Out Meeting and Dinner Event on January 25th.

The design of the program is great.

#### Chesapeake Helps

Chesapeake Helps' emphasis is on transportation and is in the process of designing and researching a plan of how to create more transportation opportunities and the cost associated with that.

There was a discussion regarding the need for reliable transportation from the high schools to Chesapeake College and Washington College.

Some doctor offices have shown an interest in paying for patient's transportation to their doctor appointments.

Most of transportation programs are for seniors and getting them back and forth to the doctors.

Some agencies use volunteer pools which requires the volunteer to sign a form indicating their insurance will be used in case of an accident. The agency also has umbrella insurance which would be used after volunteer's insurance.

A County Ride bus schedules can be confusing. Perhaps an informational sheet on how to understand the routes.

Invite Ann von Benschoten, Chris Perkins and Tammy Halls to next Strategic Planning Committee meeting.

## Family Navigation Family navigation has 5 families and is going strong. Carolyn is doing a good job.

## Healthy Families Healthy Families has at least 5 families and more coming.

The Strategic Planning Committee would like to meet with the Collective Vendors on an asneeded basis.

Mike discussed the handouts.

There was a discussion about the performance measures and contracts. All contracts have been drafted.

#### 2. HMIS Update

Since Holly Ireland's departure, the software is taking longer than expected.

#### 3. Committee Role

Decisions from Retreat ("Collective" to "Initiative")
 The LMB is now the collective and initiatives are Children of Incarcerated Parents,
 Opportunity Youth, Out of School Time, and Suicide Prevention all issues under the collective. Mike will explain at the next January LMB meeting. It will be on the back of the agenda.

Strategic is still the hub for the Opportunity Youth and Children of Incarcerated Parents.

#### 4. CPA - 2019

Last year the Community Partnership Agreement (grant) released a grant on December 31<sup>st</sup>. Maybe similar timeframe this year. Money is tight at the State, but the Governor promised to add additional money to what we already have for CPA. All programs should remain funded if we can prove the programs are working. We can apply for some competitive money as well. Idea (1) night school for opportunity youth. Arlene Lee will be meeting with Dr. Kane, Brad Engel and Joe Grabis regarding this. Idea (2) a volunteer transportation program. Idea (3) Reentry Coordinator, which is a social worker who case manages people as they were coming out of incarceration. The Strategic Planning Committee should be thinking about the possible competitive grant.

Jody from DSS would be able to assist with writing the Reentry Coordinator piece of the competitive grant.

Other:

Clay Reilly has resigned from Chesapeake College.

The next meeting is January 10<sup>th</sup> 10:00-11:30.

#### 5. Adjourn