2021 RESOURCE GUIDE

PUBLIC BEHAVIORAL HEALTH SERVICES IN CAROLINE, DORCHESTER, KENT, QUEEN ANNE'S & TALBOT COUNTIES OF MARYLAND





24-Hour Crisis Hotlines

Eastern Shore Operations Center (ESOC) 1-888-407-8018

Serves as the behavioral health emergent, urgent information and referral call center for all nine counties of the Eastern Shore: Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester Counties. ESOC is available 24 hours a day, 7 days a week to assess and respond to calls from consumers, family members, community members, businesses, and human services agencies. ESOC staff provides linkage to community resources through referral to all appropriate and existing behavioral health and human services.

Suicide Hotline 1-800-273-TALK (8255) or 1-800-SUICIDE (784-2433)

Provides counseling for suicide prevention.

Life Crisis Center Hotline 410-749-HELP

Provides counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency shelter, shelter referral, medical care, and assistance with the process of prosecution.

Maryland Crisis Connect - Dial 211 & Press 1

Crisis intervention, support, and referrals.

Maryland Crisis Online Chat www.Help4MDYouth.org.

Available Monday – Friday, 4pm - 9pm. If you are in immediate crisis and a chat specialist is unavailable, please call the Maryland Crisis Hotline at 1-800-422-0009, or if you are not in Maryland, please call the National Suicide Prevention Lifeline at 1-800-273-8255.

For All Seasons, Inc. Hotline 1-800-310-7273 Spanish Hotline 410-829-6143

Counseling, advocacy, and education to victims of rape, sexual assault, and abuse.

Mid-Shore Council on Family Violence 1-800-927-4673

Provides direct services for victims of family violence including a 24-hour hotline, crisis intervention, counseling, support groups, emergency shelter, client advocacy, children's program, court accompaniment, information, and referral.

Postpartum Depression (PPD) Hotline 1-800-PPDMOMS (773-6667)

Provides peer support and referrals for mothers suffering from postpartum depression.

Problem Gambling Helpline 1-800-GAMBLER (426-2537)

The Maryland Center of Excellence on Problem Gambling provides support for those struggling with a gambling addiction.

Trevor Project Crisis Line 1-866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24. Visit www.thetrevorproject.org for more information on TrevorChat and TrevorText - trained volunteer counselors are ready to listen.

Veterans Crisis Lines 1-800-273-8255, Press 1 or 1-877-VET2VET (838-2838)

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline. VET2VET is a confidential connection which utilizes trained peer veterans ready to provide hope and help 24 hours a day, 7 days a week. In addition, the peer counselor will help the soldier or veteran navigate the often-complex VA system to access the mental health resources that are being sought.

Mid Shore Core Service Agency Overview

INTRODUCTION TO THE GUIDE

Mid Shore Behavioral Health, Inc. (MSBH), formally Mid-Shore Mental Health Systems, Inc., is pleased to present the revised 2021 edition of the *Guide to Behavioral Health Services in Caroline, Dorchester, Kent, Queen Anne's and Talbot Counties, Maryland*. This guide, while not inclusive of every service or behavioral health provider in the five-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them.

MSBH is a private, not-for-profit 501(c)(3) organization, serving Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties. MSBH was incorporated in 1992 through a collaboration of the five county governments and mental health stakeholders.

Some MSBH programs serve the nine-county region of Maryland's Eastern Shore.

The Board of Directors consists of members appointed by the five local governments, five at-large members, and two charter members representing all stakeholders, specifically consumers, family members, or other residents of the five counties who possess some expertise in the field of behavioral health.

Mission

To continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties through effective coordination of care in collaboration with consumers, their natural support systems, family members, providers, and the community at large.

Vision

A rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community.

What We Do

We strive to enhance a regional behavioral health system of care through effective collaboration with consumers, their natural supports, providers, and community leaders. It is our goal to develop a full array of accessible services and **resources** for the consumer through partnership with our providers and other agencies. We offer **guidance** in understanding and navigating all that is available in our community. Beyond our primary responsibility for local publicly funded mental health services, MSBH understands that behavioral health is essential to overall health, and many domains of life contribute to one's behavioral health, especially having a home, purpose, and community connection. As such, MSBH seeks to address the needs of the **whole** person and collaborates to improve the systems of care of the whole community throughout the region. The most important core value of our organization is **hope**: the belief that resiliency and recovery are real provides the essential and motivating message of a better future – that people and communities can and do overcome the internal and external challenges, barriers, and obstacles that confront them to achieve wellness.

What is a Core Service Agency?

A Core Service Agency (CSA) is a state funded agency, as part of local health departments, local county governments, or non-profit organizations that operates under contract with the State of Maryland's Behavioral Health Administration (BHA), a division of the Maryland Department of Health (MDH). The Annotated Code of Maryland Health General Article 10-1201 through 1203 mandates Core Service Agencies, Local Addictions Authorities, and Local Behavioral Health Authorities. Mid Shore Behavioral Health, as a CSA, functions under the MDH Secretary's authority. Mid Shore Behavioral Health (MSBH) is a regional, non-profit CSA that serves

five counties (Caroline, Dorchester, Kent, Queen Anne's, and Talbot), and is the only regional CSA in the State. Our primary responsibility is for community planning, management, and monitoring of publicly funded medically necessary mental health services in the five-county region for consumers across the life span: children, adolescents, adults, and the aging population.

Optum Maryland Behavioral Health is the organization under contract with the MDH Medicaid Office to process claims, enroll consumers, pre-authorize medically necessary services, credential providers and pay claims.

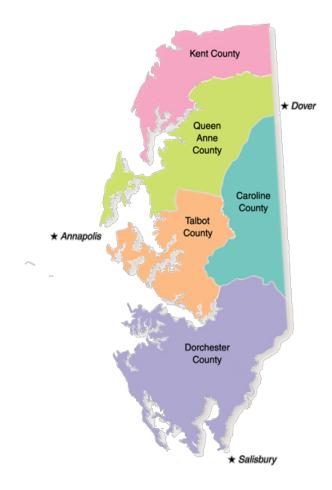
Who are the Consumers in the PBHS?

The Public Behavioral Health System (PBHS) provides for medically necessary services for the Medical Assistance recipient and for some individuals who are uninsured (Medical Assistance Ineligible).

Who are the Providers in the PBHS?

Providers in our system include state psychiatric hospitals, acute hospitals, residential treatment centers, outpatient mental health clinics, psychiatric rehabilitation programs, partial hospitalization services, intensive outpatient services and private providers

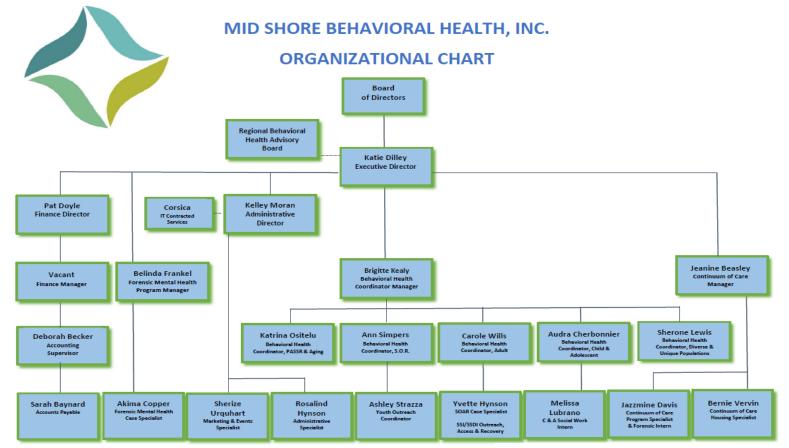
For information on how the Public Behavioral Health System works go to page 74.





28578 Mary's Ct., Suite 1 Easton, MD 21601 P: 410.770.4801 F: 410.770.4809

Website: midshorebehavioralhealth.org Facebook: /midshorebehavioralhealth



MSBH Organizational Chart

Visit www.midshorebehavioralhealth.org/our-team for a list of current staff.

Mid Shore Behavioral Health, Inc. (formally Mid-Shore Mental Health Systems, Inc.) can assist you by providing information regarding area resources and other agencies in the area.

MSBH aids consumers of the public behavioral health system receiving behavioral health treatment and rehabilitation services within the fee for service network. This assistance is obtained via a "Consumer Support Services" Request for pharmacy assistance, transportation to behavioral health-related appointments, laboratory costs as it relates to behavioral health treatments, and other support needs that help to achieve or stabilize community placement, which include one-time annual help with first month's rent, security deposit, utility turn on or deposit, basic household goods to establish a residence, or past due utility, rent, or mortgage if the applicant can show sustainability, referred to as a "special needs." All applications are subject to evaluation and approval. Incomplete applications will be denied and returned.

MSBH can also assist with concerns you may have regarding the services you or a family member are receiving. We first encourage you to discuss your concerns directly with the provider. However, if you feel you need further assistance, please call our office.

If you have been denied a service by Optum Maryland Behavioral Health (formerly Beacon Health), the Administrative Services Organization (ASO), you have the right to appeal that decision. Please refer to the *Grievances and Appeals* section of this guide for more information.

MSBH has a Behavioral Health Services Network (BHSN) that meets quarterly to discuss trends, changes, and issues concerning behavioral health on the Eastern Shore. The network comprises six workgroups whose members include providers, consumers, and behavioral health professionals.

These workgroups are:

- Diversity and Inclusion Workgroup
- Child and Adolescent Workgroup
- Adult Services Workgroup

- Crisis Response Workgroup
- Forensic Workgroup
- Continuum of Care Roundtable on Homelessness

Those interested in helping us build the best Public Behavioral Health System are encouraged to participate in these groups and can call 410-770-4801 or visit our website: www.midshorebehavioralhealth.org/ for more information. If you would like to be added to our weekly Mid Shore Behavioral Health Newsletter, please email your request to: Sherize Urquhart at www.midshorebehavioralhealth.org.

Acronyms and Other Terms

Licensure Acronyms **APRN** Advanced Practice Registered Nurse ACA Affordable Care Act ATR Art Therapist Registered ACT **Assertive Community Treatment** ATR-BC -Art Therapist Registered – Board Certified **AHAR Annual Homeless Assessment Report** CAC Certified Addictions Counselor ASO Administrative Services Organization CADAC -Certificated Alcohol and Drug Abuse Counselor BHA Behavioral Health Administration CAP Certified Addictions Professional **BHSN** Behavioral Health Services Network **CAS** Certified Addictions Specialist CAF **Community Alternatives Framework** CCADC -Certified Clinical Alcohol and Drug Counselor CCO Care Coordination Organization CCDP Certified Chemical Dependency Professional **CMHP** - Community Mental Health Plan **CRNP** Certified Registered Nurse Practitioner CIT - Crisis Intervention Team CSC-AD -Certified Supervised Counselor - Alcohol and D CME - Case Management Entity for the 1915C RTC waiver. CPC Certified Professional Counselor The Local CME is Maryland Choices until June 2016. LCADC -Licensed Clinical Alcohol and Drug Counselor COC Continuum of Care (Mid-Shore Roundtable) LCMFT -Licensed Clinical Marriage and Family Therapis COMAR Code of Maryland Regulations LCPAT -Licensed Clinical Professional Art Therapist CQT **Consumer Quality Team** LCPC Licensed Clinical Professional Counselor **CSR** Client Service Representative LCSW-C -Licensed Certified Social Worker - Clinical CVI Chesapeake Voyagers Inc. LMSW -Licensed Masters Social Worker **EBP Evidence Based Practice** Doctor of Medicine MD **Eastern Shore Operations Center FSOC** Doctor of Philosophy PhD Fee for Service FFS Doctor of Psychology **PsvD HSAM Human Services Agreement Manual**

IAC – Inter-Agency Committee - The purpose of this committee is to discuss children who are causing concern in the school or

Homeless Management Information System

community and develop plans to improve his/her function in these areas.

Interagency Family Preservation Services - This service is to help prevent out-of-home placement for youth who are at

imminent

risk of removal from their homes.

IOP – Intensive Outpatient Program

LAA – Local Addiction Authority

LBHA – Local Behavioral Health Authority

LCT – Local Care Team - The role of the LCT is to ensure that community alternatives have been exhausted before a child is placed in institutional care. If appropriate, community services will be developed to prevent placement in institutional

care.

LMB – Local Management BoardMA – Medical Assistance

HMIS

IFPS

MAI – Medical Assistance Ineligible (formerly called and still referred to as Gray Zone or GZ)

MACSA - Maryland Association of Core Service Agencies

MCO – Managed Care OrganizationMCSS – Mobile Crisis Stabilization Services

MCT – Mobile Crisis Teams

MDH -- Maryland Department of Health
MSBH - Mid Shore Behavioral Health, Inc.

MTT/MTS -	M	obile Treatment Team / Mobile Treatment Services
Multi-D	-	The Multi-Disciplinary Team - the purpose is to discuss cases from Child Protective Services or IAC that had multi-agency
		involvement.
OHCQ	-	Office of Health Care Quality
ОМНС	_	Outpatient Mental Health Clinic
PATH	_	Projects for Assistance in Transition from Homelessness
PHP	_	Partial Hospitalization Program
PIP	_	Performance Improvement Plan
PBHS	_	Public Behavioral Health System
PRP	_	Psychiatric Rehabilitation Program
RBHAC	_	Regional Behavioral Health Advisory Committee
RRP	_	Residential Rehabilitation Program
RTC	_	Residential Treatment Center
SEP	_	Supported Employment Program
SSDI	_	Social Security Disability Insurance
SSI	_	Supplemental Security Income
TAY	_	Transitional Age Youth Project - A state funded grant to assist youth from 16 to 22 in transitioning to independent living.
		Youth are to have been in RTC or at risk of going to RTC. Emphasis is on education, community integration and building
		a natural support system.

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UCC

Urgent Care Clinic

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Behavioral Health Services

Arundel Lodge – Deaf and Hard of Hearing Services										
Address:	2600 Solomons Island Rd	Phone:	443-433-5900	Website:	Hours of Operation:					
	Edgewater, MD 21037	Video Phone:	443-569-6947	www.arundellodge.org	Mon. – Fri.					
		Fax:	410-841-6045		8:30am to 5pm					



Arundel Lodge provides services for Deaf and hard-of-hearing individuals who seek community behavioral health treatment. We employ sign language interpreters to facilitate communication with hearing staff members and other community providers, and staff members who are themselves deaf and/or are knowledgeable about the needs of Deaf and hard-of-hearing individuals communicate using American Sign Language (ASL). Through these services, Arundel Lodge makes programs accessible to Deaf and hard-of-hearing individuals to support their recovery. Programs include: Supported Employment, Day Program, Residential Services, Outpatient Mental Health Clinic, First Step Recovery, Health Home, Peer Support, Supportive Living, and Teletherapy Videoconferencing.

Bridge's Behavioral Health & Wellness

Address: 207 N. Liberty Street, Suite B

Centreville, MD 21617

Phone: 410-758-8750 Fax: 410-758-8751

Website: www.bridgesbehavioral.com Email: staff@bridgesbehavioral.com

Hours of Operation: Mon., Wed., Thurs. 8am to 5pm, Tues. 8am to 7pm, Fri. 8am to 2pm

Payment Types Accepted:

Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare, Private Insurance

				Hisurance	
Services:	Conditions Served:		Treatment Modalities:		
☑ Anger Management Group	☑ ADHD		✓ Anger Mana	gement	
☑ Certified Trauma Therapy	☑ Anxiety/Phobi	ias	✓ Art Therapy		
			☑ Behavioral T	reatment	
☑ Court-ordered Therapy	☑ Chronic Menta	al Illness	☑ Cognitive Be	ehavioral Therapy (CBT)	
	☑ Co-Occurring			ent Desensitization &	
☑ Geriatric Assessment	☑ Depression		Reprocessing		
✓ Mental Health Evaluation & Treatment	☑ Eating Disorders		☑ Family Counseling		
✓ Parent Education Groups	☑ Hoarding Behaviors		☑ General Counseling		
☑ Psychiatric Medication Services	✓ Personality Disorders		☑ Grief Counseling		
☑ School-based Services	✓ Post-Traumatic Stress Disorder		☑ Group Counseling		
☑ Tele-psychiatry Services	✓ Schizophrenia		☑ Individual Counseling		
✓ Veteran Services	✓ Self-Injurious Behaviors		✓ Marriage Counseling		
☑ Women's Grou			☑ Mental Heal	th Related Support Groups	
			Play Therapy	y	
ISLATOR? BRIDGES			☑ Progressive	Counting	
			☑ Psycho Educ	cational Groups	
			☑ Trauma-Foc	used CBT	
	 ✓ Anger Management Group ✓ Certified Trauma Therapy ✓ Clinical Psychiatric Evaluation ✓ Court-ordered Therapy ✓ Dual-Diagnosis Groups ✓ Geriatric Assessment ✓ Mental Health Evaluation & Treatment ✓ Parent Education Groups ✓ Psychiatric Medication Services ✓ School-based Services ✓ Tele-psychiatry Services ✓ Veteran Services 	 ✓ Anger Management Group ✓ Certified Trauma Therapy ✓ Clinical Psychiatric Evaluation ✓ Court-ordered Therapy ✓ Dual-Diagnosis Groups ✓ Geriatric Assessment ✓ Mental Health Evaluation & Treatment ✓ Parent Education Groups ✓ Psychiatric Medication Services ✓ School-based Services ✓ Tele-psychiatry Services ✓ Veteran Services ✓ Self-Injurious Bipolar Disord ✓ Co-Occurring ✓ Depression ✓ Eating Disord ✓ Post-Traumati ✓ Schizophrenia ✓ Schizophrenia ✓ Self-Injurious 	 ✓ Anger Management Group ✓ Certified Trauma Therapy ✓ Clinical Psychiatric Evaluation ✓ Court-ordered Therapy ✓ Dual-Diagnosis Groups ✓ Geriatric Assessment ✓ Mental Health Evaluation & Treatment ✓ Parent Education Groups ✓ Psychiatric Medication Services ✓ School-based Services ✓ Tele-psychiatry Services ✓ Veteran Services ✓ Women's Grou ✓ ADHD ✓ Anxiety/Phobias ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Depression ✓ Eating Disorders ✓ Hoarding Behaviors ✓ Personality Disorders ✓ Schizophrenia ✓ Schizophrenia ✓ Self-Injurious Behaviors 	✓ Anger Management Group ✓ ADHD ✓ Anger Management Group ✓ Certified Trauma Therapy ✓ Anxiety/Phobias ✓ Art Therapy ✓ Clinical Psychiatric Evaluation ✓ Bipolar Disorder ✓ Behavioral Tomore General Council General Co	

		Caroline Beh	navioral Hea	alth		
Address: 403 S. 7 th Street Denton, MD 21629		Phone: 410-479-386 410-479-188 Fax: 410-479-005	82	Hours of Ope Mon. – Fri. 8 an Mon., Tues., Thurs. appointment	Website: www.carolinehd.org Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare	
Providers:	Serv	vices:	Condi	tions Served:	Treatm	
✓ LCSW-C ✓ MD ✓ CRNP ✓ Nurse Translator? Yes. Spanish	☐ Clinical Psychiatric I☐ DUI Offender Progra☐ Ex-Offender Reentry☐ Mental Health Evalu☐ Psychiatric Medicati☐ Substance Abuse Edi☐ Substance Abuse Ou☐ Veteran Services☐ Youth Development	ams Programs ation & Treatment on Services ucation/Prevention		sorder ies ental Illness ing ental Dissabilities orders Behaviors T Disorders natic Stress Disorder isabilities	Health, Medicare Treatment Modalities: Art Therapy Anger Management Counseling Behavioral Treatment Cognitive Behavioral Therapy (CBT) Disability Related Counseling Family Counseling LGBTQ Issues General Counseling Group Counseling Individual Counseling Mental Health Related Support Groups Play Therapy Sex Offender Counseling Tele psychiatry/Telemental Health Trauma Informed	

	Coastal Counseling & Wellness, LLC									
Address:	10 S. Hanson Street, Unit #5 Easton, MD 21601	Phone: 443-786-5 Fax:		Hours of Operati Mon. – Fri. 8am to Sat. 8am to 11 a Email: coastalcounselingwellnessets Website: www.coastalcounselingwellness	5pm, m r@gmail.com	Payment Types Accepted: Sliding Scale Fee, Self- Pay, Public Behavioral Health, Private Insurance				
Providers:	Ser	Services: Conditions Served:		Treatment Modalities:						
☑ LCPC			☑ Ai ☑ Bi ☑ Do	DHD nxiety/Phobias polar Disorder epression evelopmental Disabilities ost-Traumatic Stress Disorder	☑ Behaviora☑ Cognitive☑ Family Co☑ General Co☑ Group Co☑ Individua	Counseling rounseling 1 Counseling ealth Support Groups apy				
Translator?										
No			ĺ		1					

For ages 6 and up, the following services are available in office: Individual (may be available in school), Family, Couples & Groups. For those seeking traditional talk therapy in a non-traditional setting, Walk-about sessions are available.

	Community Behavioral Health									
Dorchester:	426 Dorchester Avenue Cambridge, MD 21613	Phone: Fax:	844-224-5 888-509-0				Payment Types Accepted:			
Queen Anne:	202 Coursevall Dr, Ste.7 Centreville, MD 21617	Phone: Fax:	844-224-5 888-509-0		Hours of Operatio Mon. – Thurs. 8am to 6 Fri. 8am to 5pm, Sat. plea	Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health,				
Kent:	400 S. Cross St, Ste. 4, Chestertown, MD 21620				• • •	Medicare, Private Insurance				
Talbot:	8614 Ocean Gateway Easton, MD 21601				Email: info@communitybehavioralhealth.net		Website: www.communitybehavioralh ealth.net			
Wicomico:	809 & 821 Eastern Shore Dr. Salisbury, MD 21804	Phone: Fax:	e: 844-224-5264 888-509-0010							
Providers:	Services				Conditions Served:	T	reatment Modalities:			

☑ LCSW-C	☑ Clinical Psychiatric Evaluation	✓ Anxiety/Phobias	Anger Management Counseling
☑ LMSW	☑ Court Ordered Substance Use Testing	✓ Bipolar Disorder	✓ Art Therapy
☑ LCPC	☑ Health Home	✓ Brain Injuries	☑ Behavioral Treatment
☑ LGPC	✓ Job Search/Placement	☑ Chronic Mental Illness	☑ Cognitive Behavioral Therapy
☑ PhD	☑ Mental Health & Substance Use Services	☑ Co-Occurring	☑ Dialectical Behavior Therapy
☑ MD	✓ Mental Health Evaluation	✓ Dementia	☑ Eye Movement Desensitization &
☑ CRNP	☑ Psychiatric Case Management	✓ Depression	Reprocessing
☑ PA-C	☑ Psychiatric Day Treatment	✓ Developmental Disabilities	✓ Family Counseling
✓ Nurse	☑ Psychiatric Rehabilitation Program Off-Site	☑ Hoarding Behaviors	☑ General Counseling
☑ APRN/PMH	✓ Psychiatric Rehabilitation Program On-Site	✓ Personality Disorders	☑ Group Counseling
	☑ Psychological Testing	Physical Disabilities	✓ Individual Counseling
	☑ Respite Care	☑ Post-Traumatic Stress Disorder	☑ Marriage Counseling
	☑ Substance Use Education/Prevention	✓ Schizophrenia	☑ Mental Health Support Groups
	☑ Substance Use Intervention Program	✓ Self-Injurious Behaviors	✓ Play Therapy
	☑ Substance Use Intensive Outpatient	☑ Substance Use/Dependence	☑ Psycho Educational Groups
	☑ Substance Use Outpatient	1	☑ Telepsychiatry/Telemental Health
Translator?	☑ Case Management	nity Behaviora	☑ Transcranial Magnetic Stimulation
Yes. Spanish, Hindi,	✓ Urgent Care Appointment	**************************************	(TMS)
Gujarati, and Urdu	✓ Veterans	S (CBH)	✓ Trauma Informed
Sujurun, and Ordu		"Challenge For Change"	

		Corsica	River Men	tal He	alth Services				
Dorchester: 403 High Street Cambridge, MD 21613		Phone: 443-225-5780 Fax: 443-225-5783			Hours of Operation: Admin/Billing: Mon. – Fri. 8:30am to 5pm		Email: CorsicaClinic@crm hsinc.com		
Queen Anne:	120 Banjo Lane Centreville, MD 21617	Phone: Fax (main):	410-758-2211 410-758-0698		rchester: Mon. – Thurs. 8:30 Fri. 8:30am to 4pm		Website: www.crmhsinc.com		
Talbot:	933 S. Talbot Street St. Michaels, MD 21663	Phone: Fax:	410-745-8028 410-745-0492	;	en Anne's: Mon - Thurs. 8:3 Fri. 8:30am to 4pm Talbot: Tue. 8am to 4:3	-	Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare, Private Insurance		
Caroline:	322 N. Main Street Federalsbury, MD 21632	Phone: Fax:	410-479-0511 410-754-6080		aroline: Tue. And Thurs. 8:3	•			
Providers:	Se	rvices:			Conditions Served:	Treatm	ent Modalities:		
☐ LCSW-C ☐ LCPC ☐ MD ☐ CRNP ☐ Nurse CORSICA RIVER Mental Health Services Salandary of Comments for Comments f	☐ Clinical Psychiatric☐ Crisis Intervention☐ Deaf Services☐ General Mental Hea☐ Mental Health & Su☐ Mental Health Eval☐ Mobile Treatment/A☐ Psychiatric Medicat☐ Substance Use Educ☐ Substance Use Inter☐ Substance Use Outp☐ Urgent Care Appoin☐ Veterans☐ Walk-in (registratio☐ Homeless Outreach☐ Targeted Case Mangers (1997)	alth Info/Edu ubstance Use uation & Tre ACT ion Services cation/Preve evention Proportient ntments n only)	Services eatment ntion	 ☑ Bipp ☑ Chr ☑ Co- ☑ Dep ☑ Hoa ☑ Pers ☑ Post ☑ Sch ☑ Self 	ciety/Phobias olar Disorder onic Mental Illness Occurring	☐ Behaviora ☐ Cognitive (CBT) ☐ Dialectica (DBT) ☐ Family Co ☐ General Co ☐ Individua ☐ Marriage ☐ Mental Ho Groups ☐ Play Ther ☐ Psycho Eo	Counseling I Counseling Counseling ealth Related Support apy ducational Groups hiatry/Telemental		

Dorchester County Wellness Center Program

Mailing Address / 3 Cedar Street

Admin Office: Cambridge, MD 21613

Phone: 410-228-3223 **Fax:** 410-901-8181

Website: www.dorchesterhealth.org

Hours of Operation:

Monday – Friday 8am to 5pm Payment Types Accepted: Grant Funds, Sliding

Scale Fee, Self-Pay,
Public Behavioral
Health, Medicare, Private
Insurance

Dover Behavioral Health Systems										
Georgetown	725 Horsepond Road Dover, DE 19901 404 S Bedford Street Georgetown, MD 19947	Fax: 302-741-85	140 / 855-609-9711 551 rbehavioral.com	Hours of Operation: 24 hours a day, 7 days a week		Payment Types Accepted: Self-Pay, Public Behavioral Health, Medicare, Private Insurance				
Providers:	Serv	vices:	Conditions S	erved:	Tı	reatment Modalities:				
✓ LCSW ✓ PhD ✓ MD ✓ PA-C ✓ Nurse ✓ APRN/PMH Translator?	☐ Clinical Psychiatric E☐ Detoxification☐ Hotline☐ Mental Health & Sub☐ Mental Health Evalua☐ Psychiatric Day Trea☐ Psychiatric Hospitalia☐ Substance Use Interv☐ Substance Use Inpati Capable (<30 days)☐ Substance Use Intens☐ Veterans☐ Walk-in☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	estance Use Services ation & Treatment tment zation ention Program ent Co-Occurring sive Outpatient	☑ ADHD ☑ Anxiety/Phobias ☑ Bipolar Disorder ☑ Brain Injuries ☑ Chronic Mental III ☑ Co-Occurring ☑ Dementia ☑ Depression ☑ Developmental Di ☑ Eating Disorders ☑ Hoarding Behavio ☑ Personality Disord ☑ Physical Disabiliti ☑ Post-Traumatic St ☑ Schizophrenia ☑ Self-Injurious Beh	sabilities rs lers es ress Disorder	☑ Beha ☑ Cogn (CBT) ☑ Fam ☑ Gay/Les Issues ☑ Geno ☑ Grou ☑ Indiv ☑ Men Groups ☑ Psyce	er Management Counseling avioral Treatment nitive Behavioral Therapy illy Counseling sbian/Bisexual/Transgender eral Counseling up Counseling vidual Counseling vidual Counseling tal Health Related Support the Educational Groups and Informed				

Eastern Shore Hospital Center								
P.O. Box 800 Fax: 410-221-2497		24 hours a da		ay,	Payment Types Accepted: Self-Pay, Public Behavioral Health			
	Services:	Conditio	ns Served:	T	reatment Modalities:			
CSW-C MSW thD General Mental Health Info/Education Geriatric Assessment		⊠ Bipolar Disor ✓ Chronic Ment ✓ Co-Occurring ✓ Depression ✓ Hoarding Bel ✓ Personality D ✓ Post-Traumat ✓ Schizophrenia ✓ Self-Injurious ✓ Sexual Disorce	der tal Illness taviors	✓ Art T ✓ Cogn (CBT) ✓ Gene ✓ Grou ✓ Indiv ✓ Ment Groups ✓ Pet A ✓ Psycl	r Management Counseling Therapy itive Behavioral Therapy ral Counseling p Counseling idual Counseling al Health Related Support assisted Therapy no Educational Groups ma Informed			
	Box 800 nbridge, MD 21613 ☐ Clinical Psychia ☐ Crisis Interventi ☐ General Mental ☐ Geriatric Assess ☐ Mental Health & ☐ Older Adult/Agi ☐ Psychiatric Case ☐ Psychiatric Hosp ☐ Psychiatric Med ☐ Psychological T ☐ Substance Use E	2 Woods Road Box 800 Box 800 Fax: 410-221-2300 / Fax: 410-221-2497 Website: www.health.ma Services: ☐ Clinical Psychiatric Evaluation ☐ Crisis Intervention ☐ General Mental Health Info/Education ☐ Geriatric Assessment ☐ Mental Health & Substance Use Services ☐ Mental Health Evaluation & Treatment ☐ Older Adult/Aging Issues ☐ Psychiatric Case Management ☐ Psychiatric Hospitalization ☐ Psychiatric Medication Services ☐ Psychological Testing ☐ Substance Use Education/Prevention	Phone: 410-221-2300 / 888-216-8110 Box 800 Box	Phone: 410-221-2300 / 888-216-8110 Hours of Oper 24 hours a data data data data data data data d	Phone: 410-221-2300 / 888-216-8110			

ESHC's mission is to serve citizens of the State of Maryland by providing the highest quality continuum of adult inpatient care, transitional mental health services, and forensic evaluations and treatment based on principles of recovery, wellness, and trauma informed care.

	Eastern Shore Psychological Services								
Kent:	315 High Street, Suite 201 Chestertown, MD 21620	Phone: Fax:	443-282-0102 / 0104 443-480-0121	Website: www.espsmd.com	Hours of Operation: Mon. – Thurs. 8am to 8pm, Fri. 8am to 6 pm,				
Talbot:	29520 Canvasback Drive Easton, MD 21601	Phone: Fax:	410-822-5007 410-822-5569	Email: infoprincessanne@espsmd.com	Sat. 8am to 4pm Payment Types Accepted:				
Wicomico:	1113 Healthway Drive Salisbury, MD 21801	Phone: Fax:	410-334-6961 410-334-6960	infoeaston@espsmd.com infosalisbury@espsmd.com	Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare, Private Insurance				

Providers:	Services:	Conditions Served:	Treatment Modalities:
☑ LCSW-C	☑ Clinical Psychiatric Evaluation	☑ ADHD	☑ Anger Management Counseling
☑ LCPC	☑ DUI Offender Programs	☑ Anxiety/Phobias	☑ Behavioral Treatment
☑ PhD	☐ General Mental Health Info/Education	☑ Bipolar Disorder	☑ Cognitive Behavioral Therapy (CBT)
☑ MD	☑ Mental Health & Substance Use Services	☑ Brain Injuries	✓ Death and Dying Counseling
☑ CRNP	☑ Mental Health Evaluation & Treatment	Chronic Mental Illness	☑ Emotionally Focused Therapy (EFT)
☑ LCADC	☑ Psychiatric Case Management	☑ Co-Occurring	✓ Family Counseling
☑ Addictions	☑ Psychiatric Medication Services	☑ Deaf and Hard of Hearing	☑ Gay/Lesbian/Bisexual/Transgender
Counselors	✓ Psychiatric Rehabilitation Program Off-site	☑ Dementia	Issues
	✓ Psychiatric Rehabilitation Program On-site	☑ Depression	☑ General Counseling
	✓ Psychological Testing	Developmental Disabilities	☑ Geriatric Counseling
	☑ Substance Use Education/Prevention	Hoarding Behaviors	☑ Group Counseling
	☑ Substance Use Intervention Program	Personality Disorders	✓ Individual Counseling
	☑ Substance Use Outpatient	Physical Disabilities	✓ Marriage Counseling
	✓ Veterans	☑ Post-Traumatic Stress Disorder	☑ Mental Health Related Support
		☑ Schizophrenia	Groups
		☑ Self-Injurious Behaviors	✓ Play Therapy
Turneleter		☑ Sexual Disorders	☑ Psycho Educational Groups
Translator?		☑ Substance Use/Dependence	☑ Sex Offender Counseling
No		_	☑ Trauma Informed / Trauma-Focused
110			CBT

ESPS provides psychotherapy, psychological evaluation, psychiatric assessment and medication management, addiction treatment, as well as family advocacy (PRP) services to children, adolescents, and adults in the Mid Shore area. The agency's licensed mental health providers offer individual, couples, family, and group therapy at our outpatient location and in all of the Talbot County public schools. Their interdisciplinary team can help with all mental health and substance use disorders, trauma reactions, and problems of living within a holistic framework.

	For All Seasons, Inc								
	114 M 1 4 G 4 G 5 207	DL	410 922 1019	Email:	Payment Types Accepted: Grant Funds,				
Caroline:	114 Market Street, Suite 207 Denton, MD 21629	Phone: Fax:	410-822-1018 410-479-0067	info@forallseasonsinc.org	Sliding Scale Fee, Self-Pay, Public				
Dorchester:	208 Cedar Street Cambridge, MD 21613	Phone: Fax:	410-822-1018 410-228-2529	Website: www.forallseasonsinc.org	Behavioral Health, Medicare, Private				
Kent:	516 Washington Avenue, Suite 4 Chestertown, MD 21620	Phone: Fax:	410-822-1018 410-778-7595	24/7 Hotline Number: 1-800-310-7273	Insurance, EAP, United Way				
Queen Anne:	141 Log Canoe Circle Stevensville, MD 21666	Phone: Fax:	410-822-1018 443-249-3237	410-829-6143 (Spanish Hotline and Text)					
	300 Talbot Street Easton, MD 21601	Phone: Fax:	410-822-1018 410-820-5884	Hours of Operation: Mon. – Thurs. 8am to 5pm	FOR ALL SEASONS				
Talbot:	8221 Teal Drive, Suite 427	Phone: 410-8 Fax: 410-6		Fri. 8am to 4:30pm M-F evenings and Saturdays by appointment only.	Behavarel Health & Repe Crass Center — help · hope · healing —				

Providers:	Services:	Conditions Served:	Treatment Modalities:
☐ LCSW-C ☐ LCPC ☐ LMSW ☐ LCPAT ☐ MD ☐ CRNP ☐ Nurse ☐ RN ☐ PMHNP-BC (Psychiatric & Mental Health Nursing) Translator? Yes. Spanish and Language Line	 ☑ Crisis Intervention ☑ DUI Offender Programs ☑ General Mental Health Info/Education ☑ Hotline – Sexual Assault/Rape Victims ☑ Mental Health & Substance Use Services ☑ Mental Health Evaluation & Treatment ☑ Mobile Crisis Stabilization Services (Youth) ☑ Psychiatric Medication Services ☑ Latino Programs and Groups ☑ School Based Mental Health ☑ Substance Use Outpatient ☑ Urgent Care Appointments ☑ Veterans ☑ Victims of Human Trafficking 	☑ ADHD ☑ Anxiety/Phobias ☑ Bipolar Disorder ☑ Chronic Mental Illness ☑ Co-Occurring ☑ Depression ☑ Eating Disorders ☑ Hoarding Behaviors ☑ Personality Disorders ☑ Post-Traumatic Stress Disorder ☑ Schizophrenia ☑ Self-Injurious Behaviors ☑ Sexual Disorders ☑ Substance Use/Dependence	 ☑ Anger Management Counseling ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Crime Victim/Witness Counseling ☑ Eye Movement Desensitization & Reprocessing (EMDR) ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender Issues ☑ General Counseling ☑ Group Counseling ☑ Individual Counseling ☑ Marriage Counseling ☑ Mental Health Related Support Groups ☑ Play Therapy ☑ Psycho Educational Groups ☑ Trauma Informed
1			

FAS is a private, not for profit, licensed outpatient mental health clinic offering a full continuum of outpatient mental health treatment with offices in Easton, Denton, Cambridge, Stevensville, and Chestertown. FAS also serves as the Sexual Assault/Rape Crisis Center, providing 24/7 Hotline, Advocacy and Crisis Counseling for child and adult victims of sexual violence. Many victim services are provided at no charge and mental health treatment is offered regardless of an individual's ability to pay. In these circumstances, FAS assists individuals in obtaining public insurance or accesses grants to cover treatment.

	Kent County Behavioral Health								
	00 Scheeler Road hestertown, MD 21620	Phone: 410-778-579 Fax: 410-778-739 Website: www.kenthe	Mon. – Thurs. 8 am to 6pm		Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare,				
Providers:	Ser	vices:	(Conditions Served:	Treatment Modalities:				
✓ LCSW-C ✓ MD ✓ Nurse ✓ CRNP ✓ PMH ✓ Translator?	✓ Clinical Psychiatric ✓ Crisis Intervention ✓ General Mental Hea ✓ Geriatric Assessmen ✓ Mental Health Evalue ✓ Older Adult/Aging ✓ Psychiatric Medicat ✓ Urgent Care Appoin ✓ Veterans	ulth Info/Education nt uation & Treatment Issues ion Services	□ Bipo □ Chro □ Co-C □ Dem □ Depo □ Eatir □ Hoar □ Perso □ Schi: □ Self-	ety/Phobias lar Disorder nic Mental Illness Occurring	 ✓ Anger Management Counseling ✓ Behavioral Treatment ✓ Cognitive Behavioral Therapy (CBT) ✓ Death and Dying Counseling ✓ Family Counseling ✓ Gay/Lesbian/Bisexual/Transgender Issues ✓ General Counseling ✓ Geriatric Counseling ✓ Group Counseling ✓ Individual Counseling ✓ Marriage Counseling ✓ Mental Health Related Support Groups 				

Lower Shore Clinic, Inc.									
	05 E. Main Street alisbury, MD 21804	Phone: Fax: Website:	410-341-3420 443-859-7774 410-341-3397 www.lowersh	(referral)	Hours of Oper Mon. and Thurs. 8a Tues. and Wed. 8a Fri. 8am to 4	m to 8pm, m to 5pm,	Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare		
Providers:	Providers: Services:		Cond	litions Served:	Treat	ment Modalities:			
✓ LCSW-C ✓ MD ✓ CRNP ✓ PA-C ✓ Nurse ✓ APRN/PMH	✓ Urgent Care Appointments✓ Veterans		 ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Depression ✓ Personality Disorders ✓ Post-Traumatic Stress Disorder ✓ Schizophrenia ✓ Self-Injurious Behaviors 		(CBT) ☑ Dialectica (DBT) ☑ Eye Move Reprocess ☑ General C ☑ Group The	Behavioral Therapy I Behavior Therapy ment Desensitization & sing (EMDR) ounseling erapy			
Translator?	lower shore		✓ Sexual Disorders✓ Substance Use/Dependence		✓ Family Co	Therapy			
Yes Lawer Share	Clinic's mission is to pro	linie	affactive on	d highly again	saible beelth ears through	✓ Psycho Ed✓ Telepsych	Counseling lucational Groups intry/Telemental Health		

Lower Shore Clinic's mission is to provide caring, effective, and highly accessible healthcare through evaluation, screening, referral, healthcare treatment, and community support to all the persons of the Eastern Shore of Maryland who seek services.

Marshy Hope Family Services, LLC								
	3-1 Chesapeake Dr. mbridge, MD 21613	Phone: Fax: Email: Web:	410-221-2266 410-221-2878 marshyhope@ www.marshyh	marshyhope.com ope.com	Hours of Ope Mon. – Thurs. 8a Fri. 8am to every other Sat. 8	am to 6pm, 5pm,	Payment Types Accepted: Sliding Scale Fee, Self- Pay, Public Behavioral Health, Medicare, Private Insurance	
Providers:	Se	ervices:	rvices: Conditions Served:			Trea	tment Modalities:	
✓ LCSW-C ✓ MD ✓ CRNP-PMH Translator?	☐ Clinical Psychiatri ☐ Mental Health Eva ☐ Psychiatric Medica ☐ MARSHY I ☐ FAMILY	lluation & Tation Servic	Freatment ces	✓ ADHD ✓ Anxiety/Phob ✓ Bipolar Disor ✓ Chronic Ment ✓ Depression ✓ Eating Disor ✓ Hoarding Belt ✓ Personality D ✓ Post-Traumat ✓ Schizophrenia ✓ Self-Injurious ✓ Sexual Disor	der tal Illness lers taviors isorders ic Stress Disorder tal Behaviors	☐ Behavion ☐ Cognitiv (CBT) ☐ Family C ☐ Gay/Les ☐ Issues ☐ General ☐ Group C ☐ Individu ☐ Marriage ☐ Play The	bian/Bisexual/Transgender Counseling Counseling ounseling al Counseling c Counseling	

			Rebirth, I	nc.			
	225 N Division St		Phone: 410-264-1441 Website: www.Rebirth4hope.or rebirth4hope@gmail.c				Payment Types Accepted: Grant Funds, Donations
Providers:		Servi	ces:	R	esources Provided:]	Resources Continued:
✓ Community Health Healthcare Major Translator? Yes. Haitian/Creole rebirth Inc	☐ Genera Informatio ☐ Job Sea ☐ Protect with Disab ☐ Substan	ilities	nt cacy for Individuals ucation/Prevention	Tech Supp V Radi licen Radi V O Educ treat V O Heal V A	Virtual School Innology Access Fort Center VRBY 100.5FM O Oasis: An FCC Ised community base O Station Ipioid Outreach Iteration, prevention, and Iment Isha / Workers I	the gap f Flag I annual c Proclama Backy school g Partner v Socce	oreting & translation: Bridging For people & orgs Day Heritage Celebration An ultural festival & Official ation packs Giveaway back to iveaway to low income & with County or Program children soccer family leisure, Partner with Parc

School-Based Locations

Mace's Lane Middle School:

1101 Maces Lane Cambridge, MD 21613 410-228-0973 Fax: 410-228-0513

North Dorchester High School:

5875 Cloverdale Road Hurlock, MD 21643 410-943-3316 Fax: 410-943-3397



North Dorchester Middle School:

5745 Cloverdale Road Hurlock, MD 21643 410-943-3275 Fax: 410-943-3397

Cambridge - South Dorchester High School:

2475 Cambridge Beltway Cambridge, MD 21613 410-228-3825 Fax: 410-228-7916

Providers:	Services:	Conditions Served:	Treatment Modalities:
☑ LCSW-C	✓ Acute Somatic Care	☑ ADHD	✓ Anger Management Counseling
☑ CRNP	☑ Crisis Intervention	☑ Anxiety/Phobias	✓ Art Therapy
☑ MD	✓ Mental Health Evaluation & Treatment	☑ Bipolar Disorder	☑ Behavioral Treatment
	✓ School Based Monitoring of Chronic Illness	☑ Chronic Mental Illness	☑ Cognitive Behavioral Therapy (CBT)
	✓ Urgent Care Appointments	☑ Co-Occurring	☑ Family Counseling
	☑ Walk-in	☑ Depression	☑ Gay/Lesbian/Bisexual/Transgender
		☑ Eating Disorders	Issues
		Hoarding Behaviors	☑ General Counseling
		☑ Personality Disorders	☑ Group Counseling
		☑ Post-Traumatic Stress Disorder	✓ Individual Counseling
Translator?		☑ Self-Injurious Behaviors	✓ Play Therapy
N.			☑ Psycho Educational Groups
No			☑ Trauma Informed

Additional mental health and support services are available in some elementary schools for children impacted by incarceration. Please call 443-521-1662 for eligibility criteria. Hours and staff availability at each Wellness Center vary, please call for more information. The program is administered by the Dorchester County Health Department in collaboration with Dorchester County Public Schools.

	Shore Behavioral Health								
Address:	dress: 300 Byrn Street Phone: 410-228-5511 Cambridge, MD 21613 Fax: 410-476-5105 Website: www.shorehea		5 24 hours a da		ay,	Payment Types Accepted: Self-Pay, Medicaid, Medicare, Private Insurance			
Providers:	S	ervices:	Conditio	ns Served:	Т	reatment Modalities:			
✓ LCSW-C ✓ LCPC ✓ PhD ✓ MD ✓ CRNP ✓ LCADC ✓ Nurse ✓ APRN/PMH	 ✓ Mental Health & ✓ Mental Health Intext. 2147 ✓ Psychiatric Emerging Psychiatric Hosping ✓ Psychiatric Medical P	aluation & Treatment Substance Use Services ensive Outpatient Therapy, gency Room Care talization, ext. 2112 eation Services utpatient and Intensive	☑ Schizophrenia	der ral Illness lers laviors isorders ic Stress Disorder	☐ Beha ☐ Cogn (CBT) ☐ Diale (DBT) ☐ Emot (EFT) ☐ Fami ☐ Gay/I Issues	r Management Counseling vioral Treatment itive Behavioral Therapy ctical Behavior Therapy ionally Focused Therapy ly Counseling Lesbian/Bisexual/Transgender			
Translator? Use telephone interpreter.	CHORE D	YoʻMaryland EGIONAL HEALTH	✓ Self-Injurious Behaviors✓ Sexual Disorders✓ Substance Use/Dependence		☑ Milie	idual Counseling u Therapy fulness Based Therapy hes			

SBH offers emergency room evaluations, inpatient mental health and dual diagnosis treatment, intensive outpatient treatment for both mental health and addictions issues, as well as outpatient individual addictions treatment.

SUN Behavioral Delaware

Address: Georgetown 21655 Biden Ave Georgetown, DE 19947

Phone: 302-604-5600 Fax: 302-450-1177

Website: www.sundelaware.com info@sundelaware.com Email:

Hours of Operation: 24 hours a day, 7 days a week

Payment Types Accepted: Self-Pay, Public Behavioral Health, Medicare, Private Insurance

Providers:	Services:	Conditions Served:	Treatment Modalities:
✓ LCSW ✓ PhD ✓ MD ✓ PA-C ✓ Nurse ✓ APRN/PMH Translator? No, we use a translator machine	✓ Adult Day Programs ✓ Clinical Psychiatric Evaluation ✓ Crisis Intervention ✓ Detoxification ✓ Mental Health & Substance Use Services ✓ Mental Health Evaluation ✓ Mental Health Evaluation & Treatment ✓ Psychiatric Day Treatment ✓ Psychiatric Hospitalization ✓ Psychiatric Medication Services ✓ Substance Abuse Education/Prevention ✓ Substance Use Intervention Program ✓ Substance Use Inpatient Co-Occurring Capable (<30 days) ✓ Substance Use Intensive Outpatient ✓ Veterans ✓ Walk-in	 ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Depression ✓ Personality Disorders ✓ Post-Traumatic Stress Disorder ✓ Schizophrenia ✓ Self-Injurious Behaviors ✓ Substance Use/Dependence 	 ☑ Art Therapy ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Dialectical Behavior Therapy (DBT) ☑ Emotionally Focused Therapy (EFT) ☑ Gay/Lesbian/Bisexual/Transgender Issues ☑ General Counseling ☑ Group Counseling ☑ Psycho Educational Groups ☑ Telepsychiatry/Telemental Health ☑ Trauma Informed

Upper Bay Counseling & Support Services								
Administration:	200 Booth Street Elkton, MD 21921	Phone:		96-5104 96-5197	Website: www.upperbay.org	Hours of Operation: Mon. – Thurs. 8am to 6pm, Fri. 8am to 3pm		
Cecil:	1275-B W. Pulaski Hwy. Elkton, MD 21921	Phone:		20-7161 20-7168	Email: info@upperbay.org	Payment Types Accepted: Grant Funds, Self-Pay, Public Behavioral Health, Medicare, Private Insurance		
Providers:	Services:			C	onditions Served:	Treatment Modalities:		
☐ LCSW-C ☐ LCPC ☐ PhD ☐ MD ☐ CRNP ☐ Nurse ☐ Psy.D. ☐ Translator?	✓ Adult Day Programs ✓ Clinical Psychiatric Evalua ✓ Crisis Intervention ✓ General Mental Health Info ✓ Mental Health & Substance ✓ Mental Health Evaluation & ✓ Mobile Treatment Team/A ✓ Psychiatric Medication Ser ✓ Psychiatric Rehabilitation I ✓ Psychological Testing ✓ Residential Rehabilitation I ✓ Supported Employment ✓ Urgent Care Appointments	o/Education c Use Servio & Treatmen CT vices Program On Program	t f-site	☐ Bipola ☐ Chron ☐ Co-Oo ☐ Depre ☐ Devel ☐ Eating ☐ Hoard ☐ Person ☐ Physic ☐ Post-1 ☐ Schize	ty/Phobias ar Disorder ic Mental Illness ccurring	 ☑ Anger Management Counseling ☑ Art Therapy ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Death and Dying Counseling ☑ Disability Related Counseling ☑ Eye Movement Desensitization & Reprocessing (EMDR) ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender Issues ☑ General Counseling ☑ Individual Counseling 		
Yes. Spanish					l Disorders ance Use/Dependence	 ✓ Marriage Counseling ✓ Play Therapy ✓ Psycho Educational Groups ✓ Trauma Informed 		

Warwick Manor Behavioral Health

 3680 Warwick Road
 Phone:
 410-943-8108

 East New Market, MD 21631
 Fax:
 410-943-3976

Address:

Website: www.warwickmanor.org

Hours of Operation:

MH: Mon., Wed., Fri. 8am to 5pm, Tues. and Thur. 8am to 7:30pm, weekend hrs. available as needed Payment Types
Accepted:
Self-Pay, Public
Behavioral Health,
Private Insurance

Providers:	Services:	Conditions Served:	Treatment Modalities:
✓ LCSW-C ✓ LMSW ✓ LCPC ✓ MD ✓ Nurse ✓ CRNP ✓ DO ✓ Addictions Counselors	✓ Ambulatory Detoxification ✓ Clinical Psychiatric Evaluation ✓ Crisis Intervention ✓ Detoxification ✓ General Mental Health Info/Education ✓ Hotline ✓ Mental Health & Substance Use Services ✓ Mental Health Evaluation & Treatment ✓ Psychiatric Medication Services ✓ Substance Use Education/ Prevention ✓ Substance Use Inpatient (<30 days) ✓ Substance Use Inpatient Co-Occurring Capable (<30 days) ✓ Substance Use Intensive Outpatient	☑ ADHD ☑ Anxiety/Phobias ☑ Bipolar Disorder ☑ Chronic Mental Illness ☑ Co-Occurring ☑ Depression ☑ Personality Disorders ☑ Post-Traumatic Stress Disorder ☑ Schizophrenia ☑ Substance Use/Dependence ☑ Trauma	
Translator?	 ✓ Substance Use Outpatient ✓ Substance Use Partial Hospitalization Program 	Behavioral Health, Inc.	✓ Marriage Counseling✓ Mental Health Related Support
No			Groups ☑ Mindfulness Based Therapy ☑ Motivational Interviewing ☑ Psycho Educational Groups ☑ Rational Emotive Behavioral Therapy ☑ Trauma Informed and Trauma Groups

Warwick Manor Behavioral Health (WMBH) specializes in co-occurring diagnosis and treatment and provides inpatient, PHP, IOP and outpatient services.

	Wo	rcester (County Health 1	Department	
Main Office:	6040 Public Landing Road P.O. Box 249 Snow Hill, MD 21863	Phone: Fax:	410-632-1100 410-632-5682	Website: www.worcesterhealth.org	Payment Types Accepted: Grant Funds, Self-Pay, Public Behavioral
Berlin Health Department:	9730 Healthway Drive Berlin, MD 21811	Phone: Fax:	410-629-0164 410-629-0185	Hours of Operation: Mon. – Fri. 8am to 5pm,	Health, Medicare, Private Insurance
Pocomoke Health Center:	400 Walnut Street Pocomoke City, MD 21851	Phone: Fax:	410-957-2005 410-957-2417	Evenings and Saturdays by appointment only, Pocomoke Health Center closed on Fridays.	orcester Health A shere line to good health.

☑ MD ☑ Detentions Center Case Management ☑ Chronic Mental Illness ☑ Death and Dying Counseling ☑ LCADC ☑ DUI Offender Program ☑ Co-Occurring ☑ Family Counseling ☑ Nurse ☑ Emergency Dept. Care Coordination ☑ Dementia ☑ Gay/Lesbian/Bisexual/Transgender ☑ Family Law Courts ☑ Dementia ☑ Gay/Lesbian/Bisexual/Transgender ☑ General Mental Health Info/Education ☑ Dementia ☑ Gay/Lesbian/Bisexual/Transgender ☑ Homeless Outreach ☑ Developmental Disabilities ☑ General Counseling ☑ Mental Health & Substance Use Services ☑ Hoarding Behaviors ☑ Geriatric Counseling ☑ Mental Health Evaluation & Treatment ☑ Personality Disorders ☑ Individual Counseling ☑ Narcan Education and Distribution ☑ Post-Traumatic Stress Disorder ☑ Marriage Counseling ☑ Personality Disorders ☑ Play Therapy ☑ Psychiatric Medication Services ☑ Sexual Disorders ☑ Psycho Educational Groups ☑ Psychiatric Rehabilitation Program Off-site ☑ Substance Use/Dependence ☑ Telepsychiatry/Telemental Health ☑ Schoolbased Therapy ☑ Substance Use Education/Prevention ☑ Trauma-Focused CBT		Worcester Coun	ty Health Department	
CPC	Providers:	Services:	Conditions Served:	Treatment Modalities:
Substance Use Intervention Program Substance Use Intensive Outpatient Substance Use Outpatient Urgent Care Appointments Veterans	✓ LCPC ✓ PhD ✓ MD ✓ LCADC ✓ Nurse Translator?	 ☑ Clinical Psychiatric Evaluation ☑ Crisis Intervention ☑ Detentions Center Case Management ☑ DUI Offender Program ☑ Emergency Dept. Care Coordination ☑ Family Law Courts ☑ General Mental Health Info/Education ☑ Homeless Outreach ☑ Mental Health & Substance Use Services ☑ Mental Health Evaluation & Treatment ☑ Narcan Education and Distribution ☑ Peer Support ☑ Primary Care Services ☑ Psychiatric Medication Services ☑ Psychiatric Mobile Response Teams ☑ Psychiatric Rehabilitation Program Off-site ☑ Psychiatric Rehabilitation Program On-site ☑ Schoolbased Therapy ☑ Substance Use Education/Prevention ☑ Substance Use Intervention Program ☑ Substance Use Intensive Outpatient ☑ Substance Use Outpatient ☑ Urgent Care Appointments 	 ☑ Anxiety/Phobias ☑ Bipolar Disorder ☑ Chronic Mental Illness ☑ Co-Occurring ☑ Dementia ☑ Depression ☑ Developmental Disabilities ☑ Eating Disorders ☑ Hoarding Behaviors ☑ Personality Disorders ☑ Post-Traumatic Stress Disorder ☑ Schizophrenia ☑ Self-Injurious Behaviors ☑ Sexual Disorders 	 ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Death and Dying Counseling ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender Issues ☑ General Counseling ☑ Geriatric Counseling ☑ Group Counseling ☑ Individual Counseling ☑ Marriage Counseling ☑ Play Therapy ☑ Psycho Educational Groups ☑ Sex Offender Counseling ☑ Telepsychiatry/Telemental Health

PRIVATE PROVIDERS

	A	mile Ai	under Counsenn	g, 111C.		
Main Office: Queen Anne's:	7310 Ritchie Highway, Suite 1009 Glen Burnie, MD 21061 633 Railroad Avenue Centreville, MD 21617 101 Log Canoe Circle, Suite C-3 Stevensville, MD 21666	Phone: Fax: Phone: Fax: Phone: Fax:	Use main fax	Em info@annearunde Web www.annearunde	lcounseling.com site:	Hours of Operation: Mon. – Fri. 8am to 9pm, Sat. 8am to 5pm Payment Types Accepted: Sliding Fee Scale, Self- Pay, Private Insurance
Providers:	Services:		Conditions	Served:	Treatn	nent Modalities:
✓ LCSW-C ✓ LCPC ✓ PhD ✓ CRNP ✓ LCADC Translator?	 ✓ Clinical Psychiatric Evaluation ✓ DUI Offender Programs ✓ General Mental Health Info/Edu ✓ Mental Health & Substance Use ✓ Mental Health Evaluation & Tre ✓ Older Adult/Aging Issues ✓ Psychiatric Medication Services ✓ Psychological Testing ✓ Substance Use Education/Preven ✓ Substance Use Intervention Programs ✓ Substance Use Outpatient ✓ Urgent Care Appointments ✓ Youth Development 	Services eatment nation gram lent	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Brain Injuries ✓ Chronic Mental I ✓ Co-Occurring Dis ✓ Dementia ✓ Depression ✓ Developmental D ✓ Eating Disorders ✓ Hoarding Behavic ✓ Personality Disor ✓ Physical Disabilit ✓ Post Traumatic S ✓ Schizophrenia ✓ Self Injurious Bel ✓ Sexual Disorders ✓ Substance Use/De	ors ders ties Disorder haviors		chavioral Therapy (CBT) m/Witness Counseling ying Counseling Behavior Therapy (DBT) ent Desensitization & g (EMDR) Focused Therapy (EFT) nseling //Bisexual/Transgender nseling unseling seling ionship Therapy ounseling unseling th Related Support Groups // cational Groups r Counseling

	Balance Point – Brig	hton Laznovs	sky, cht, lcadc, lcsw-c & 4	Ann H. Wilson, Lo	CSW-C
	08B North Washington Street aston, Maryland 21601	Fax: 410- Email: <u>b.laz</u>	786-2768 (B), 410-310-3403 (A) 770-7176 movsky@gmail.com nwilson@gmail.com	Hours of Operation: By appointment only	Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health
Providers:	Services	:	Conditions Served:	Treatmo	ent Modalities:
☑ LCSW-C ☑ LCADC	☐ Clinical Psychiatric Evi ☐ DUI Offender Program ☐ General Mental Health ☐ Mental Health & Substa ☐ Mental Health Evaluati ☐ Substance Use Educatio ☐ Substance Use Interven ☐ Substance Use Outpatio	Info/Education ance Use Services on & Treatment on/Prevention tion Program	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Co-Occurring ✓ Complex Trauma ✓ Depression ✓ Eating Disorders ✓ Hoarding Behaviors ✓ Mood Disorders ✓ Obsessive Compulsive Disorder ✓ Post Traumatic Stress Disorder ✓ Relationship Issues	☐ Cognitive Beha☐ Couples and Re☐ Equine Assisted 23) The Horse Inspi Center☐ Family Counsel☐ General Counsel☐ Group Counsel☐ ☐ Grief Counsel☐ ☐ Hypnotherapy	rling ng g
Translator?			✓ Self Injurious Behaviors✓ Sexual Disorders	✓ Individual Cour✓ Life Counseling	2
No			☑ Substance Use/Dependence	✓ Marriage Couns ✓ Parental Counse ✓ Psychotherapy	seling eling

A.1.1	N. H. '. C.		Whiting, LCSW-C			
Address: 3 N. Harrison St. Suite 200 Easton, MD 21601		Phone: 443-602-1269 Email: sashawhitingtherapy@gmail.com		Hours of Operation: By Appointment Only		Payment Types Accepted: Sliding Scale Fee, Self Pay, Private Insurance
Providers:	viders: Services:		Conditions Served:		T	reatment Modalities:
✓ LCSW-C Translator?	✓ Crisis Intervention ✓ General Mental Health Information/Education ✓ Mental Health and Sul Services ✓ Mental Health Evaluat ✓ Mental Health Evaluat ✓ Substance Abuse Outp ✓ Urgent Care Appointn ✓ Veterans	ostance Abuse ion ion & Treatment patient	 ☑ Chronic Mental Illness ☑ Co-Occurring ☑ Dialectical Behavior Therap ☑ ComplexTrauma ☑ Emotive Memory Desensiti ☑ Depression. ☑ Eating Disorders ☑ Hoarding Behaviors ☑ Hoarding Behaviors ☑ Mood Disorders ☑ Gay/Lesbian/Bisexual/Tran ☑ Issues 			oral Treatment we Behavioral Therapy (CBT) and Dying Counseling cal Behavior Therapy (DBT) be Memory Desensitization and ang (EMDR) ally Focused Therapy (EFT) Counseling
No	Bee We HOLISTIC HEALING & MENTAL I	B W HEALTH	 ✓ Post Traumatic Stre. ✓ Self Injurious Behav ✓ Sexual Disorders ✓ Substance Abuse/Do 	viors	☐ Geriatri ☐ Group (☐ Individu ☐ Marriag ☐ Mental ☐ Play Th ☐ Psycho ☐ Telepsy	c Counseling Counseling aal Counseling ge Counseling Health Related Support Grou

Kim Chase, LCSW-C **Hours of Operation:** 410-725-6965 Phone: Virtual Sessions Address: **Contact for information Payment Types Accepted:** By appointment only Email: Kimchase.associates@gmail.com Self Pay, Public Mental https://kimchase-lcswc.com Tue 9 am – Noon Web: Health (MA/Uninsured Wed 9 am -5 pm Eligible), Medicare Thurs 9 am - 5 pm**Providers: Services: Conditions Served: Treatment Modalities:** ☑ LCSW-C ☑ Mental Health Evaluation & Treatment ☑ Anxiety/Phobias ☑ Christian/Pastoral Counseling ☑ Chronic Mental Illness ☑ Cognitive Behavioral Therapy (CBT) ☑ Co-Occurring ☑ Death and Dying Counseling Depression ☑ General Counseling ☑ Post Traumatic Stress Disorder ☑ Geriatric Counseling ✓ Individual Counseling ☑ Telepsychiatry/Telemental Health Translator? ☑ Trauma Informed

No

	155 Log Canoe Circle Stevensville, MD 21666			Mon.	rs of Operation: . – Fri. Vary and opointment only	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private Insurance
Providers:	Se	ervices:	Conditions Served:		Treatmen	nt Modalities:
☑ LCSW-C ☑ PhD ☑ LCPC	✓ Mental Health Eva✓ Older Adults/Agin✓ Psychological Tes	Substance Use Services aluation & Treatment g Issues ting	 ✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Dementia ✓ Depression ✓ Developmental Disabilities ✓ Eating Disorders ✓ Personality Disorders ✓ Post Traumatic Stress Diso 		 ☑ Death and Dyir ☑ Family Counse ☑ Gay/Lesbian/B Issues ☑ General Counse ☑ Geriatric Counse ☑ Group Counsel 	atment atment atvioral Therapy (CBT) ag Counseling ling isexual/Transgender eling seling ing
Translator?	Psychol	apeake Bay ogical Services LLC	✓ Self Injurious Behaviors	order	✓ Individual Cou✓ Marriage Coun✓ Trauma Inform	seling

Chesapeake Bay Psychological Services provides a range of services for adults, adolescents, and children. They provide individual, couples and family therapy, psychological testing, consultation services for educational accommodations in grade school or college, and resolution of parenting differences. Please see their website for more information on their staff and areas of experience.

	Chesapeak	ce Counseling, LL(C – Catherii	ne Cripps, LCPC	C, LCP	AT
	6 Goldsborough Street ston, MD 21601	, MD 21601 Fax: 410-819-8832		Mon. – Thurs. 9am to ogytoday.com Fri. 9am to 12pm		Payment Types Accepted: Grant Funds, Sliding Fee Scale, Self Pay, Public Behavioral Health, Medicare, Private Insurance
Providers:	Providers: Services:		Condi	tions Served:		Treatment Modalities:
☑ LCPC ☑ LCPAT	✓ Offers a continuum Processing for ages ✓ Mental Health Eval ✓ Veterans		✓ ADHD ✓ Anxiety/Ph ✓ Depression ✓ Eating Disc ✓ Post Traun ✓ Self Injurio	orders natic Stress Disorder	☑ Beh ☑ Cog ☑ Eye ☑ Rep ☑ Fan ☑ Gay Issues ☑ Gen ☑ Gro	Therapy Lavioral Treatment Spritive Behavioral Therapy (CBT) Movement Desensitization & Processing (EMDR) Optionally Focused Therapy (EFT) Inity Counseling The Counseling
Translator?						ividual Counseling rriage Counseling
No					☑ Psy	cho Educational Groups uma Informed

		Chester River	r Behavioral H	lealth		
	ress: 952 Washington Avenue Chestertown, MD 21620 Phone: 410-778-5550 Fax: 410-778-0984 Website: www.chesterrive crbh@verizon.n			Mon. and The Tues. 9am to 8	f Operation: urs. 9am to 7pm, 8pm, Wed. 9am to . 9am to 5pm Payment Ty Accepted Self Pay, Med. Private Insura	
Providers:	Se	ervices:	Condition	s Served:	Treatmen	t Modalities:
☑ LCSW-C ☑ LCPC ☑ PhD ☑ LCADC	✓ Mental Health Eva ✓ Older Adults/Agin ✓ Pre-Employment F ✓ Pre-Surgical Evalu ✓ Private Drug Testi	Substance Use Services aduation & Treatment g Issues Evaluations nations ng vices for Cancer Patients ting vication/Prevention	☑ ADHD ☑ Anxiety/Phobi ☑ Bipolar Disord ☑ Co-Occurring ☑ Depression ☑ Eating Disorde ☑ Personality Dis ☑ Physical Disab ☑ Post Traumatic ☑ Self Injurious I ☑ Substance Use.	ers sorders ilities Stress Disorder Behaviors	✓ Anger Managen ✓ Behavioral Trea ✓ Cognitive Beha ✓ Death and Dyin ✓ Dialectical Beha (DBT) ✓ Eye Movement Reprocessing (I ✓ Family Counsel ✓ General Counse ✓ Group Counseli ✓ Hypnotherapy	atment vioral Therapy (CBT) g Counseling avior Treatment Desensitization & EMDR) ing di el
Translator?		alt Children of Alcoholics			✓ Individual Cour	C
Yes, Spanish						Related Support Groups

	J. D	avid Collin	is & Assoc	iates – J. Da	vid Collins, LCS	SW-C	
Dorchester:	828 Airpax Road Building B, Suite 300 Cambridge, MD 2161	Phone: Fax:			Website:		Payment Types Accepted:
Wicomico:	540 Riverside Drive, Suite 8 Salisbury, MD 21801	Phone: Fax:	410-548-3 410-548-3		www.jdavidcollins.com Hours of Operation: Mon. – Fri. 9am to 8pm,		Self Pay, Public Behavioral Health, Medicare, Private Insurance
Somerset:	30256 Mt. Vernon Ro Unit A Princess Anne, MD 21853	Phone: Fax:	410-548-3 410-621-5	Sat. 9am to 2pm		n	
Providers:		Services:	rvices: Condition		tions Served:		Treatment Modalities:
☑ LCSW-C	☐ Case Managen☐ Crisis Interven☐ DUI Offender☐ General Menta☐ Geriatric Asses☐ Mental Health☐ Mental Health☐ Substance Use☐ S	tion Program I Health Info/Edsement & Substance Use Evaluation & T Education/Prev Intervention Pr Intensive Outpo	se Services Treatment Vention Togram	✓ Eating Disc✓ Hoarding B✓ Personality✓ Physical Di✓ Post Traum	order ies ental Illness ing intal Disabilities orders sehaviors Disorders sabilities atic Stress Disorder us Behaviors	☑ Beh ☑ Cog ☑ Crir ☑ Dea ☑ Farr ☑ Gay Issues ☑ Gen ☑ Gro ☑ Indi	ger Management Counseling avioral Treatment gnitive Behavioral Therapy (CBT) me Victim/Witness Counseling th and Dying Counseling ability Related Counseling mily Counseling /Lesbian/Bisexual/Transgender meral Counseling iatric Counseling up Counseling vidual Counseling vidual Counseling rriage Counseling
Translator?				☑ Substance U	Use/Dependence		
No							

	Discovering Serenity Counseling Services, LLC									
Address:	208 Devon Dr. Chestertown, MD 21620	Phone: Fax:	443-331-4708 443-926-9597	Website: www.discoveringserenity.com Email: rdemattia@discoveringserenity.com Hours of Operation: By appointment only (Mon, Tue, Wed, Fri)	Payment Types Accepted: Private Insurance, Self Pay					
Provider:	Services:	Con	ditions Served:	Treament Modalitie	s:					
✓ LCSWC Translator: No	☑ Mental Health Evaluation/ Treatment	✓ Anxiety ✓ Depress ✓ Grief ✓ Bereave ✓ Stress	sion	 ☑ Behavioral Treatment ☑ Christian/Pastoral Counseling ☑ Cognitive Behavioral Therapy (CB' ☑ Death and Dying Counseling ☑ Disability Related Counseling ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender ☑ General Counseling ☑ Geriatric Counseling ☑ Individual Counseling ☑ Telepsychiatry/Telemental Health ☑ Trauma Informed 						

		G	J.W. Asso	ciates –	Gail J. Weisser	t, LCSW-C		
Address:	Denton, MD 21629 Fax: 410-479 Email: weissert Website: www.gv				Hours of Operation: Mon., Thurs. 8am to 5pm, Tues. and Wed. 8am to 9pm		Payment Types Accepted: Self Pay, Medicare, EAP Program, Private and Most Insurances	
Providers:		Ser	vices:		Condition	s Served:	Treat	ment Modalities:
☑ LCSW-C		✓ Mental Health Evalue ✓ Older Adults/Aging	Issues		✓ ADHD ✓ Anxiety/Phobia: ✓ Depression ✓ Eating Disorder ✓ Post Traumatic	s	☐ Behavioral ☐ Cognitive I ☐ Emotionall ☐ Family Cot ☐ General Cot ☐ Hypnothers	Behavioral Therapy (CBT) y Focused Therapy (EFT) unseling bunseling apy
Translator?							✓ Individual ✓ Marriage C	Counseling

	Harvesting Hope	Youth and Famil	y Wellness, INC	-Omeaka Ja	ckson, m.a., l	.CPC
Address: 204 Cedar Street, Suite 102 Cambridge, MD 21613 Phone: 443-351-48 Fax: 443-378-84 Website: www.harve					om, Tues. 1pm 10pm to 6pm,	Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health, Medicare, Private Insurance
Providers:	Ser	vices:	Conditions	s Served:	Trea	tment Modalities:
✓ LCPC Translator?	✓ Mental Health Evalue ✓ Mentoring/Mentor ✓ Parenting Groups ✓ Self Esteem Buildin ✓ Social Skills Groups ✓ Substance Use Educ ✓ Urgent Care Appoir ✓ Veterans ✓ Youth Development	abstance Use Services pation & Treatment Fraining Program g Groups scation/Prevention attments	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorde ✓ Bullying ✓ Co-Occurring D ✓ Depression ✓ Domestic Violet ✓ Post Traumatic S ✓ Substance Use/I ✓ Trouble Teens	r visorders nce Stress Disorder	✓ Art Therap ✓ Behavioral ✓ Christian/F ✓ Cognitive ✓ Crime Vic ✓ Death and ✓ General Co ✓ Group Cou ✓ Individual ✓ Marriage Co ✓ Mental He ✓ Parental Co ✓ Play Thera ✓ Psycho Ed ✓ Sandplay	Treatment Pastoral Counseling Behavioral Therapy (CBT) tim/Witness Counseling Dying Counseling ounseling counseling Counseling alth Related Support Groups ounseling py ucational Groups Therapy latry/Telemental Health

Harvesting Hope, Inc. is a youth and family services program sowing seeds of hope in the community. We work with a local high school to provide mentoring and peer leadership skills to the next generation of leaders and providing community-based training opportunities to local youth and families in partnership with local community agencies. Our Mission is to uplift the community by working in the community. Our youth are our greatest asset. When we invest in them, we invest in the future of our communities. Some people are born leaders while others need guidance and the tools to become leaders. Harvesting Hope, Inc. sow these seeds while our youth and community reap the benefits. When we invest in youth we invest in their family.

	17.	Huttins	on, lle ite	oceca matem	ison, Les We		
	8221 Teal Dr. Suite 429. Easton, MD 21602	Phone: Fax: Email:	410-253-2824 855-273-7002 r.hutchisonLL0	C@outlook.com	Hours of O _l Mon. 9am Tue. 12pm Wed. 8am Thurs. 8am Fri. by ap	to 5pm to 7pm to 5pm to 7pm	Payment Types Accepted: Self Pay, Public Behavioral Health, Private Insurance (limited)
Providers:	\$	Services:		Condition	ons Served:	Treat	ment Modalities:
☑ LCSW-C	☑ Crisis Interventio☑ General Mental F☑ Mental Health &	Intervention al Mental Health Info/Education al Health & Substance Use Services al Health Evaluation & Treatment		✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Depression ✓ Eating Disorders ✓ Personality Disorders		 ✓ Cognitive Behavioral Therapy (CBT) ✓ Gay/Lesbian/Bisexual/Transgender Issues ✓ General Counseling ✓ Individual Counseling ✓ Trauma Informed ✓ Trauma Focused CBT 	
Translator?				✓ Post Trauma✓ Schizophren	ntic Stress Disorder		
No				✓ Self Injuriou			

R. Hutchison, LLC d/b/a R. Hutchison Behavioral Health & Consultation Services seeks to provide mental health consultation, assessment, and treatment to people of all ages and cultural backgrounds. Targeted populations include, but are not limited to, trauma survivors and LGBTQ individuals/couples.

			Greens	TOOK IN	is incurvate at the				
Address:	Suite Anna 218 I Suite	npolis, MD 21401 N. Washington Street	Phone: Fax: Email: Web:				Operation: ri. 7am-7pm	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicaid, Medicare, Private Insurance	
Providers	s:	Serv	vices:		Conditions Ser	Conditions Served:		Treatment Modalities:	
✓ LCSW-C✓ Transcranial Magnetic Stimu✓ MD		tic Stimulati	ion			☑ Transcran	ial Magnetic Stimulation		

Greenbrook TMS is the nation's leading and most experienced provider of Transcranial Magnetic Stimulation (TMS) Therapy. Greenbrook TMS provides an FDA-cleared treatment for Major Depressive Disorder (MDD). Transcranial Magnetic Stimulation (TMS Therapy) is a safe and effective treatment for those diagnosed with MDD who have not experienced satisfactory relief with their antidepressant medication.

Translator?

and diagnoses with 1122 with first not emperiorised buildings of the annual enterpression incurrence.									
Martha Gale Tucker, LCSW-C									
Address:	104 Church Alley Chestertown, MD 21620		0-8414 8-2179 chesarch.com	Hours of Operatio Mon. – Thurs. 8am to Fri. – Sun. upon special	6pm,	Payment Types Accepted: Self Pay, Medicare, Public Behavioral Health, Private Insurance			
Providers:	Service	es:	Cor	nditions Served:		Treatment Modalities:			
☑ LCSW-C (over 20 years experience)	 ☑ Crisis Intervention ☑ General Mental Health ☑ Older Adult/Aging Issu ☑ Veterans 		✓ ADHD ✓ Anxiety/ ✓ Bipolar ✓ Depressi ✓ Develop ✓ Physical	Disorder on mental Disabilities	✓ Beh ✓ Cog ✓ Dea ✓ Diss ✓ Fan ✓ Gay	ger Management Counseling navioral Treatment gnitive Behavioral Therapy (CBT) th and Dying Counseling ability Related Counseling nily Counseling t/Lesbian/Bisexual/Transgender			
Translator?						neral Counseling			
No					⊻ Indi	ividual Counseling			

	✓ Marriage Counseling ✓ Play Therapy
	✓ Trauma Informed

Julie Parsons, LCSW-C									
Address:		5 Tred Avon Circle ton, MD 21601	Phone: Email: Web:		465 apy@gmail.com e4therapy.com	Hours of O Hours vary de client r	epending on	Payment Types Accepted: Self Pay, Private Insurance (Only accept Carefirst BCBS)	
Providers:		Se	rvices:		Conditions Se	rved:	Tı	reatment Modalities:	
☑ LCSW-C					☑ Anxiety/Phobias☑ Depression☑ Eating Disorders		✓ Emotion✓ Individu	we Behavioral Therapy (CBT) nally Focused Therapy (EFT) nal Counseling dynamic Psychotherapy	
Translator?									
No									

Address:	206	orth Harrison St Ste on, MD 21601	Phone: Email: Web:		2150 herapy.com Ptherapy.com	Hours of O	peration:	Payment Types Accepted: Self Pay, Medicaid, Private Insurance
Providers:		Se	rvices:		Conditions Se	rved:	T	reatment Modalities:
☑ LCSW-C		✓ Mental Health Eva	aluation & Tr	eatment	✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illn ✓ Depression ✓ Personality Disorde ✓ Post Traumatic Stre	r	☑ General☑ Individu☑ Marriag☑ Telepsy	ve Behavioral Therapy (CBT) Counseling Lal Counseling See Counseling Schiatry/Telemental Health Linformed
Translator?		THERA	PY		✓ Self Injurious Behav		E Hauma	mornied

	Valerie Lamont, PhD, LCPC										
Address:	Roc	N. Washington Street, Phone: 410-819-000 Fax: 410-819-000 Email: docval114@		001	Hours of Operation: Closed Monday and Tuesd Wednesday 9 to 3 Thursday. 9 to 3 Friday. 9 to 3 Saturday morning by appointment		Payment Types Accepted: Sliding Fee Scale, Self Pay, Private Insurance				
Providers:		Services:		C	Conditions Served:		Treatment Modalities:				
✓ LCPC ✓ PhD Translator?		 ✓ Career Counseling ✓ EAP Referrals ✓ Mental Health Evalue ✓ Life Stage Aging 	□ Anx □ Bipo □ Depr □ Perso		✓ Anxiety ✓ Bipolar ✓ Depres ✓ Person			 ☑ Anger Management Counseling ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Death and Dying Counseling ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender Issues 			
No							☑ (☑]	General Counseling Geriatric Counseling Individual Counseling Marriage Counseling			

Catherine Molz, LCSW-C									
Address:		S. Cross Street estertown, MD 21620	Phone: 410-778-0234 Fax: 410-778-2665		Hours of Operation: By appointment only		Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health,		
Mailing:		D. Box 193 orton, MD 21678	Website: Email:		therinewmolz.com ewmolz@msn.com			Medicare, Private Insurance	
Providers:		Serv	ices:		Conditions So	erved:	Tre	atment Modalities:	
☑ LCSW-C		☑ Mental Health Eval	uation & Tre	eatment	✓ ADHD ✓ Anxiety/Phobias ✓ Co-Occurring ✓ Personality Disord ✓ Post Traumatic Str		☐ Behaviora ☐ Cognitive ☐ Family Co ☐ General C	Behavioral Therapy (CBT) counseling	
Translator?					Fost Traumatic Su	css Disorder	✓ Individual ✓ Marriage ✓ Play Ther	Counseling	

Manuel L. Morales, PhD									
	116 Sout Piney Road Chester, MD 21619	Phone: Fax:			Hours of Operation: Tuesday and Thursday 3pm to 8pm		Payment Types Accepted: Sliding Fee Scale, Self Pay, Medicare, Private Insurance		
Providers:	So	Services:		Conditions Served:		Treatment Modalities:			
☑ PhD		✓ Psychological Testing		☑ ADHD☑ Anxiety/Phobias☑ Bipolar Disorder		☑ Behavioral Therapy☑ Cognitive Behavioral Therapy (CBT)			
Translator?				☑ Brain Inju☑ Depression					
Yes. Spanish		•			matic Stress Disorder				

Peace of Mind Mental Health Services

Address: 29315 Erickson Dr Easton, MD 21601

Phone: 410-690-8181 Fax: 410-690-8185

Website: www.peaceofmindmhs.com

Hours of Operation:

By appointment only Mon. – Thurs. 9am to 7pm, Fri. 9am Pay, Public Behavioral to 6pm, Sat. 9:30am to 3:30 pm

Payment Types Accepted:

Sliding Fee Scale, Self Health, Medicare, Private Insurance

Providers:	Services:	Conditions Served:	Treatment Modalities:
☑ LCSW-C ☑ MD ☑ CRNP ☑ LCPC	 ✓ Mental Health & Substance Use Services ✓ Mental Health Evaluation & Treatment ✓ Psychiatric Medication Services 	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Depression ✓ Developmental Disabilities ✓ Personality Disorders ✓ Perinatal Mood Disorder ✓ Post Traumatic Stress Disorder ✓ Schizophrenia ✓ Self Injurious Behaviors ✓ Sexual Disorders	☑ Anger Management Counseling ☑ Anixiety Treatment ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Couples Counseling ☑ Death and Dying Counseling ☑ Dialectical Behavior Therapy (DBT) ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender Issue ☑ Geriatric Counseling ☑ General Counseling
Translator?			✓ Individual Counseling
No			 ✓ Marriage Counseling ✓ Mental Health Related Support Groups ✓ Play Therapy ✓ Psycho Educational Groups ✓ Trauma Informed

Peace of Mind Mental Health Services started with a simple premise: Make available to every person the mental health resource needed to live a healthy life. Visit the web for more information and a current list of available therapists.

	Rhythmic Foundations, LLC – Amanda McEntegart, MT-BC										
Address:	Call for Information	Phone: Email: Website:	410-829-9281 info@rfmusictherapy.com www.rfmusictherapy.com	Hours of Operation: Call for information	Payment Types Accepted: Private Pay, LLC Network Provider						



Music therapy is the clinical and evidenced-based practice in which non-musical goals are achieved within a therapeutic relationship using various music interventions. Services are facilitated by a Board-Certified Music Therapist. Rhythm is the "organizer and energizer." Like a home that needs a strong foundation upon which to stand, or a tree's roots that must be firmly planted in the ground, rhythm helps to establish that strong foundation to begin to explore, express, and develop.

Rhythmic Foundations, LLC's goal is to provide that foundation for individuals to accomplish various goals in order to maintain and enhance quality of life.

Serves Caroline, Queen Anne's, and Talbot counties.

Project Chesapeake										
Address:	114 Market Street, Suite 103 Denton, MD 21629 34 Defense Street, Suite 100 Annapolis, MD 21401 5710 Ritchie Highway Brooklyn Park, MD 21225 202 Coursevall Drive, Suite 104 Centreville, MD 21617	Fax: 443-4	448-5070 448-5070 z.projectchesapeake.com	Hours of Operation Mon-Thurs 9 9:30pn Fri- 9:00am-C Sat & Sun - 0	on: 0:00am- n 3:00pm	Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health, Private Insurance				
Providers:	Services:		Conditions Ser	ved:		Treatment Modalities:				
✓ MD ✓ LCPC ✓ LMSW Translator?	 ☑ Clinical Psychiatric Evaluation ☑ DUI Offender Programs ☑ Mental Health & Substance Use Services ☑ Mental Health Evaluation & Treatment ☑ Methadone Maintenance ☑ Psychiatric Medication Services ☑ Psychiatric Rehabiliation Program Off-site & On-site ☑ Suboxone Maintenance/Therapy ☑ Substance Use Education/Prevention 		✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Co-Occurring Disorders ✓ Dementia ✓ Depression ✓ Personality Disorders ✓ Post Traumatic Stress Disorder ✓ Schizophrenia		✓ Cog ✓ Fan ✓ Ger ✓ Gro ✓ Indi	navioral Treatment gnitive Behavioral Therapy (CBT) nily Counseling neral Counseling oup Counseling ividual Counseling epsychiatry/ Telemental Health				
No	✓ Substance Use Outpatient & Is Outpatient	inensive	☑ Substance Use/Deper	idence		Project Chesadeake				

Shore Neurocognitive Health, LLC Beth Parker- Obrien, LCSW-c									
Address	29466 Pintail Drive#9 Easton, MD 21601	Phone: Fax: Website: Email:	443-746-3698 410-862-3013 snhealth.net bethpo@snhealtl	ı.net	Hours of Operat Mon-Thur. 8:00am-5 Friday 8:00am-12:0	5:00pm	Payment Types Accepted Self Pay, Medicare		
	Providers:	Sei	rvices:	Cor	nditions Served:	-	Treatment Modalities:		
☑ LCSW-C ☑ CRNP ☑ PsyD		☑ Older Adult	✓ Older Adult/ Aging Issues ✓ Psychological Testing ✓ ✓ ✓		✓ Anxiety/ Phobias ✓ Dementia ✓ Depression ✓ Hoarding Behaviors ✓ Personality Disorders ✓ Physical Disabilities ✓ PTSD		 ✓ Anger Management Counseling ✓ Behavioral Treatment ✓ Cognitive Behavioral Therapy (CBT) ✓ Death and Dying Counseling ✓ Family Counseling ✓ General Counseling ✓ Geriatric Counseling ✓ Group Counseling 		
<u></u>	Franslator?						ridual Counseling		
	No						riage Counseling ho Education Groups		
	ng in dementia and anxiety and organizations, assists i								

	Brenda C. Scribner, MD									
	S. Hanson Street, Suite 5 ston, MD 21601			-9262	Monday	Operation: – Friday o 4:30pm	Payment Types Accepted: Self Pay, Sliding Scale Fee (for pregnant and postpartum women)			
Providers: Services:			Conditions Served:		Tre	Treatment Modalities:				

Providers:	Services:	Conditions Served:	Treatment Modalities:	
✓ MD Translator? No	 ✓ Clinical Psychiatric Evaluation ✓ Mental Health Evaluation & Treatment ✓ Private Psychotherapy ✓ Psychiatric Medication Services ✓ Private Psychotherapy 	 ☑ ADHD ☑ Anxiety/Phobias ☑ Bipolar Disorder ☑ Co-Occurring Disorders ☑ Depression ☑ Eating Disorders ☑ Mood Disorders ☑ Obsessive Compulsive Disorder ☑ Post Traumatic Stress Disorder ☑ Relationship Issues ☑ Sexual Disorders ☑ Substance Use Disorders 	 ✓ Anger Management Counseling ✓ Cognitive Behavioral Therapy (CBT) ✓ Couples Therapy ✓ Death and Dying Counseling ✓ Eye Movement Desensitization & Reprocessing (EMDR) ✓ Family Counseling ✓ Individual Counseling ✓ Life Counseling ✓ Parent Counseling 	

Kaitlin M. Waldrip, LCSW-C										
	21601 Email: <u>kwaldrip@gc</u>		<u>weaston.net</u> Mon. – Tues. 8an		Payment Types Accepted: Sliding Scale Fee, Self Pay, Private Insurance					
Providers: Services:			itions Served:	ment Modalities:						
		 ☑ Bipolar Dia ☑ Depression ☑ Eating Disc ☑ Personality ☑ Post Traun ☑ Relationsh 	sorder orders Disorders atic Stress Disorder ip Issues	 ☑ Behavioral ☑ Cognitive E ☑ Crime Victi ☑ Death and I ☑ Eye Moven Reprocessing 	Behavioral Therapy (CBT) im/Witness Counseling Dying Counseling nent Desensitization & ng (EMDR) n/Bisexual/Transgender unseling					
				✓ Individual (✓ Marriage C	ounseling					
	✓ Mental Health Ev	E. Earle Avenue aston, MD 21601 Phone: 443-786-007 Email: kwaldrip@gc Website: www.kwaldr Services:	E. Earle Avenue aston, MD 21601 Phone: 443-786-0073 Email: kwaldrip@goeaston.net Website: www.kwaldriptherapy.com Services: Cond Mental Health Evaluation & Treatment Private Psychotherapy Anxiety/Pf Bipolar Disc Depression Eating Disc Personality Post Traun Relationshi	E. Earle Avenue aston, MD 21601 Phone: 443-786-0073 Email: kwaldrip@goeaston.net Website: www.kwaldriptherapy.com Services: Conditions Served: Mental Health Evaluation & Treatment Private Psychotherapy ADHD Anxiety/Phobias Bipolar Disorder Depression Eating Disorders Personality Disorders Post Traumatic Stress Disorder Relationship Issues	E. Earle Avenue aston, MD 21601 Phone: 443-786-0073 Email: kwaldrip@goeaston.net www.kwaldriptherapy.com Mon Tues. 8am to 9pm, Thurs. 10am to 9pm, Fri. 8am to 5pm Mon Tues. 8am to 5pm					

The Visiting Counselor, Lisa May LCSW-C										
Address Fede	office vicite)		unselor@gmail.com tingcounselor.com	Hours of C Mon-Fri by app		Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Medicare				
Providers:	S	ervices:	Condition	s Served:	ent Modalities:					
✓ LCSW-C ✓ CT - Grief Translator?	☑ General Mental F Information/Educatio ☑ Geriatric Assessn ☑ Mental Health Ev	on	☑ Depression☑ Physical Disabil☑ Post Traumatic		☑ Death and D	ounseling				
140	No House calls for individuals and their families dealing with chronic or terminal illness.									

Paul J. Washo, LCSW-C										
Address: Mailing Physical	MD 2 770 P	Port Street, Easton, oday.com		-8758 erapists.psychologyt	Mon, Thurs. 8	Operation: 8:00am-5:00pm :00pm- 8:00pm	Payment Types Accepted Self Pay, Employee Assistance Program (EAP)			
Provide	Provider Services:			Condtions Served:		Treatment Modalities:				
☑ LCSW-C		☑ General Mental	Health Education	n	☑ Anxiety/Phobias		☑ Behavioral Treatment			
		✓ Mental Health 1	Evaluation	raluation		☑ Bipolar Disorder		☑ Cognitive Behavioral Therapy (CBT)		
		☑ Veteran Service	es							
					☑ Depression	pression		/Transgender Issues		
					☑ Personality Disord	ders	☑ Individual C	ounseling		
					☑ Physical Disabilities		☑ Marriage Co	unseling		
Translat	or?				☑ PTSD		☑ Grief and Grieving Issues			
No					☑ Schizophrenia	☑ Schizophrenia				
110					☑ Self- Injurious Behaviors					

EQUINE ASSISTED THERAPY

			Bridg	ges at Worthmore			
	O Still Pond Road on, MD 21678	Phone: Website: Email:	410-708-8973 <u>www.bridgesatv</u> <u>bridges21678@</u>		Mon. – Sat	Operation: . 8am to 7pm, am to 3pm	Payment Types Accepted: Grant Funds, Self Pay
Providers:		Services:		Conditions Ser	ved:	Tr	eatment Modalities:
 ✓ P.A.T.H. Certified Professionals ✓ EAGALA Certified Teams ✓ LCPC ✓ LCADC ✓ LCSW-C Translator?	☑ General Ment ☑ Therapeutic R ☑ Youth Develo	Liding	fo/Education	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Brain Injuries ✓ Chronic Mental Illn ✓ Co-Occurring ✓ Dementia ✓ Depression ✓ Developmental Disa ✓ Personality Disorder ✓ Physical Disabilities ✓ Post Traumatic Stree ✓ Schizophrenia ✓ Self Injurious Behav ✓ Sexual Disorders ✓ Substance Use/Depo	abilities rs s ss Disorder viors	☑ Behaviora ☑ Cognitive Therapy ☑ E Assisted Ther ☑ Trauma In ☑ Therapeut Horsemanship	Equine/ Pet rapy aformed ic

Bridges is the therapeutic arm of Worthmore Equestrian Center. Founded in 2004, Bridges supports individuals experiencing learning, developmental and emotional challenges in the mid-Atlantic region. Therapies are customized to meet a person's individual needs beginning with and individualized assessment and development of a goal oriented program.

Over Fences, LLC

Address: 8845 Teal Point Road

Easton, MD 21601

Glendale 30485 Matthewstown Road Easton, MD 21601

Royal 6448 Patridge Lane Oak Farm: Royal Oak, MD 21162

Farm:

Phone: 410-878-7820 410-770-7176 Fax:

Email: annehwilson@gmail.com **Hours of Operation:**

Monday - Friday 9am to 5pm

Payment Types Accepted: Grant Funds, Sliding Fee Scale, Self Pay, MD Choices Provider

Providers:	Services:	Conditions Served:	Treatment Modalities:
☑ LCSW-C	 ✓ Equine Assisted Psychotherapy ✓ Equine Assisted Learning ✓ Mental Health & Substance Use Services ✓ Veterans 	 ☑ ADHD ☑ Anxiety/Phobias ☑ Bipolar Disorder ☑ Chronic Mental Illness ☑ Co-Occurring ☑ Depression ☑ Hoarding Behaviors ☑ Personality Disorders ☑ Post Traumatic Stress Disorder 	 ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Death and Dying Counseling ☑ Family Counseling ☑ Gay/Lesbian/Bisexual/Transgender Issues ☑ General Counseling ☑ Group Counseling ☑ Individual
Translator?		✓ Self Injurious Behaviors	Counseling
No		✓ Substance Use/Dependence	✓ Marriage Counseling

The Horse Inspired Growth & Learning Center Inc. was established in 2005 for the purpose of providing an ethical, powerful resource for improving lives. After researching certification programs for equine assisted therapy/learning they chose EAGALA www.eagala.org because of its worldwide support of professionals working in the field of Equine Assisted Psychotherapy and Learning.

Equine Assisted Psychotherapy and Learning can address any issue related to mental health such as, but not limited to, depression, anxiety, PTSD, mood disorder or relationship issues. The staff has worked extensively with clients who have experienced or witnessed trauma in their lives as a result of physical, sexual or emotional abuse.

	203 Chipmans Lane deralsburg, MD 21632	Phone: Website: Email:	410-754-914 www.idylwi thevisitingco		Hours of C Mon. – Fri. 4 Sat. 9am		Payment Types Accepted: Grant Funds, Sliding Fee Scale, Self Pa
Providers:	Ser	vices:		Conditions S	Served:	Tr	reatment Modalities:
✓ LCSW-C ✓ P.A.T.H. Certified Instructors Translator? No	✓ Mental Health Evalue ✓ Older Adult/Aging ✓ Substance Use Outp ✓ Therapeutic Riding ✓ Vocational Education	Issues patient	atment	✓ ADHD ✓ Anxiety/Phobias ✓ Aspergers ✓ Bipolar Disorder ✓ Chronic Mental II ✓ Co-Occurring ✓ Dementia ✓ Depression ✓ Developmental Ti ✓ Personality Disor ✓ Post Traumatic St ✓ Schizophrenia ✓ Self Injurious Bel ✓ Sensory Processin ✓ Substance Use/De	rauma ders cress Disorder naviors ng	CBT) Death and Dialectica Equine/Pe Family Co General C Geriatric C Group Co Individual Marriage C Pet Assist Play Thera	counseling Counseling unseling Counseling Counseling Counseling ed Therapy apy ic aship/Adventure

Lisa May is a PATH (Professional Association of Therapeutic Horsemanship) International registered instructor offering outdoor Experiential and Equine Therapy, which often is successful with disorganized, hard to reach, withdrawn, aggressive, minimally verbal individuals, and trauma survivors.

Talbot Special Riders, Inc.									
Address:	Easton, MD 21601	Phone: 443-239-4963 or 410-673-7450 Website: www.talbotspecialr		lriders.org	Hours of Opera Monday – Satu various times AM	rday	Payment Types Accepted: Grant Funds, Self Pay, Sliding Fee		
Timber Grove Farm:	6292 Statum Road Preston, MD 21655	En	nail: <u>tsrhopkins@gmail</u>	l.com			Scale, Scholarships		
Providers:	Services:		Condit	ions Served:			Treatment Modalities:		
✓ P.A.T.H. Certified Instructors Translator?	☑ Therapeutic Riding☑ Veteran Services		 ✓ ADHD ✓ Anxiety/Phobias ✓ Brain Injuries ✓ Chronic Mental Illness ✓ Co-Occurring 	 ☑ Depression ☑ Developmental Disabilities ☑ Personality Disorders ☑ Physical Disabilities ☑ Veterans 		Therapy	ne/Pet-Assisted ☑ Hippotherapy upational Therapy		

Founded in 1981, Talbot Special Riders in Preston, Maryland has been a leader in therapeutic horseback riding, enhancing the lives of people who are "special". TSR is a certified member of PATH, Professional Association of Therapeutic Horsemanship International. The program's overall goal is to build confidence, self-esteem, and a sense of accomplishment. We work on coordination and spatial relationships as well as stretching and strengthening exercises. Our goal is to build confidence, self-esteem, and a sense of accomplishment, increase attention span, and develop the ability to take, understand, and follow directions. We conduct both group riding sessions with our certified instructors and one-on-one Hippotherapy sessions with our occupational therapist.

	Talisman Therapeutic Riding (TTR)										
Address: 172 Blue Ribbon Lane Grasonville, MD 21638 Mailing 300 Talisman Farm Circle P.O. Box 300 Grasonville, MD 21638 Phone: Website: Email:		Website: www.t	39-9400 <u>alismantherapeuticriding.org</u> <u>y@talismantherapeuticriding.com</u>	Hours of Operation: Mon. – Fri. 9am to 6pm, Sat. 9am to 1pm		Payment Types Accepted: Grant Funds, Self Pay, Scholarship Assistance					
Providers:	Providers: Services:		Conditions Served:	d: Trea		tment Modalities:					
✓ P.A.T.H. Certified Instructors Translator?	☑ Therapeutic Riding☑ Youth Developme☑ Veterans	9	 ✓ ADHD ✓ Anxiety/Phobias ✓ Developmental Disabilities ✓ Psychical Disabilities ✓ Post Traumatic Stress Disorder 	er	✓ Art Therapy ✓ Family Counseling ✓ Equine/Pet-A Therapy ✓ Hip ✓ Occupationa	potherapy					
No		PEUTIC RIOT			✓ Physical The ✓ Play	rapy					
Talisman offers	equine assisted activities	and learning, which	include therapeutic riding and Hipp	ootherapy	to children and ad	ults with physical,					

Talisman offers equine assisted activities and learning, which include therapeutic riding and Hippotherapy to children and adults with physical, cognitive, social, behavioral, and emotional conditions / disabilities. We are a PATH (Professional Association of Therapeutic Horsemanship) International registered center and a 501(c)(3) and instructors are nationally certified in therapeutic riding; therapists are licensed in the state of Maryland. Volunteers and horses are carefully selected and trained for their roles. Talisman's mission is to partner with the horses to positively and permanently change the mind, body, and spirit of clients/ riders.

Substance-Related Disorders & Addiction Services

Anne Arundel Counseling, Inc.									
Main Office: Queen Anne's:	7310 Ritchie Highway, Suite 1009 Glen Burnie, MD 21061 633 Railroad Avenue	Phone: Fax: Phone:	410-768-5988 410-768-5989 Call main #	Email: info@annearundelcounseling.com Website: www.annearundelcounseling.com	Hours of Operation: Mon. – Fri. 8am to 9pm, Sat. 8am to 5pm				
	Centreville, MD 21617 101 Log Canoe Circle, Suite C-3 Stevensville, MD 21666	Fax: Phone: Fax:	Use main fax Call main # Use main fax		Payment Types Accepted: Sliding Fee Scale, Self Pay, Private Insurance				
* For a full listing of services, please see page 20 *									

A.F. Whitsitt Center										
300 Scheeler Road Fax: 41		410-778-64 410-778-70 www.kentl	002	Hours of Operation: 24 hours a day, 7 days a week		Payment Types Accepted: Grant Funds, Medicaid, Self Pay, Private Insurance				
Providers:	Services:		Cond	itions Served:	,	Treatment Modalities:				
✓ LCSW-C ✓ MD ✓ CRNP ✓ LMSW ✓ CAC-AD ✓ ADT ✓ Nurse ✓ RN ✓ LPN ✓ DCA ✓ CHOW ✓ Peers Yes. Spanish (on-call)	 ☑ Crisis Intervention ☑ Crisis Residential T. and Stimulant Use Disc ☑ Detoxification ☑ Withdrawal Manage ☑ MAT ☑ Telepsychiatry ☑ General Mental Hea ☑ Mental Health & Su ☑ Mental Health Evalo ☑ Clinical Psychiatric ☑ Psychiatric Medicati ☑ Substance Use Inpat ☑ Substance Use Inpat ☐ Capable (<30 days) ☑ Substance Use Inpat ☐ Capable (>30 days) ☑ Veterans ☑ Limited Physical Di 	ment Ith Info/Eduction & Tre Evaluation from Services Event (<30 date of the control of the con	cation Services atment ys) curring	✓ Substance ✓ Telepsychia	sorder ies ing isabilities na Stress Disorder Use/Dependence	☐ Fam ☐ Gay/ Issues ☐ Grou ☐ Indiv ☐ MAT ☐ Inter ☐ Geno ☐ Peer ☐ Exer ☐ Solu ☐ Cogr ☐ Moti	avioral Treatment ily Counseling /Lesbian/Bisexual/Transgender eral Counseling up Counseling vidual Counseling fractive Groups der Specific Groups Support			

Crisis Opiate Beds (COB) are federally funded (SOR) residential crisis beds to assist adults stabilizing from an Opiate Use and Stimulant Use Disorder. We can admit 24/7 and the stay is up to 4 nights at which time we can initiate MAT and implement a transfer to treatment or develop an aftercare plan prior to discharge

	Balance Point – Brighton Laznovsky, CHT, LCADC, LCSW-C								
Address:	408B North Washington Street Easton, Maryland 21601	Phone: Fax: Email:	443-786-2768 410-770-7176 <u>b.laznovsky@gmail.com</u>	Hours of Operation: By appointment only	Payment Types Accepted: Sliding Fee Scale, Self Pay, Public Behavioral Health				
	* F	or a full l	isting of services, please se	e page <u>21</u> *					

Care Coordination								
Talbot County 410-819-5602	Care coordinators offer resource management support to individuals with substance related disorders. There are care coordinators in each county health department that can assist with: funding/connection with housing, transportation, employment, etc. Caroline County 410-479-8189							
Dorchester County 410-228-7	714 ext. 108	Queen Anne's County 410-758-1306	County 443-282-4911					

		Caroline Cou	ınty Behavioral	Health		
	South 7th Street con, MD 21629	Fax: 41	0-479-1882 0-479-4918 .carolinehd.org	Hours of Oper Monday – Fr 8am to 4:30	riday	Payment Types Accepted: Medicaid, Self Pay
Providers:	Ser	vices:	Conditions	Served:		Treatment Modalities:
☑ LCADC ☑ LCSW-C ☑ CAC-AD ☑ CSC- AD Translator?	□ DWI Offender Prog □ Jail Based Substance □ Substance Use Educe □ Substance Use Outp □ Narcan Trainings or □ Care Coordination I □ Tele-Medicine □ Walk-in □ School-based Mental Education □ Care Coordination □ Care Coordination □ Case Management	e Use Treatment cation/Prevention patient n-site Referral Services	 ☑ Co-Occurring ☑ Substance Use I ☑ Opioid Use Disc ☑ Pregnant Wome ☑ Veterans 	order	✓ Gene ✓ Indiv ✓ Subo ✓ Fam ✓ Med	nitive Behavioral Therapy (CBT) eral Counseling vidual Counseling oxone Program ily Counseling ication-Assisted Treatment (MAT) ile Treatment Unit - MAT

	Chester River Behavioral Health										
Address:	952 Washington Avenue Chestertown, MD 21620	Phone: Fax: Website: Email:	410-778-5550 410-778-0984 www.chesterriverbehavioral.com crbh@verizon.net	Hours of Operation: Mon. and Thurs. 9am to 7pm, Tues. 9am to 8pm, Wed. 9am to 6pm, Fri. 9am to 5pm	Payment Types Accepted: Self Pay, Medicare, Private Insurance						
	* For a full listing of services, please see page 23 *										

	Community Behavioral Health										
Dorchester:	426 Dorchester Avenue Cambridge, MD 21613	Phone: Fax:	844-224-5264 888-509-0010	Hours of Operation:	Payment Types Accepted:						
Kent:	401 South Cross Street Chestertown MD	Phone: Fax:	844-224-5264 888-509-0010	Mon. – Thurs. 8am to 6pm, Fri. 8am to 5pm, Sat. please call	Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance						
Queen Anne:	142 Coursevall Drive Centreville, MD 21617	Phone: Fax:	844-224-5264 888-509-0010	Email: info@communitybehavioralhealth.net	Website: www.communitybehavioralhealth.net						
Wicomico:	809 & 821 Eastern Shore Dr. Salisbury, MD 21804	Phone: Fax:	844-224-5264 888-509-0010								

Addictions Services: Patients with co-occurring disorders can expect a drug and alcohol clinic, individual and group addictions counseling, outpatient mental health therapy, and psychiatric medication management.

* For a full listing of services, please see page 9 *

Corsica River Mental Health Services										
Caroline:	322 N. Main Street Federalsbury, MD 21632	To make an appointment, please call any of the following numbers:	Hours of Operation:	Email: CorsicaClinic@crmhsinc.co m Website:						
Dorchester:	403 High Street Cambridge, MD 21613	443-225-5780 410-758-2211	Caroline: Tue. And Thurs. 8:30am-5pm Dorchester: Mon. – Thurs. 8:30am to 5pm,	www.crmhsinc.com Payment Types Accepted:						
Queen Anne:	120 Banjo Lane Centreville, MD 21617	410-745-8028	Fri. 8:30am to 4pm Queen Anne's: Mon - Thurs. 8:30am to ±, Fri. 8:30am to 4pm	Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Private Insurance						
Talbot:	933 S. Talbot Street St. Michaels, MD 21663	Main Fax: 410-758-0698	Talbot: Tue. 8am to 4:30pm, Wed. by appt. only Admin/Billing: Mon. – Fri. 8:30am to 5pm	CORSICA RIVER Mental Health Services Subsidiary of Consumals, Inc.						

* For a full listing of services, please see page 10 *

Dorchester County Behavioral Health – Addictions Programs (DCAP)										
Address: 524 Race Street Cambridge, MD 21613 Phone: Fax: Website : 410-228-7 410-228-8 www.dord			Hours of Operation: Mon. – Thurs. 8am to 8pm, Fri. 8am to 5pm		Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private and Most Insurances					
Providers:	Services:		Conditions	Served:		Treatment Modalities:				
☑ CSC/CAC	 ☑ DUI Offender Program ☑ General Mental Health Info/Education ☑ Substance Use Education/Prevention ☑ Substance Use Intensive Outpatient ☑ Substance Use Outpatient 		☑ Co-Occurring☑ Substance Use/D	ependence	☑ G ☑ G	Cognitive Behavioral Therapy (CBT) General Counseling Group Counseling Individual Counseling Grauma Informed				
Translator?	✓ Veterans ✓ Walk-in									

DCAP provides assessments, referrals, client education, and outpatient treatment for those identified as having some form of alcohol or other drug use issue. These services emphasize the importance of a thorough assessment to determine if an individual is abusing or dependent on alcohol or other drugs.

	Dover Behavioral Health Systems									
Address:	725 Horsepond Road Dover, DE 19901	Phone: Fax: Website:	302-741-0140 / 855-609-9711 302-741-8557 www.doverbehavioral.com	Hours of Operation: 24 hours a day, 7 days a week	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private Insurance					
	* For a full listing of services, please see page 11 *									

	Hudson Health Services										
Address: 1505 Emerson Avenue Salisbury, MD 21801 Phone: 410-219-900 Fax: 410-742-704 Email: info@hudson www.hudson		3 24 hours a da -health.org 7 days a wee		ay,	Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Private Insurance						
Providers:	Services:			Condit	ions Served:	Т	reatment Modalities:				
✓ MD ✓ PhD ✓ CRNP ✓ LCSW-C ✓ RN ✓ LPN ✓ CAD-AD ✓ CSC-AD ✓ ADT ✓ Peer Support	☐ Case Management ☐ Detoxification ☐ Discharge Planning ☐ Employment Readi ☐ Life Skills Training ☐ Partial Hospitalizati ☐ Substance Use Inpa ☐ Substance Use Inpa ☐ Capable (<60 days) ☐ Recovery Housing ☐ ☐ Clients in Recovery ☐ Vocational Training ☐ Residential Treatmed ☐ Transitional Housing	ness ion tient (<60 da tient Co-Occ for Substance g	curring	100150	ing Use Disorders Hudson Health Services, Inc.	 ✓ Family ✓ Group ✓ Individed ✓ Matrix ✓ Peer S ✓ Psychology ✓ Relaps ✓ Recov 	nerapy tive Behavioral Therapy (CBT) y Counseling of Counseling dual Counseling of Model ational Enhancement support of Educational Groups see Prevention rery Support Groups puetic Drumming				

Hudson Health Services provides residential treatment for Substance-Use Disorders and other co-occurring disorders in Salisbury, Maryland. The private, non-profit is licensed by the State of Maryland and accredited by The Joint Commission. The organization also operates recovery housing in Georgetown, Delaware and in Salisbury, Maryland

	J. David Collins & Associates – J. David Collins, LCSW-C								
Dorchester:	828 Airpax Road Building B, Suite 300 Cambridge, MD 21613	Phone: Fax:	410-901-1333 410-901-1366	Website: www.jdavidcollins.com	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private				
Wicomico:	540 Riverside Drive, Suite 8 Salisbury, MD 216801	Phone: Fax:	410-548-3333 410-548-3341	Hours of Operation: Mon. – Fri. 9am to 8pm, Sat. 9am to 2pm	Insurance				
* For a full listing of services, please see page <u>24</u> *									

Mailing P.O. Box 123 Address: Easton, MD 21601 2324 West Zion Rd. Salisbury Suite 112 Address: Salisbury, MD 21801 Cambridge 514 Poplar Street Address: Cambridge, MD 21613 8737 Brooks Drive. **Easton** Suite 108 Address: Easton, MD 21601

 Phone:
 (800) 867-2395

 Fax:
 (410) 443-0842

 Website:
 www.lewcinc.org

 Email:
 lewcinc@lewcinc.org

Life's Energy Wellness Center, Inc.

Hours of Operation:

Monday – Friday

8 am – 8 pm

Saturday - by Appointment

Sunday - Closed

Payment Types Accepted: Grant Funds, Sliding Fee Scale, Medicaid, Medicare, Public Mental Health (MA/Uninsured Eligible), Self Pay, Private Insurance, Care First, Blue Cross Blue Shield, Aetna

Providers:	Services:	Conditions Served:	Treatment Modalities:
☑ LCSW-C ☑ MD ☑ LCPC ☑ PhD ☑ CRNP ☑ PsyD ☑ LGADC ☑ CAC-AD ☑ CSCAD ☑ ADT	 ☑ Detoxification ☑ DUI Offender Programs ☑ Ex-Offender Reentry Programs ☑ Homeless Outreach ☑ Medication Assisted Treatment ☑ Mental Health and Substance Abuse Services ☑ Mental Health Evaluation ☑ Mental Health Evaluation & Treatment ☑ Pyschiatric Case Management ☑ Psychiatric Medication Services 	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Brain Injuries ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Dementia ✓ Depression ✓ Developmental Disabilities ✓ Eating Disorders ✓ Hoarding Behaviors	 ✓ Anger Management ✓ Art Therapy ✓ Behavioral Treatment ✓ Christian/Pastoral Counseling ✓ Cognitive Behavioral Therapy (CBT) ✓ Crime Victim/Witness Counseling ✓ Death and Dying Counseling ✓ Dialectical Behavioral Therapy (DBT) ✓ Disability Related Counseling ✓ Emotive Memory Desensitization
Translator?	✓ Psychiatric Rehabilitation Program Off-	✓ Personality Disorders	and Reprocessing (EMDR)
Yes. Spanish, Korean	site/Onsite ✓ Substance Abuse Education/Prevention ✓ Substance Abuse Intervention Program ✓ Substance Intensive Outpatient ✓ Substance Abuse Outpatient ✓ Targeted Case Management ✓ Urgeent Care Appointments ✓ Veterans ✓ Vocational Education ✓ Youth Development ✓ Walk-in	 ✓ Post Traumatic Stress Disorder ✓ Schizophrenia ✓ Self Injurious Behaviors ✓ Sexual Disorders ✓ Substance Use/Dependence 	☐ Family Counseling ☐ Gay/Lesbian/Bisexual/Transgender Issues ☐ General Counseling ☐ Geriatric Counseling ☐ Individual Counseling ☐ Marriage ☐ Mental Health Related Support Groups ☐ Play Therapy ☐ Psycho Educational Groups ☐ Sex Offender Counseling ☐ Telepsychiatry/Telemental Health ☐ Trauma Informed

LIfe's Energy Wellness Center in is a 501 (c) 3 non-profit organization, CARF accredited and licensed by Maryland Behavioral Health Administrations integrated outpatient mental health clinic and substance use disorder facility providing caring and compassionate person centered, family centered care that promotes wellness.

	Lower Shore Clinic, Inc.									
Address:	505 E. Main Street Salisbury, MD 21804	Phone: Fax: Website:	410-341-3420 410-341-3397 www.lowershoreclinic.org	Hours of Operation: Mon. and Thurs. 8am to 8pm, Tues. and Wed. 8am to 5pm, Friday 8am to 4pm	Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare					
		* For a fu	ll listing of services, please	see page <u>14</u> *						

Maryland Center of Excellence on Problem Gambling

THE MARYLAND CENTER of EXCELLENCE on PROBLEM GAMBLING

1-800-426-2537

Website: www.mdproblemgambling.com

For most people gambling is a form of entertainment. Many, if not most people, do not realize that gambling may pose the same risk as alcohol and other drugs for becoming an addiction. A gambling addiction can have the same devastating consequences as alcohol and drug addictions, destroying families, finances, careers, and lives. For some people, the desire to gamble becomes so strong it overtakes moral values and results in crimes to obtain more money for gambling. As a gambling problem develops, it becomes more and more devastating, potentially evolving into a crisis impacting family members and friends. It is very important to get help as soon as possible as this condition escalates rapidly even resulting in incarceration and suicide. The Center's 24/7 free and confidential helpline is a great way to start getting help. Call *1-800-GAMBLER*.

Maryland QUITline



1-800-QUITNOW (784-8669) It's free. It's confidential. It works.

Visit: www.SmokingStopsHere.com or www.mdquit.org.

Methadone Maintenance



Chesapeake Treatment Services

402 Marvel Court Easton, MD 21601 410-822-7150

Website: www.chesapeaketreatmentservices.com

Hours: Mon. - Fri. 5:30am to 2:00pm, Sat. 5:30am to 8:30am

CTS offers Suboxone and daily doses of methadone and provide affordable care in a respectful and welcoming environment for individuals who are suffering with the disease of addiction.

BNJ Health Services

505 Dutchmans Lane, B-2 Easton, MD 21601 410-763-9040 Fax: 410-763-9041

Hours: Mon. - Fri. 5am to 11am, Sat. 6am to 9:30am

BNJ offers methadone maintenance, counseling, and referrals

Narcotics Anonymous

Narcotics Anonymous Hotline: 1-800-317-3222



Mid Shore:

Mid-Shore Intergroup: P.O. Box 643 Easton, MD 21601 410-822-4226

Email: info@midshoreintergroup.org **Website**: www.midshoreintergroup.org

East of the Bay NA:

P.O. Box 30 Queenstown, MD 21658 1-800-317-3222

Website: www.eastofthebayna.org

Lower Shore:

Ocean Gateway Area of NA: P.O. Box 2740 Salisbury, MD 21802 410-548-0894

Email:

oceangatewayarea@gmail.com Website: www.ogana.org

Queen Anne's County Health Department – Alcohol and Drug Abuse Services								
	05 N. Liberty Street Centreville, MD 21617	Phone: 410-758-1306 410-758-2133 Website: www.qahealth.org	Hours of Operation: Monday – Friday 8am to 4:30pm	Payment Types Accepted: Self Pay				
Providers:		Services:	Conditions Served:	Treatment Modalities:				
☑ LCADC ☑ CSC-AD	`	nt, Treatment, and Medication	☑ None	☑ None				
Translator?	Treatment)							

Recovery in Motion – Kent County Health Department

300 Scheeler Road Chestertown, MD 21620 410-778-5895

Website: www.kenthd.org



Recovery in Motion offers a wide range of services that provide our community with the tools to increase their wellbeing. Support includes individual & group counseling, behavioral health education/prevention, peer support and care coordination to assist persons in recovery with behavior and addiction issues. Visit their website for the monthly schedule of meetings and activities. Other services include 1-on-1 peer support, job search assistance, computer skills, prevention/education, recovery housing, and support groups.

Recovery for Shore

RECOVERY FOR SHORE

219 S. Washington Street Easton, MD 21601

Email: recoveryforshore@gmail.com or sdundon@shorehealth.org

Recovery for Shore is a Mid Shore group that promotes the right and resources to recover through advocacy, education and demonstration of the power and proof of long-term recovery. Look for Recovery for Shore on Facebook!

Shore Behavioral Health

Dorchester: 300 Byrn Street

Cambridge, MD 21613

Talbot: 219 S. Washington Street

Easton, MD 21601

Phone: 410-228-5511, ext.5452

410-476-5105 Fax:

410-822-1000 ext. 5452 Phone:

Website: www.shorehealth.org

Hours of Operation: Mon. – Fri. 8am to 5pm, Evening IOP

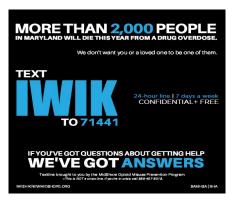
Payment Types Accepted: Self Pay, Public Behavioral Health. Medicare, Private Insurance

* For a full listing of services, please see page 16 *

Substance Abuse and Mental Health Services Administration (SAMHSA)



5600 Fishers Lane Rockville, MD 20857 1-877-SAMHSA-7 (726-4727) Website: www.samhsa.gov



SAMHSA is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance use and mental illness on America's communities.

Talbot County Health Department - Alcohol and Drug Services (TCAP)							
Address:	100 S. Hanson Street Easton, MD 21601	Phone: Fax: Website:	410-819-5600 410-819-5691 www.talbothealth.org	Monda	Operation: y – Friday o 4:30pm	Payment Types Accepted: Grant Funds	
Providers:	Services:				Cond	itions Served:	
☑ N/A	☑ Care Coordination		☑ Narcan Program		☑ Substance U		
Translator?	✓ Peer Support✓ Substance Use Education/Prevention		 County Navigator for Pregnant Women/ Women with Children 		☑ Co-Occuring	g S	
Yes. Spanish	✓ Substance Use Education/Prevention Women with Children ✓ Tobacco Cessation ✓ Buprenorphine Initiative /Refer			Referral			

Talbot Partnership									
	712 Glebe Road, Suite 5 ston, MD 21601	Phone:	410-819-8067	Email: Website:		partnership.org partnership.org	Hours of Operation: Mon. – Fri. 8am to 3pm		
Providers:	Services:					Conditions Served:			
☑ N/A		☑ Substance Use Education/Prevention					✓ Adolescent Substance Use/		
Translator?	✓ Life Coaching for Youth ages 11 to 21 ✓ Emotion Coaching for Parents/Guardians/Caregivers Dependence						PARTNERSHIP		
Talbot Partnership helps kids feel better, do better, fit in and have fun – without drugs.									

Warwick Manor Behavioral Health							
Address:	3680 Warwick Road East New Market, MD 21631	Phone: Fax: Website:	410-943-8108 410-943-3976 www.warwickmanor.org	Hours of Operation: 24 Hours Admission by Appointment	Payment Types Accepted: Self Pay, Public Behavioral Health, Private Insurance		
* For a full listing of services, please see page 17 *							

Worcester County Health Department							
Main Office:	6040 Public Landing Road P.O. Box 249 Snow Hill, MD 21863	Phone: Fax:	410-632-1100 410-632-5682	Website: www.worcesterhealth.org	Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private		
Berlin Health Department:	9730 Healthway Drive Berlin, MD 21811	Phone: Fax:	410-629-0164 410-629-0185	Hours of Operation: Mon. – Fri. 8am to 5pm, Evenings and Saturdays by	Insurance		
Pocomoke Health Center:	400 Walnut Street Pocomoke City, MD 21851	Phone: Fax:	410-957-2005 410-957-2417	appointment only, Pocomoke Health Center closed on Fridays.	Health A shore line to good health		
* For a full listing of services, please see page 19*							

RECOVERY CENTERS

ARC – The Active Recovery Center of Hope

4514 Preston Road Preston, MD 21655

Mailing Address:

Mailing Address:

410-754-4299 **Hotline:**

arcofhope21632@gmail.com Email:



HOURS

Thursdays - 7:00PM until 9:00PM

Celebrate Recovery

First Church of God 101 Bloomingdale Ave, Federalsburg

Saturdays - 6:30PM until 8:00PM **Hope Beyond Hope**

Greater New Hope Church & Ministries 4514 Preston Road, Preston

An active collaboration effort of community partners (Greater New Hope Church & Ministries, First Church of God, Men for Change and Rebirth) working to increase access to prevention, treatmentreferrals and recovery support services in Caroline County, MD.

At ARC you will find: Prevention Activities, Treatment Referrals, and Recovery Support. Peer Support Services. Free transportation for prevention activities. Referred treatment and recovery support program appointments. NARCAN and Substance Use 101 training.

Avenues Recovery Center at Eastern Shore

821 Fieldcrest Rd

Cambridge, MD 21613

410 673 4600 **Hotline:** 410-673-4800 Fax: 888-683-0333

Toll Free: admissionsesmd@avenuesrecovery.com Email: https://avenuesrecoverymaryland.com/l

Website: ocations/eastern-shore-drug-rehab-

detox-center/

Payment Types Accepted:

Anthem, BCBS, Carefirst, Cigna · DE, Highmark · DE, Medicaid, Johns Hopkins, MD Medicaid, UMR · United Healthcare,

Tricare

Hours of Operation

24 Hours Admission by Appt



Avenues Recovery Center offers the most patient-centered clinical treatment available. The Avenues Recovery team is exceptionally qualified for the most at risk and vulnerable, staffed with full-time physicians, psychiatrists, and licensed counselors. Our case managers will address any legal, family, or FMLA complications, and most of all focus on workforce reentry.

About our facility:

- 60 day residential and outpatient treatment programs
- Dual diagnosis treatment program
- Withdrawal management
- Sprawling campus with state of the art 104 bed facility
- Gender specific wings
- Licensed therapists and counselors
- Co-occurring disorder treatment: Managing substance use and mental health
- Individual and group therapies including family counseling
- Mindfulness-based relapse prevention program
- Yoga, Meditation and Outdoor activities
- Personal and Professional Relationship management Workshops
- Skills Groups
- Psychoeducational Training
- Workforce Re-entry Education

DRI-Dock Recovery and Wellness Center						
Address: 524 Race St.	Phone:	410-228-3230	Hours of Operation:	Payment Types Accepted: Free Services		
Second Floor Cambridge MD 21613	Fax:	410-228-7086	Monday — Friday 8am to 6pm	Free Services		
	Website:	www.dri-dock.org				

The Dorchester Recovery Initiative (DRI), in conjunction with Chesapeake Voyagers, Inc., promotes personal recovery for all, no matter what path one takes to recovery. They also help to strengthen the recovery community and the services and structures that help folks get and stay in recovery worldwide! They are there for those seeking help for mental health, co-occurring, and addictions concerns.

Services with in Dri-Dock Recovery and Wellness Center but not limited to;

- Peer Support
- Peer Support Groups
- Referrals to Inpatient Treatments
- Referrals to Outpatient Treatments
- Referrals to Community Resources
- Limited Internet Access
- Narcan Training
- State Care Coordination Services
- HIV/HVC Services

Maryland Addiction Recovery Center								
Address:	8600 LaSalle Road Carroll Building, Suite 212	Phone: Fax:	410-773-0500 410-773-0501	Hours of Operation: Monday – Friday	Payment Types Accepted: Private Insurance, Self Pay			
	Towson, MD 21286	Email: Website:	info@marylandaddictionrecovery.com www.marylandaddictionrecovery.com	8am to 9pm				

Maryland Addiction Recovery Center provide a safe, caring and therapeutic environment for those suffering from drug and alcohol addiction. We offer patients and their families a customized, individualized and patient-centered treatment approach that promotes long term recovery and provides the tools necessary to reconstruct their lives free from alcohol and drugs. Services include opiate detox, IOP/Outpatient Treatment, adolescent treatment, family and individual counseling, PHP and community living treatment, vocational/life skills training, drug assessments, evaluations, and interventions.

Chesapeake Voyagers

Website:

www.chesapeakevoyagers.org

Email:

dianelane@chesapeakevoyagers.org

Chesapeake Voyagers Inc. (CVI) is a Peer Support Wellness & Recovery Center which is a place where adults experiencing difficulty with mental health and/or addiction can connect with others who have similar life experiences, learn about wellness and recovery, receive one on one and group peer support and have fun – all for free! CVI serves residents in all five Mid-Shore counties at various locations. They offer a safe and comfortable environment where you can make friends who will become like family to you. They are open to EVERYONE! No referral, insurance or specific diagnosis is needed to attend. Stop by or call to learn more.

* For a full listing of services and locations, please see page 53 *

The Nielson Center

205 North Liberty Street Centreville MD Phone: 1-410-758-1306

Website: https://health.maryland.gov/qahealth/substance-abuse/Pages/Substance_Abuse.aspx

The Addictions Treatment and Preventions Services offer assessments; individual, group, and family counseling; referrals and prevention services for adults. Since alcoholism and drug addiction are chronic, progressive, potentially fatal diseases, a personal commitment with the support of community resources helps individuals and their families in this lifelong recovery process.

The following services are available:

- Adult Assessment
- Referrals to other resources
- Individual and group counseling
- Alcohol and another drug education
- Family counseling
- Co-occurring disorder referrals
- Treatment planning
- Recovery groups/after care groups
- Breathalyzer testing
- Urinalysis
- Speakers bureau
- Intervention and assistance
- Video loan library
- Awareness campaigns
- Resource materials for individuals/organizations
- Technical assistance for community prevention projects
- Alcohol, tobacco, and other drug education workshops
- Underage drinking prevention

^{*}Fees are based on ability to pay

Recovery in Motion

125 South Lynchburg Street Chestertown, MD 21620 Telephone: 410-778-1350 Fax: 410-778-6119

Website: http://kenthd.org/adult-health/addictions/recovery-in-motion/

Offers a wide range of services that provide our community with the tools to increase their well-being. Support includes individual & group counseling, behavioral health education/prevention, peer support and care coordination to assist persons in recovery with behavior and addiction issues. 1-on-1 peer support is available Monday and Friday by appointment only. Contact Lindy Schrader 443.480.2376 to schedule an appointment.

* For more info, see on page 41 & 54 *



Certified Recovery Houses

County	Recovery House
Caroline:	Riverside Rentals, LLC
	www.liveatriversiderentals.com
Dorchester:	Dorchester County
	The Gratitude House
	Owner, Sara Rissolo
	Contact: sara.realslow@gmail.com
	<u>443-618-0296</u>
	Awaken Recovery Foundation
	(For Women Only)
	Owner, Ashley Rogers & Sean Baker
	Contact: ashleyrogers@awakenrecovery.org &
	seanbaker@awakenrecovery.org
	http://www.awakenrecovery.org/
	410-762-9977
Kent:	Mission House, Inc.
	Owner, Chrissy Chisolm
	Contact: missionhousechestertown@gmail.com
	<u>516-314-8460</u>
	Humble House Recovery
	Humble House Recovery, All About Improvement, Inc.
	Owner, Jeremy Savin
	Contact: <u>humblehouserecovery@gmail.com</u>
	<u>410-562-7111</u>
	New Heights, LLC
	Owner, Steven Jones
	Contact, stevenj020386@gmail.com

	<u>410-441-1435</u>
Queen Anne's:	Mission House, Inc. Owner, Chrissy Chisolm Contact: missionhousechestertown@gmail.com 516-314-8460 Oxford House Barry Stuart, Outreach Services Email: barry.stewart@oxfordhouse.org 240-457-2094
Talbot:	Humble House Recovery Humble House Recovery, All About Improvement, Inc. Owner, Jeremy Savin Contact: humblehouserecovery@gmail.com 410-562-7111
	Foundations Recovery House LLC Owner, Tabitha Groce Contact: info@foundationsrecoveryhouse.com 240-626-4933
	Gratititude Behavioral Health The Gratitude House The Gratitude House for Women The Gratitide House II Owner, Sara Rissolo Contact: sara.realslow@gmail.com 443-618-0296

Support Services

PSYCHIATRIC REHABILITATION PROGRAMS

Psychiatric Rehabilitation Services facilitate the individual's recovery and develop or restore an individual's independent living and social skills, including the individual's ability to make decisions regarding self-care management of illness, life, work, and community participation; and promote the use of resources to integrate the individual into the community. Services may be provided in an on-site facility, or in a setting most conducive to promoting the participation of the individual in community life.

		Chanr	nel Marker, 1	Inc.		
Administrative Office:	8865 Glebe Park Drive, Unit 1 Easton, MD 21601	Dhonos	410-822-4619 410-822-0984			
	508 Kerr Avenue Denton, MD 21629	Phono	410-479-2318 410-820-0124	Email: cmarker@channelm	arker.org	Payments Accepted: Grant Funds, Self Pay, Public Behavioral Health
Caroline:	613 S. 5 th Avenue Denton, MD 21629	Phono	410-479-0240 410-479-0250	Website: www.channelmar	ker.org	Channel Marker
Dorchester:	420 Dorchester Avenue Cambridge, MD 21613	Phone	410-228-8330 410-221-6459	Hours of Opera Monday – Fri 8am to 5pn	day	MENTAL HEALTH AND MELINGS SUPPORT
Talbot:	8865 Glebe Park Drive, Unit 2 Easton, MD 21601	Hav.	410-822-4611 410-822-6186			Building Trust, Hope: and Dignity
Providers:	Services:		Condi	tions Served:	T	reatment Modalities:
✓ LCSW-C ✓ Health Home Nurse ✓ Psych Rehab Staff	Services: Adult Day Programs Clinical Group Practice General Mental Health Info/Education Health Home Services Job Search/Placement Mental Health & Substance Use Services Psychiatric Rehabilitation Program Off-		✓ ADHD ✓ Anxiety/Pl ✓ Bipolar Di ✓ Chronic M ✓ Co-Occurr ✓ Depression ✓ Personality	nobias sorder ental Illness ing	☑ Menta Groups	al Health Related Support no Educational Groups
Translator? Use language line	Site ✓ Psychiatric Rehabilitation Proceedings ✓ Residential Rehabilitation Proceedings ✓ Supported Employment ✓ Transitional Age Youth (TA) ✓ Vocational Education ✓ Youth Development	rogram	☑ Schizophre			

Channel Marker, Inc. is a non-profit organization serving the Caroline, Dorchester, and Talbot county communities since 1982. Established and licensed as a psychiatric rehabilitation program, the organization has worked toward reducing the stigma of mental illness and providing programs to enhance the functioning of individuals with psychiatric disorders. Channel Marker creates a healthy Mid-Shore community by providing mental illness treatment and prevention programs, wellness support, and community services to individuals and their families. The agency provides a variety of support services in independent living skills, social skills, coping strategies, and health promotions to clients with serious mental illness such as major depression, bi-polar disorder, mood disorders, ADHD, and schizophrenia, as well as co-occurring substance-related disorders. Channel Marker, Inc. operates day, residential, health home, vocational, clinical group practice, and community support services in all three counties for adults. Channel Marker also has community support services in Dorchester, Talbot and Caroline counties for youth and adolescents.

		Child	ren's Choice				
Queen Anne: Wicomico:	1563 Postal Road, Suite 3B P.O. Box 535 Chester, MD 21619 230 Florida Avenue	Fax: 41	www.childrens 410-643-9293 Hours of Op Mon. – Fri. 8:30a		Website: www.childrenschoice.org Hours of Operation: Mon. – Fri. 8:30am to 4:30pm		
	Salisbury, MD 21801	Fax: 41	0-219-2640				
Providers:	Services:	Conditions Served:		ns Served:	Treatment Modalities:		
☑ LCSW-C	 ✓ Psychiatric Rehabilitation Pro ✓ Respite Care ✓ Treatment Foster Care 	gram Off-Site	✓ ADHD ✓ Anxiety/Phob ✓ Bipolar Disor ✓ Chronic Ment ✓ Depression ✓ Development:	der tal Illness	☑ General Cou	resoling PENCHOCE	
Translator?			☑ Hoarding Beh	naviors			
No			✓ Personality D✓ Physical Disa✓ Post Traumat				

	Community Behavioral Health								
Dorchester:	426 Dorchester Avenue Cambridge, MD 21613	Phone: Fax:	844-224-5264 888-509-0010		Payment Types Accepted:				
Queen Anne:	202 Coursevall Dr, Ste.7 Centreville, MD 21617	Phone: Fax:	844-224-5264 888-509-0010	Hours of Operation: Mon. – Thurs. 8am to 6pm, Fri. 8am to 5pm, Sat. please call	Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health,				
Kent:	400 S. Cross St, Ste. 4 Chestertown, MD 21620				Medicare, Private Insurance				
Talbot:	8614 Ocean Gateway Easton, MD 21601			Email: info@communitybehavioralhealth.net	Website: www.communitybehavioralhe alth.net				
Wicomico:	809 & 821 Eastern Shore Dr. Salisbury, MD 21804	Phone: Fax:	844-224-5264 888-509-0010						

Psychiatric Rehabilitation Program (PRP) provides a therapeutic case manager referred by your therapist to assist you in the community with your treatment goals. Patients receive self-care skills, social skills, housing, money management, mobility and transportation skills, employment assistance, wellness, self-management, and access to available resources.

* For a full listing of services, please see page 9 - 10 *

Crossroads Community, Inc.							
Dorchester:	404 LeCompte Street Cambridge, MD 21613	Phone: Fax:	410-221-7540 410-221-7541	Email: cci@ccinconline.com	Hours of Operation: Monday – Friday 8am to 4pm		
Kent:	937 Gateway Drive Chestertown, MD 21620	Phone: Fax:	410-778-9200 410-778-9622	Website: www.cccinconline.com	Payment Types Accepted: Grant Funds, Self Pay, Public		
Queen Anne's:	120 Banjo Lane Centreville, MD 21617	Phone: Fax:	410-758-3050 410-758-1223	www.cccinconnic.com	Behavioral Health		

Providers:	Services:	Conditions Served:	Treatment Modalities:
✓ CPRP ✓ Home Health Nurse ✓ Psych Rehab Staff	✓ Adult Day Programs ✓ General Mental Health Info/Education ✓ Health Home Services ✓ Job Search/Placement ✓ Mental Health and Substance Use Services ✓ Older Adults/Aging Issues ✓ Psychiatric Rehabilitation Program Off-Site ✓ Psychiatric Rehabilitation Program On-Site ✓ Residential Rehabilitation Program ✓ Respite Care ✓ Supported Employment ✓ Transitional Age Youth (TAY) Program ✓ Vocational Education ✓ Youth Development	✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Depression ✓ Eating Disorders ✓ Hoarding Behaviors ✓ Personality Disorders ✓ Post Traumatic Stress Disorder ✓ Schizophrenia ✓ Self Injurious Behaviors ✓ Substance Use/Dependence	Gay/Lesbian/Bisexual/Transgender Issues Evidence Based Practice Mental Health Related Support Groups Psycho Educational Groups Crossroads Community Behavioral Health Recovery

Crossroads Community, Inc. established in 1983, is a non-profit whose mission is to teach skills and access resources that empower people with behavioral health needs to live satisfying and productive lives. Crossroads promotes community acceptance through advocacy and community education. Services are provided to those residing in the mid-shore region out of our locations in Chestertown, Centreville and Cambridge. Crossroads is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) for its Psychiatric Rehabilitation & Health Home Programs for Adults, Young Adults and Youth, Residential Rehabilitation Program & Supported Employment for Adults and Respite Care program for children. Crossroads is working with BHA and MSBH to expand TAY supports and services to those 16 – 25 YO in the mid-shore region. Our Healthy Transitions Program is supported by a grant from SAMSHA.

t: 315 High Street, Suite 201	Phone: 443-282-0	0102 / 0104	
Chestertown, MD 21601	Fax: 443-480-0	0121 Website: www.espsmd.com	Hours of Operation: Mon. – Thurs. 8am to 8pm Fri. 8am to 7 pm
oot: 29520 Canvasback Drive F	aston. Phone: 410-822-5	5007	Sat. 8am to 4pm
MD 21601	Fax: 410-822-5	5569 Email:	
		infoprincessanne@espsmd.com infoeaston@espsmd.com	Payment Types
omico: 1113 Healthway Drive Salisbury, MD 21801	Phone: 410-334-6 Fax: 410-334-6	intobatioo ar y (co, esponia: co)	Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health,
			Medicare, Private Insurance
	Fax: 410-334-6		Fee, Self Behavio Medica

* For a full listing of services, please see page 12 *

			Go-Getters,	Inc.		
	Phone: Street lisbury, MD 21801 Phone: Fax: Website: Email: 410-546-7754 443-859-7774 (referral) 410-334-3710 www.gogettersinc.org richard.bearman@gma			<u>om</u>	Hours of Operation: Varies by program	Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare
			Programs/Locat	ions:		
Newark, MD 21841 (410) 632-3737 Princess Anne Location:			Main Street: s community support, reside program services. (410) 546-0381 Beacon Place Crisis Services Short term Residential Crisi	ntial and vices: s Service	Offers high queservices to personnerset, Wie	riendship Network: lality mental health rehabilitation ople over the age of 55, living is comico, and Worcester counties (410) 546-3619 Peer Connection:
	nne, MD 21853) 651-1547	commun	ity-based setting 24 hours a of the year. (410) 749-2578	day, eve		hed rehabilitation program for with co-occurring disorders. (410) 546-1822
Providers:		Conditions S			Treatment	Modalities:
✓ LCSW-C ✓ LCPC ✓ PhD ✓ MD ✓ MD ✓ CRNP ✓ Nurse ✓ PA-C ✓ APRN/PMH Translator? Yes. French, German, Creole, Farsi	✓ Anxiety/Phobia ✓ Bipolar Disord ✓ Chronic Menta ✓ Co-Occurring ✓ Depression ✓ Eating Disorde ✓ Hoarding Beha ✓ Personality Dis ✓ Post Trauma St ✓ Schizophrenia ✓ Self Injurious I ✓ Substance Use/	er I Illness rs viors sorders tress Disorder Behaviors	go-Getters	✓ Art ✓ Bel ✓ Cop ✓ Dia ✓ Dis ✓ Em ✓ Far ✓ Ger ✓ Ger ✓ Me ✓ Psy	ger Management Counsel Therapy navioral Treatment gnitive Behavioral Therap lectical Behavior India lectical Counseling lectical Counseling lectical Behavior	by (CBT) y (DBT) ng tation & Reprocessing (EMDR) idual Counseling
			Services:			
✓ Adult Day Programs ✓ Clinical Psychiatric Evaluation ✓ Crisis Intervention ✓ Crisis Residential Treatment ✓ Ex-Offender Halfway House ✓ General Mental Health Info/Education ✓ Geriatric Assessment ✓ Homeless Outreach ✓ Independent Living Communities for Older Adults ✓ Job Search/Placement ✓ Mental Health & Substance Use Services ✓ Mental Health Evaluation & Treatment ✓ Mobile Treatment/ACT – 410-341-9696		 ✓ PAK (ages 18-29) – ✓ Protection and Advowith Disabilities ✓ Psychiatric Case Ma ✓ Psychiatric Day Treater ✓ Psychiatric Medicati ✓ Psychiatric Mobile Its ✓ Psychiatric Rehabili ✓ Psychiatric Rehabili ✓ Residential Rehabili 	 ✓ Older Adult/Aging Issues ✓ PAK (ages 18-29) – 443-736-7845 ✓ Protection and Advocacy for Individ with Disabilities ✓ Psychiatric Case Management ✓ Psychiatric Day Treatment ✓ Psychiatric Medication Services ✓ Psychiatric Mobile Response Teams ✓ Psychiatric Rehabilitation Program C ✓ Psychiatric Rehabilitation Program C ✓ Residential Rehabilitation Program ✓ Residential Treatment Facilities 		enior Housing Information and rral ubstance Use cation/Prevention ubstance Use Intervention ram ubstance Use Inpatient Co- urring Capable (>30 days) ubstance Use Outpatient upported Employment Urgent Care Appointments Veterans Vocational Education Valk-in	

Go-Getters is a community-based psychiatric rehabilitation program whose mission is to assist people recovering from severe mental illness in reintegrating their lives in the larger communities of Somerset, Wicomico, and Worcester counties. Day programs for adults and elderly people in Salisbury, Princess Anne, and Newark offer skills training for independent living, prevocational and vocational skills, food and nutrition training, breakfast, lunch, and snacks, socialization and recreation, a community of support and friendship, supported housing in all three counties, intensive 24-hour supervision, specialized housing for elderly and dually diagnosed people, crisis and respite care for psychiatric and other emergencies, 4 crisis beds, residential alternative to hospitalization, 3 respite beds available to the community for individual and caregiver needs. Lower Shore Clinic provides outpatient psychiatric treatment, ongoing clinical therapy, and primary care to a community caseload of 1000+ Lower Shore residents regardless of ability to pay, same day walk-in intakes for new clients, Assertive Community Treatment (ACT) team for people with greatest mental health difficulties in five counties, integrated health home, family psycho-education groups, 24 hour on-call back up for Go-Getters or Lower Shore Clinic staff working with clients in psychiatric distress, program-wide welcome and treatment for persons recovering from mental illness and substance-related disorders

Upper Bay Counseling & Support Services							
Administration:	200 Booth Street Elkton, MD 21921	Phone:	410-996-5104 410-996-5197	Website: www.upperbay.org	Hours of Operation: Mon. – Thurs. 8am to 8am, Fri. 8 am to 3pm		
Cecil:	1275-B W. Pulaski Hwy. Elkton, MD 21921 251 South Bohemia Ave. Cecilton, MD 21913	Phone:	410-620-7161 410-620-7168 443-406-3427	Email: info@upperbay.org	Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private Insurance		
	* For a full listing of services, please see page 17 *						

Worcester County Health Department						
Address:	9730 Healthway Drive	Phone:	410-629-0164	Website:		
	Berlin, Maryland 21811	Fax:	410-629-0185	www.worcesterhealth.org		

PRP provides an array of services to adults, youth, and families in Worcester County. PRP services are available to county residents who have a serious mental health diagnosis and are receiving behavioral health services. PRP services are intended to empower and assist individuals in developing appropriate social skills, enabling individuals to make positive life choices and become engaged in positive ways in domains of life including home, school, work, and community. Individuals receive assistance in developing skills and knowledge to utilize community resources and become active participants in their community. PRP staff helps arrange care with other behavioral health providers as necessary for your needs and established goals, and often attempt to get families involved as a means of making life easier for you.

* For a full listing of services, please see page 19 *

PEER SUPPORT GROUPS



	Chesapeake Voyagers, Inc.							
Main:	342-C North Aurora St. Easton, MD 21601	Phone: Fax:	410-822-1601 410-822-1621	Hours of Operation: Call for Open Times	Website: www.chesapeakevoyagers.org			
Caroline:	Call for locations of support groups	Phone:	Call main #	Caroline: Call main # for information	Email: dianelane@chesapeakevoyagers.org			
Dorchester:	Call for locations of support groups	Phone:	Call main #	on support group	Payment Types Accepted:			
Kent:	Call for locations of support groups	Phone:	Call main #	Dorchester: Call Main # Kent: Call Main #	Free Services			
Queen Anne's:	Call for locations of support groups	Phone:	Call main #	Queen Anne's: Call Main #				
Providers:	Services:		Conditions Served:	Treatment Modalities:				
☑ N/A	 ✓ Crisis Intervention ✓ General Mental Health Info/Education ✓ Mental Health & Substance Use Services ✓ Protection and Advocacy for Individuals with Disabilities ✓ Substance Use Education/Prevention ✓ Walk-In ✓ Wellness Recovery Action Planning (WRAP) 			✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Brain Injuries ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Dementia ✓ Depression ✓ Developmental Disabilities ✓ Eating Disorders ✓ Hoarding Behaviors ✓ Personality Disorders ✓ Post Traumatic Stress Disorder ✓ Schizophrenia ✓ Self Injurious Behaviors	✓ Mental Health Related Support Groups ✓ Peer Support ✓ Trauma Informed Wellness and Recovery Center			
Translator?				✓ Sexual Disorders✓ Substance Use/Dependence				
110	1			1				

Chesapeake Voyagers Inc. (CVI) is a Peer Support Wellness & Recovery Center which is a place where adults having trouble with mental health and/or addiction can connect with others who have similar life experiences, learn about wellness and recovery, receive one on one and group peer support, and have fun – all for free! CVI serves residents in all five Mid-Shore counties at various locations. They offer a safe and comfortable environment where you can make friends who will become like family to you. They are open to EVERYONE! No referral, insurance or specific diagnosis is needed to attend. Stop by or call to learn more.

DRI-Dock Recovery and Wellness Center

Address: 524 Race St.

Second Floor

Cambridge MD 21613

Phone: 410-228-3230 Fax: 410-228-7086 Website: www.dri-dock.org Hours of Operation: Monday – Friday 8am to 6pm Payment Types Accepted: Free Services

The Dorchester Recovery Initiative (DRI), in conjunction with Chesapeake Voyagers, Inc., promotes personal recovery for all, no matter what path one takes to recovery. They also help to strengthen the recovery community and the services and structures that help folks get and stay in recovery worldwide! We are here for those seeking help for mental health, co-occurring, and addictions concerns.

HALOS Support Group – Compass Regional Hospice

Address: 255 Comet Drive Centreville, MD 21617

Phone: 443-262-4109 or 410-643-7674 Website: www.compassregionalhospice.org Payment Types 2nd Wednesday of each month, 6:30 PM to 8:30 PM

Services

Payment Types Accepted: Free Services

The HALOS (Healing After A Loved One's Suicide) Support Group is open to adults 18 and over. For more information, please contact Rhonda Knotts, 443-262-4109, rknotts@compassregionalhospice.org, or Wayne Larrimore, 443-262-4108, .

Maryland Coalition of Families								
Address:	9 S. Third Street Denton, MD 21629		0-730-8267 0-479-0018	Website: www.mdcoalition.org	Payment Types Accepted: Free Services			
Providers:	Services:			Conditions Served:				
☑ N/A	✓ Family Peer Support Treatment Modalities:		✓ ADHD ✓ Anxiety/Phobias	☑ Depression☑ Developmental Disabilities				
			☑ Bipolar Disorder☑ Brain Injuries	✓ Eating Disorders✓ Hoarding Behaviors	Disorder ☑ Schizophrenia			
Translator?	✓ Mental Health Related Support Groups✓ Peer Support/Education		1	ess Personality Disorders	 ✓ Self Injurious Behaviors 			
No			☑ Co-Occurring	☑ Physical Disabilities	✓ Sexual Disorders✓ Substance Use/Dependence			

Maryland Coalition of Families (MCF) helps families who care for someone with behavioral health needs. Using personal experience as parents, caregivers, youth, and other loved ones, we connect, support and empower Maryland's families. Our staff provide one-to-one support to parents and caregivers of young people with mental health issues and to any loved one who cares for someone with a substance use or gambling issue.



To connect to MCF in your community, call 410-730-8267, press 1 or email referral@mdcoalition.org

Recovery in Motion – Kent County Health Department							
Address:	300 Scheeler Road Chestertown, MD 21620	Phone: Website:	410-778-5895 www.kenthd.org	Hours of Operation: Mon. and Fri. 9 am – 5 pm	Payment Types Accepted: Free Services		
				by appt only			
				call Jennifer Wysong			
				410-778-5895			

1-on-1 peer support is available Monday and Friday by appointment only. Contact Brenna Fox 410-778-5894 to schedule an appointment. Walk-in 1-on-1 peer support is available Tuesday through Thursday.

Parents, Families, and Friends of Lesbian, Gay, and Transgender Communities (PFLAG) Chestertown & Mid-Shore							
Address:	914 Gateway Drive Chestertown, MD 21620	Phone: Email:	hone: 301-938-0868		Website: www.pflagchestertown.com		Hours of Operation: Meetings are the 1 st and 3 rd Thursdays of the month at 7:00PM, locations vary
Translator?	Serv	rices:		Conditio	ons Served:		Treatment Modalities:

	✓ LGBT Education, Support, and Advocacy✓ Youth Development (Gay Straight Alliance)	☑ LGBT Family Support or Referrals	☑ Gay/Lesbian/Bisexual/Transgender Issues
110	_ ream 2000 pmon (ear) enaigner manoe)		✓ Mental Health Related Support
			Groups



PFLAG promotes the health and well-being of lesbian, gay, bisexual, and transgender persons, their families, and friends through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families, and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.

We are a national support, education, and advocacy organization for lesbian, gay, bisexual, and transgender (LGBT) people, their families, friends, and allies. With 200,000 members and supporters, and local affiliates in more than 350 communities across the

U.S. and abroad, PFLAG is the largest grassroots-based family organization of its kind. PFLAG is a non-profit organization and is not affiliated with any religious or political institutions.

CASE MANAGEMENT

	Corsica River Mental Health Services						
Dorchester:	403 High Street Cambridge, MD 21613	Phone: Fax:	443-225-5780 443-225-5783	Hours of Operation: Admin/Billing: Mon. – Fri. 8:30am to 5pm	Email: CorsicaClinic@crmhsinc.c om		
Queen Anne:	120 Banjo Lane Centreville, MD 21617	Phone: Fax (main):	410-758-2211 410-758-0698	Dorchester: Mon. – Thurs. 8:30am to 5pm, Fri. 8:30am to 4pm	Website: www.crmhsinc.com		
Talbot: Caroline:	933 S. Talbot Street St. Michaels, MD 21663 322 N. Main Street Federalsbury, MD 21632	Phone: Fax: Phone: Fax:	410-745-8028 410-745-0492 410-479-0511 410-754-6080	Queen Anne's: Mon - Thurs. 8:30am to 7pm, Fri. 8:30am to 4pm Talbot: Tue. 8am to 4:30pm, Wed. by appt. only Caroline: Tue. And Thurs. 8:30am-5pm	Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self-Pay, Public Behavioral Health, Medicare, Private Insurance		
		* For a fu	ll listing of ser	vices, please see page <u>10</u> *			

	Hudson Health Services									
Address:	1505 Emerson Avenue Salisbury, MD 21801	Phone: Fax: Email: Website:	410-219-9000 410-742-7048 info@hudson-health.org www.hudson-health.org	Hours of Operation: 24 hours a day, 7 days a week	Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Private Insurance					
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* For a full listing of services, please see page 38 *

Upper Bay Counseling & Support Services									
Administration:	200 Booth Street Elkton, MD 21921	Phone:	410-996-5104 410-996-5197	Email: info@upperbay.org	Hours of Operation: Mon. – Thurs. 8am to 8am, Fri. 8 am to 3pm				
Cecil:	1275-B W. Pulaski Hwy. Elkton, MD 21921	Phone:	410-620-7161 410-620-7168	Website:	Payment Types Accepted: Grant Funds, Self Pay, Public				
	251 South Bohemia Ave. Cecilton, MD 21913		443-406-3427	www.upperbay.org	Behavioral Health, Medicare, Private Insurance				
	* For a full listing of services, please see page <u>17</u> *								

Wicomico Behavioral Health - Targeted Case Management Program										
Address:		2. Main Street oury, MD 21801	Phone: Fax: Website:	410-543-5179 410-543-6680 www.wicomicohealth.org	Hours of Operation: Monday – Friday 8am to 5pm	Payment Types Grant Fu Public Behavio	inds,			
Providers:	Providers: Services:		C	Translator?						
☑ Case Managers		☑ Homeless Outreac☑ Targeted CaseManagement	n	1	☐ Co-Occurring ☐ Schize ☐ Depression ☐ Substa	1	No			

Worcester County Health Department									
Main Office:	6040 Public Landing Road P.O. Box 249 Snow Hill, MD 21863	Phone: Fax:	410-632-1100 410-632-5682	Website: www.worcesterhealth.org	Payment Types Accepted: Grant Funds, Self Pay, Public				
Berlin Health Department:	9730 Healthway Drive Berlin, MD 21811	Phone: Fax:	410-629-0164 410-629-0185	Hours of Operation: Mon. – Fri. 8am to 5pm, Evenings and Saturdays by	Behavioral Health, Medicare, Private				
Pocomoke Health Center:	400 Walnut Street Pocomoke City, MD 21851	Phone: Fax:	410-957-2005 410-957-241	appointment only, Pocomoke Health Center closed on Fridays.	H calth A shore line to good health				
	* For a full listing of samilees please see page 10*								

* For a full listing of	of services, p	lease see page <u>1</u>	<u>9</u> *
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		W	raparound Maryland	
Address:	214 Civic Ave Salisbury, MD 21804	Phone: Fax:	410-369-3480 866-582-2034	Website: http://www.wraparoundmd.com/index.html

Mobile Treatment Teams (MTT)

Cecil County:

Upper Bay Counseling & Support Services 200 Booth Street Elkton, MD 21921 410-996-5104 www.upperbay.org

Mid Shore:

Corsica River Mental Health Services, Inc. 120 Banjo Lane Centreville, MD 21617 443-480-8425

www.crmhsinc.com

Lower Shore: Go-Getters, Inc. 106 Williamsport Circle Salisbury, MD 21801 410-341-9696

www.gogettersinc.org/Lower-Shore-Clinic.html

Mobile Treatment Services provide assertive outreach, treatment, and support to individuals with mental illness who may be homeless, or for whom more traditional forms of outpatient treatment have been ineffective. Service is provided by a multidisciplinary team, is mobile and is provided in the individual's natural environment (e.g., home, street, shelters). Mobile Treatment Services also are available for children, adolescents and their families who require more intensive intervention to clinically stabilize the child's or adolescent's psychiatric condition, to promote family preservation and/or to return functioning and quality of life to previously established levels as soon as possible. Services provided include psychiatric evaluation and treatment, clinical assessment, medication management/monitoring, interactive therapies, support with daily living skills, assistance with locating housing, and case management. The duration, frequency and intensity of services provided are determined by an individual's treatment plan. The goals are to connect consumers to treatment services in the community, avert hospitalizations, and remediate tenuous living situations.

Crisis Services

CRISIS RESIDENTIAL TREATMENT

Residential Crisis Services (RCS) are funded with state general funds and are short-term, intensive mental health and support services for children, adolescents, and adults in a community-based, non-hospital, residential setting rendered by a provider approved under Maryland Law (COMAR 10.21.26).

Go-Getters, Inc.		
The Retreat		
410.740.0570	H 60 4	Ī

716 N. Division Street Phone: 410-749-2578

Salisbury, MD 21801 Website: www.gogettersinc.org
Email: www.gogettersinc.org
smobray@lowershoreclinic.org

Hours of Operation:
24 hours a day,
7 days a week

Payment Types Accepted:
Sliding Scale Fee, Self Pay,
Public Behavioral Health,
Medicare

The Retreat offers a safe harbor and sanctuary for adults experiencing a psychiatric crisis. As a voluntary alternative to hospitalization, The Retreat provides short term Residential Crisis Services in a community-based setting 24 hours a day, 365 days of the year.

In addition to Residential Crisis Services, The Retreat offers crisis counseling.

The Retreat is appropriate as an alternative to psychiatric hospitalization or to shorten the length of a hospital admission. Anyone who is medically stable, under the care of a physician, awaiting admission to or stepping down from a psychiatric unit can be safely cared for at The Retreat.

Situated in a quiet community, The Retreat's trained crisis staff offer the comforts of a home-like setting augmented with counseling and therapeutic groups. The Retreat will assist you with meetings with physicians and therapists to further enhance your recovery. Our private accommodations support clients' need for calm and confidentiality.

* For a full listing of services, please see page 51*

Harbour House



Address:

7731 West Drive Glen Burnie, MD 21061 410-255-3539 Fax: 410-255-8583

Website: www.harbour-house.org

RESIDENTIAL CRISIS SERVICES

Serving Adults in Central Maryland

Formerly named Anne Arundel Crisis Beds, Harbour House, Inc. is a Maryland 501(c)3 that provides an alternative to hospitalization for adults experiencing a mental health crisis. Harbour House provides a psychiatric inpatient admission alternative for those experiencing a mental health crisis as evaluated by a physician or mental health professional. Without Residential Crisis Services, these individuals are at-risk for inpatient admission. Harbour House can also provide individuals who are being discharged from inpatient facilities a transitional location, as well as individuals needing temporary separation from their current living arrangements. Call 410-255-3539 or email contact@harbour-house.org for more information.

ACUTE PSYCHIATRIC HOSPITALS

	Dover Behavioral Health Systems									
Address:	725 Horsepond Road Dover, DE 19901	Phone: Fax: Website:	302-741-0140 / 855-609-9711 302-741-8557 www.doverbehavioral.com	Hours of Operation: 24 hours a day, 7 days a week	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private Insurance					
	* For a full listing of services, please see page 11*									

	Peninsula Regional Medical Center										
	East Carroll Street isbury, MD 21801	Phone: Fax: Website:	410-543-6400 410-543-7165 www.peninsu	5	Hours of Operation: 24 hours a day, 7 days a week	Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance					
Providers:	\$	Services: Cond		nditions Served:	Treatment Modalities:						
✓ LCSW-C ✓ MD ✓ Nurse Translator? Use language line	☐ Clinical Psychiatr ☐ Detoxification ☐ Emergency Medic ☐ General Mental H ☐ Homeless Outreac ☐ Hotline ☐ Mental Health & ☐ Mental Health Ev ☐ Psychiatric Emerg ☐ Psychiatric Hospi ☐ Walk-in	cal Care lealth Info/Edu ch Substance Use aluation gency Room C	e Services	☑ Co-Occ☑ Depress☑ Develo☑ Post Tr☑ Schizo☑ Self In☑ Sexual	Disorder c Mental Illness curring sion pmental Disabilities aumatic Stress Disorder	 ☑ Behavioral Treatment ☑ Group Counseling ☑ Mental Health Related Support Groups PENINSULA REGIONAL MEDICAL CENTER Part of Peninsula Regional Health System					

	Rockford Center										
Address: 100 Rockford Drive Newark, DE 19713 Phone: 302-892-4205 Fax: 302-996-0269 Website: www.rockford			9	Hours of Oper 24 hours a d 7 days a we	ay,	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private Insurance					
Providers:	\$	Services:		Conditio	ns Served:	ŗ	Treatment Modalities:				
✓ LCSW-C ✓ LCPC ✓ PhD ✓ MD ✓ CRNP ✓ LCADC ✓ Nurse	☐ Clinical Psychiati ☐ Crisis Interventio ☐ Detoxification ☐ General Mental H ☐ Geriatric Assessm ☐ Mental Health & ☐ Older Adult/Agin ☐ Psychiatric Case ☐ ☐ Psychiatric Day T ☐ Psychological Tei ☐ Substance Use In ☐ Substance Use In ☐ Capable (<30 day ☐ Substance Use On	n lealth Info/Econent Substance Use raluation & Tog Issues Management Greatment stalization string ducation/ Prevention Propatient Co-Octs)	ducation se Services reatment vention ogram	✓ Schizophrenia ✓ Self Injurious ✓ Substance Use	der al Illness isorders ic Stress Disorder Behaviors	✓ Art T ✓ Beha ✓ Cogr ✓ Deat ✓ Fami ✓ Gay/ Issues ✓ Gene ✓ Grou ✓ Indiv ✓ Marr ✓ Men Groups ✓ Pet A	er Management Counseling Therapy Evioral Treatment Initive Behavioral Therapy (CBT) In and Dying Counseling Ily Counseling Lesbian/Bisexual/Transgender Ily Counseling It It Counseling It I				
Yes. Spanish	✓ Walk-in	агранет			DECENTION REPORTS	☑ Psyc	ho Educational Groups ma Informed				

	Shore Behavioral Health								
Address:	300 Byrn Street Cambridge, MD 21613	Phone: Fax: Website:	410-228-5511 ext. 2112 410-476-5105 www.shorehealth.org	Hours of Operation: 24 hours a day, 7 days a week	Payment Types Accepted: Self Pay, Public Behavioral Health, Medicare, Private Insurance				
	* For a full listing of services, please see page 16*								

Union Hospital of Cecil County										
Elkton, MD 21921 F		Phone: 410-398-400 Fax: 410-398-069 Website: www.uhcc.co	98	Hours of Operation: 24 hours a day, 7 days a week	Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare, Private Insurance					
Providers:	ders: Services:			Conditions Served:	Treatment Modalities:					
☑ LCPC ☑ PhD ☑ MD ☑ Nurse	 ✓ Mental Health & S ✓ Mental Health Eva ✓ Psychiatric Emerg ✓ Psychiatric Hospit ✓ Psychiatric Medical ✓ Psychological Tes 	c Evaluation al Care ealth Info/Education Substance Use Services aluation & Treatment ency Room Care alization ation Services ting atient Co-Occurring	☐ Bipo ☐ Chro ☐ Co-O ☐ Depi ☐ Perso ☐ Schi	HD iety/Phobias olar Disorder onic Mental Illness Occurring ression onality Disorders zophrenia Injurious Behaviors UNION HOSPITAL	 ☑ Anger Management Counseling ☑ Behavioral Treatment ☑ Cognitive Behavioral Therapy (CBT) ☑ Dialectical Behavior Therapy (DBT) ☑ General Counseling ☑ Group Counseling ☑ Mental Health Related Support Groups ☑ Pet Assisted Therapy ☑ Psycho Educational Groups ☑ Trauma Informed 					

We understand how difficult it can be to realize there is a need for counseling and special care for a loved one. Behavioral health problems can be extremely challenging—particularly for family members. Our Behavioral Health team can help your loved one get the treatment and support for a safe transition back into everyday life through our inpatient or outpatient programs.

Our staff of specially trained psychiatric caregivers can provide intensive assessment and intervention to diagnose an illness or condition. After diagnosis, your loved one can become an inpatient or referred to outpatient treatment, depending on the program of care that is determined to be the best.

Our 15-bed inpatient unit is in Union Hospital on the fourth floor. Because patients are residents, they benefit from our full complement of medical services. Receiving treatment here eliminates the need for travel and contributes to a smoother transition. In this therapeutic environment patients learn techniques to cope with illness and the things that can trigger it. An individualized treatment plan is created for each patient—and includes daily activities and goal setting.

EMERGENCY DEPARTMENTS

University of Maryland Shore Medical Center at Dorchester



300 Byrn Street Cambridge, MD 21613 410-228-5511

www.umshoreregional.org

University of Maryland Shore Emergency Center at Oueenstown



UNIVERSITY & MARYLAND SHORE REGIONAL HEALTH

115 Shoreway Drive Queenstown, MD 21658 410-827-3900 www.umshoreregional.org

University of Maryland Shore Medical Center at Easton



UNIVERSITY of MARYLAND SHORE REGIONAL HEALTH

219 S. Washington Street Easton, MD 21601 410-822-1000

www.umshoreregional.org

University of Maryland Shore Medical Center at Chestertown



University@martland Shore Regional Health UNIVERSITY of MARYLAND

100 Brown Street Chestertown, MD 21620 410-778-3300 www.umshoreregional.org

Peninsula Regional **Medical Center**



100 East Carroll Street Salisbury, MD 21801 410-546-6400 www.peninsula.org

Union Hospital of Cecil County



106 Bow Street Elkton, MD 21921 410-398-4000 www.uhcc.com

MOBILE CRISIS AND CRISIS RESPONS

Affiliated Santé Group – Eastern Shore Crisis Response Services

408 Byrn Street Administrative:

Cambridge, MD 21613

Fax: 443-225-5877

Website: www.thesantegroup.org

Phone: 888-407-8018 **Hours of Operation:**

7 days a week, 24-Hours a day

Payment Types Accepted: Grant Funds,

Conditions Served: Providers: Services:

- ☑ LCSW-C ☑ LCPC
- ☑ LMSW
- ✓ LSWA ☑ LGPC
- ☑ MSW interns **Translator?**
- Telephonic interpreter & translation services

as needed

- ☑ Community Linkages
- ✓ Crisis Intervention/Stabilization (Free)
- ☑ ED and Incarceration Diversion
- ☑ Limited Transitional Support ☑ Mental Health Evaluation
- ☑ CISM/ Debriefings



- ☑ ADHD
- ☑ Anxiety/Phobias
- ☑ Bipolar Disorder
- ☑ Brain Injuries
- ☑ Chronic Mental Illness
- ☑ Co-Occurring
- Crisis As Defined By Individual
- ✓ Dementia
- Depression

- ☑ Developmental Disabilities
- ☑ Eating Disorders
- Hoarding Behaviors
- Personality Disorders
- ☑ Post Traumatic Stress
- Disorder
- Schizophrenia
- Self Injurious Behaviors
- $\overline{\mathbf{V}}$ Sexual Disorders
- ✓ Substance Use

ESCRS is part of the Affiliated Sante' Group Family which is the largest provider of crisis services in Maryland. Mobile Crisis Teams services are dispatched vi the Eastern Shore Operations Center (ESOC) 888-407-8018. Mobile Crisis teams operate 24/7 serving Cecil, Kent, Queen Anne, Talbot, Caroline, Dorchester, Wicomico, and Somerset Counties. ESOC operates 24/7 and serves all 9 counties on the Eastern Shore. We offer services in person and by telehealth.

	Worcester County Health Department - Crisis Response Team							
Address:	9730 Healthway Drive	Phone:	410-629-0164	Website:	Payment Types Accepted:			
	Berlin, Maryland 21811	Fax:	410-629-0185	www.worcesterhealth.org	Grant Funds, Free Services			

The Worcester County Health Department's Crisis Response Team provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital, and various other agencies throughout the county. CRT provides an emergency mental health and addiction assessment on the scene and attempts to connect individuals to community resources as appropriate. Assessments are provided by masters' level mental health professionals.

RESPITE CARE

Respite Services are provided on a short-term basis in the consumer's home or in an approved community-based setting. Services are designed to support consumers remaining in their homes by providing temporary relief to the consumer's caregivers.

Children's Choice							
Queen Anne:	1103 Butterworth's Court Stevensville, MD 21666	Phone: Fax:	410-643-9290 410-643-9293	Website: www.childrenschoice.org	Payment Types Accepted: Grant Funds, Public Behavioral		
Wicomico:	230 Florida Avenue Salisbury, MD 21801	Phone: Fax:	410-546-6106 410-219-2640	Hours of Operation: Mon. – Fri. 8:30am to 4:30pm	Health		
	* For a full listing of services, please see page 47*						

	Community Behavioral Health									
Dorchester:	426 Dorchester Avenue Cambridge, MD 21613	Phone: Fax:	844-224-5264 888-509-0010	Hours of Operation: Mon. – Thurs. 8am to 6pm, Fri. 8am to 5pm, Sat. please call	Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self					
Queen Anne: Wicomico:	142 Coursevall Drive Centreville, MD 21617 809 & 821 Eastern Shore Dr. Salisbury, MD 21804	Phone: Fax: Phone: Fax:	844-224-5264 888-509-0010 844-224-5264 888-509-0010	Email: info@communitybehavioralhealth.net	Pay, Public Behavioral Health, Medicare, Private Insurance Website: www.communitybehavioralhealth .net					
		* For a	full listing of s	ervices, please see page <u>9</u> *						

	Crossroads Community, Inc.							
Dorchester:	404 LeCompte Street Cambridge, MD 21613	Phone: Fax:	410-221-7540 410-221-7541	Email: cci@ccinconline.com	Payment Types Accepted: Grant Funds, Self Pay,			
Kent:	937 Gateway Drive Chestertown, MD 21620	Phone: Fax:	410-778-9200 410-778-9622	Website: www.cccinconline.com	Public Behavioral Health			
Queen Anne's:	120 Banjo Lane Centreville, MD 21617	Phone: Fax:	410-758-3050 410-758-1223	Hours of Operation: MonFri. 8am to 4pm	Crossroads Community Behavioral Health Recovery			
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* For a full listing of services, please see page <u>50</u>*

Go-Getters, Inc. **Payment Types** Address: 410-546-7754 716 N. Division Street Phone: **Hours of Operation:** Accepted: 410-334-3710 Salisbury, MD 21801 Fax: Varies by program Sliding Scale Fee, Self Website: www.gogettersinc.org Pay, Public Behavioral Email: smobray@lowershoreclinic.org Health, Medicare

* For a full listing of services, please see page 50*

MENTOR Maryland								
	B133 Elliott Road, Suite 236 Easton, MD 21601	Phone: 410-820-4703 Fax: 410-820-8459	Website: www.md-mentor.com	Payment Types Accepted: DHR				
	220 Naylor Mill Road #A-F Salisbury, MD 21801	Phone: 410-548-5921 Fax: 410-548-5983	Hours of Operation: Mon. – Fri. 9am to 5pm					
Providers:	Services:	Condi	tions Served:	Treatment				
☑ LCSW-C	☑ Crisis Intervention☑ Respite Care☑ Therapeutic Foster Care	✓ ADHD ✓ Anxiety/Phobias ✓ Chronic Mental Illness	✓ Personality Disorders✓ Sexual Disorders✓ Self Injurious Behaviors	✓ Trauma Informed MENTOR				
	incrapeane rester care	☑ Co-Occurring	✓ Substance Use/Dependence	MLNIUK				

Housing

RESIDENTIAL REHABILITATION PROGRAMS

Residential Rehabilitation Programs (RRPs) for adults provides support in a residence outside of the individual's own home and provides needed resources and support not sufficiently available within the individual's own existing social support system. Residential Rehabilitation Programs (RRPs) provide services based upon the individual's needs in varying levels of support, both general and intensive, and are subject to additional admission/continued stay criteria.

RRP Applications are processed through the Core Service Agency (CSA). Please contact your local CSA for placement, not the providers below. To obtain a full listing of Core Service Agencies in Maryland please visit www.marylandbehavioralhealth.org.

	Channel Marker, Inc.							
Administrative Office:	8865 Glebe Park Drive Easton, MD 21601	Phone: Fax:	410-822-4619 410-822-0984	Email: cmarker@channelmarker.org	Payments Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Public			
Caroline:	508 Kerr Avenue	Phone:	410-479-2318		Behavioral Health			
	Denton, MD 21629	Fax:	410-820-0124	Website: www.channelmarker.org	Benavioral Teath			
Dorchester:	420 Dorchester Avenue	Phone:	410-228-8330	www.onamiomarkor.org				
	Cambridge, MD 21613	Fax:	410-221-6459	Hours of Operation: Monday – Friday				
Talbot:	222 Port Street	Phone:	410-822-4611	8am to 5pm				
	Easton, MD 21601	Fax:	410-822-6186	•				
	* For a full listing of services, please see page 48*							

	Crossroads Community, Inc.						
Dorchester:	404 LeCompte Street Cambridge, MD 21613	Phone: Fax:	410-221-7540 410-221-7541	Email: cci@ccinconline.com	Payment Types Accepted: Grant Funds, Self Pay,		
Kent:	937 Gateway Drive Chestertown, MD 21620	Phone: Fax:	410-778-9200 410-778-9622	Website: www.cccinconline.com	Public Behavioral Health		
Queen Anne:	120 Banjo Lane Centreville, MD 21617	Phone: Fax:	410-758-3050 410-758-1223	Hours of Operation: MonFri. 8am to 4pm	Crossroads Community Behavioral Health Recovery		

* For a	full listing	of services,	nlease see	nage 50*
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			Go-Getters, Inc.			
Address:	716 N. Division Street Salisbury, MD 21801	Phone: Fax: Email: Website:	410-546-03081 410-334-3710 www.gogettersinc.org smobray@lowershoreclinic.org	Hours of Operation: Varies by program	Payment Types Accepted: Sliding Scale Fee, Self Pay, Public Behavioral Health, Medicare	
* For a full listing of services, please see page 51*						

Upper Bay Counseling & Support Services							
Administration:	200 Booth Street Elkton, MD 21921	Phone:	410-996-5104 410-996-5197	Email: info@upperbay.org	Hours of Operation: Mon. – Thurs. 8am to 8am, Fri. 8 am to 3pm		
Cecil:	1275-B W. Pulaski Hwy. Elkton, MD 21921 251 South Bohemia Ave. Cecilton, MD 21913	Phone:	410-620-7161 410-620-7168 443-406-3427	Website: www.upperbay.org	Payment Types Accepted: Grant Funds, Self Pay, Public Behavioral Health, Medicare, Private Insurance		
	* For	a full list	ing of services, pl	ease see page 17*			

HOUSING PROGRAMS

Mid Shore Roundtable on Homelessness (Continuum of Care)

A Mid Shore collaboration of homeless service providers, community agencies, local governments, stakeholders, and consumers tasked with addressing the issue of homelessness in the Mid Shore region.

Mission: To provide leadership to improve the availability and delivery of both housing and supportive services to individuals and families who lack permanent, stable, and safe housing in the Mid Shore region. We continually work towards this mission with the following strategies:

- 1. To collaborate and continually build community partnerships among member organizations to provide a coordinated and seamless service delivery to homeless and unstably housed clients.
- 2. To identify needs, advocate for, and work towards a comprehensive continuum of care for persons and families without homes.
- 3. To reduce public stigma of homelessness through community awareness and education.
- 4. To do long and short-term planning, aligning our goals with our federal partners, to accomplish the mission.

For more information, please call Mid Shore Behavioral Health, Inc. 410-770-4801, Jeanine Beasley ext. 303. <u>Check out our Shelter Bed Availability Sheet here.</u>

Permanent Supportive Housing (Continuum of Care Housing Program and Supportive Housing)

Continuum of Care (CoC) Housing Programs are HUD funded rental subsidies for literally homeless person(s)/families with behavioral health disabilities. Eligibility is determined through an intake process by PATH Outreach, Case Management Staff, or CoC Housing Specialist. Program monitoring is provided through Supportive Services staff.

For CoC Housing information, please call Mid Shore Behavioral Health, Inc., 410-770-4801, Jeanine Beasley ext. 303, or Bernard Vervin ext. 319.

Homeless Management Information Systems (HMIS)

Database for local providers is known as Service Point. The system provides information and referral for licensed users, as well as tracking and reporting of homeless services used in the region. Serving Caroline, Dorchester, Kent, Queen Anne, and Talbot Counties.

For more information, please call Mid Shore Behavioral Health, Inc. 410-770-4801, Jeanine Beasley ext. 303.

Affordable Housing (Main Street Housing)

This program does not provide emergency housing. This is permanent affordable housing for tenants that are eligible for independent community living. Intake and placement require matching the tenant to the proper living situation based on available openings.

For more information, please call 410-540-9067 Gloria Bowen ext. 17.

PATH - Projects for Assistance in Transition from Homelessness (Homeless Outreach Case Management)

Priority population served includes persons with a mental health need who are homeless or at risk of becoming homeless. This program is designed to provide outreach and linkage assistance to street homeless for mental health services and housing.

For more information, please call Gloria Greene, Outreach Worker for Crossroads Community, Inc., at 410-490-3139.

SOAR Initiative (SSI/SSDI Outreach, Access, and Recovery)

SOAR is a national program designed to increase access to Social Security Insurance (SSI) / Social Security Disability Insurance (SSDI) for adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder. Local agencies that have SOAR trained staff include Alliance, Inc., Chesapeake Voyagers, Inc., Crossroads Community, Inc., Community Behavioral Health, Mid Shore Behavioral Health, Inc., the Neighborhood Service Center, and St. James Zion Church.

Please contact SOAR lead Carole McCall for more information at 410-770-4801, ext. 311.

SHELTERS AND HOMELESSNESS SERVICES

Ridgeway House (Easton) **Talbot Interfaith Shelter** The Salvation Cecil County Men's 410-822-5015 or 410-820-(Easton) Army of the Mid Shelter (Elkton) 7013 410-690-3120 Shore 410-392-8066 www.talbotinterfaithshelter.org (Cambridge) www.meetingground. 6 bed facility (serves 3 Men, 3 410-228-2442 org Women) Hours: Mon. - Fri., 4pm to Help Hotline: 410-253-5414 Sat. & Sun. open 24 hours Individuals and Families Individuals and Families Men only Sheltering and Case Management Wayfarer's House The Samaritan Shelter Christian Shelter, Inc. **HALO** Diakonia Shelter (Salisbury) (Pocomoke) (Elkton) (Salisbury) (Ocean City) 410-398-4381 410-749-5673 410-957-4310 410-213-0923 410-742-9356 www.meetingground.org www.christianshelter.org www.thesamaritanshelter.org www.diakoniaoc.org www.haloministry.org Women and Children Call for Information Call for Information Men, Women and Children Call for Information **Delmarva Community Services** Martin's House (Ridgely) (Cambridge) 410-634-2537 410-901-2991 Men Families Family Shelter (Hurlock)

Cold Weather Shelters

His Hope Ministries (Caroline County)

(443) 448-7297

https://hishopeministries.org/emergency-crisis-shelter

Open October through May Intake through Resource Center

The Samaritan Group (Kent County) 443-480-3564 or 410-810-7600 www.samaritangroupkent.org

Open January through March

ter

Dorchester Cold Weather Shelter (Dorchester County) 410-228-2442

Open December through mid-April

Haven Ministries (Queen Anne's County) 410-739-7859 www.haven-ministries.org

Open December through mid-April

Cold Weather Shelter (Lower Shore) 410-749-4357

Open January through March

Transitional	Shelters
Wayfarer's House (Elkton) 410-398-4381	Village of Hope (Salisbury) 410-860-4803
Women and Children	Women and Children

Day Shelter and Resource Centers

Mary Randall Center Day Program 401 North St Elkton, MD 21921 410-620-4701 www.meetingground.org

The Mary Randall Center is the first step for many on the path from shelter to home. It is a place where individuals currently experiencing homeless are able to shower, collect their mail, launder their clothing, and link with medical services and job seeking assistance. At the Mary Randall Center individuals find the means to new life, restored dreams, and opportunities to build personal and professional skills.

Hours of Operation: Monday – Friday, 8am to 11:30am Monday, Wednesday, Friday, 1pm to 4pm

Haven Ministries

(Queen Anne's County)

St. Paul's Episcopal Church 301 South Liberty Street Centreville, MD 21617 (410) 827-7194 www.haven-ministries.org

The Resource Center advances the missions of both Haven Ministries and St. Paul's Church by offering a place of referral and case management services to residents of Queen Anne's County. The

Resource Center includes case management services, educational programs, job training, and use of computers and office equipment.

Hours of Operation:

Open December through mid-April 8:30am-4:30pm.

HALO Day Facility 119B South Boulevard Salisbury, MD 21804 410-543-2003 www.haloministry.org

The Day Facility is a safe structured place where homeless individuals and families can come during the daytime hours. Our goal is to help rebuild the dignity of each person by providing services to meet not only the basic needs, but a Journey of Hope for Life Change. \Services provided include Case Management, Showers, Restrooms, Voice Mail, Mail Services, Locked Storage Facility, and Class Opportunities including GED, Life Skills, and Bible Study.

Hours of Operation: Monday – Friday, 8:45 AM to 4:30 PM

Friends Helping Friends Network, Inc.

443-477-3324

A non-profit, Christian-based organization that helps single moms and homeless families by providing temporary shelter, helping them set and reach goals, while working on a budget and a goal plan; teaching them to become independent by helping them to focus by taking away burdens that hold them back.

His Hope Ministries

(443) 448-7297 105 Gay Street Denton, MD 21629 https://hishopeministries.org/emergency-crisis-shelter

His Hope Ministries helps families, individuals, youth, and elderly fight homelessness, hunger, and potential homelessness. We work towards a place where all people have access to quality housing, nutritious food, and opportunities to thrive.

	Meal Service / Food Pantries							
Caroline:	Martin's House and Barn 14376 Benedictine Lane, Ridgely, MD 21660	Phone:	410-634-1140	Service:	Food Pantry			
Dorchester:	Delmarva Community Action Center 1000 Goodwill Road, Cambridge, MD 21613		410-901-2991	Service:	Food Pantry			
Dorcnester:	Salvation Army 200 Washington Street, Cambridge, MD 21613	Phone:	410-228-2442	Service:	Food Pantry			
Kent:	Community Food Pantry 401 High Street, Chestertown, MD 21620	Phone:	410-778-0550	Service:	Food Pantry			
Queen Anne:	Haven Ministries 931 Love Point Road, Stevensville, MD 21666	Phone:	410-739-7859	Service:	Food Pantry			
Talkatı	Neighborhood Service Center 126 Port Street, Easton, MD 21601	Phone:	410-822-5015	Service:	Food Pantry			
Talbot:	St. Vincent de Paul 29533 Canvasback Drive, Easton, MD 21601	Phone:	410-770-4505	Service:	Food Pantry			
Wicomico:	Salvation Army 407 Oak Street, Salisbury, MD 21874	Phone:	410-749-3077	Service:	Food Pantry			

	HALO Café 119B South Boulevard, Salisbury, MD 21804	Phone:	410-742-9356	Service:	Free Meal Service
Worcester:	Diakonia Shelter 12747 Old Bridge Road, Ocean City, MD 21842	Phone:	410-213-0923	Service:	Food Pantry

	Thrift	Stores			
Caroline:	Martin's House and Barn 14376 Benedictine Lane, Ridgely, MD 21660	Phone:	410-634-1140	Service:	Thrift Store
Caronne:	Samaritan House Thrift Shop 12 N. 5 th Street, Denton, MD 21629	Phone:	410-479-1251	Service:	Thrift Store
Dorchester:	Anchor Point Family Thrift Store 714 Meadow Avenue, Cambridge, MD 21613	Phone:	410-330-0210	Service:	Thrift Store
Dorchester:	Salvation Army 200 Washington Street, Cambridge, MD 21613	Phone:	410-228-2442	Service:	Thrift Store
Kent:	Hidden Treasures – Kent Center 711 Washington Avenue, Chestertown, MD 21620	Phone:	410-778-1219	Service:	Thrift Store
Kent.	Women in Need 106 Philosophers Terrace, Chestertown, MD 21620	Phone:	410-778-5999	Service:	Thrift Store
Queen Anne:	Our Daily Thread 425 Thompson Creek Rd, Stevensville, MD 21666	Phone:	410-353-0455	Service:	Thrift Store
Talbot:	Friends Helping Friends 412 S. Harrison Street, Easton, MD 21601	Phone:	443-477-3324	Service:	Thrift Store
	Goodwill Industries of the Chesapeake 134 N. Washington, Street, Easton, MD 21601	Phone:	410-770-4458	Service:	Thrift Store
	St. Vincent de Paul 29533 Canvasback Drive, Easton, MD 21601	Phone:	410-770-4505	Service:	Thrift Store
Somerset:	Catholic Charities - Seton Center 30632 Hampden Avenue, Princess Anne, MD 21853	Phone:	410-651-9608	Service:	Thrift Store
Wicomico:	Goodwill Industries of the Chesapeake 700 S. Salisbury, Blvd. Salisbury, MD 21801	Phone:	410-219-9072	Service:	Thrift Store
wicomico:	HALO Bargain Center 701 Snow Hill Road, Salisbury, MD 21804	Phone:	410-341-4256	Service:	Thrift Store
	Salvation Army 215 E Vine Street, Salisbury, MD 21874	Phone:	410-749-8146	Service:	Thrift Store
Worcester:	Coastal Hospice Thrift Shop 10445 Old Ocean City, Blvd., Berlin, MD 21811	Phone:	410-641-1132	Service:	Thrift Store
	Diakonia 'Used to be Mine' Thrift Store 12507 Sunset Avenue #13, Ocean City, MD 21842	Phone:	410-213-0923	Service:	Thrift Store

Chesapeake Caregivers, Inc.								
Address: 839 Bestga STE 400 Annapolis.	Email:	443-694-4231 john@chesapeakecaregivers.com www.chesapeakecaregivers.com	Hours of Operation: 24 hours a day, 7 days a week	CHESAPEAKE CAREGIVERS INC.				

Chesapeake Caregivers operates two assisted living homes in spacious community settings Annapolis. Whether the care needed is short-term (respite) or long-term, the trained staff at Chesapeake Caregivers are there to meet the needs of all the residents. Assisted living fees are based on the senior's specific needs and includes personal and professional care, 24-hour supervision, personal laundry service, 3 meals and snacks daily, medication management, and transportation for health care needs and social events.

With a team of Certified Nursing Assistants, Chesapeake Caregivers' Residential Services Agency can also visit a senior's home to provide services including companionship services such as escort to outside activities or appointments; personal services such as bathing, grooming, and medication management; and home services such as meal prep with cleanup, general housekeeping, laundry, and shopping/errands.

Senior Services

For a full list of senior services, contact Betsy Griffin, <u>bgriffin@chespub.com</u>, for a copy of the 2018 Senior Resource Guide for Caroline, Dorchester, Kent, Queen Anne's, and Talbot Counties.

Maryland Health Care Commission - Long Term Care

Consumer Guide to Long Term Care http://mhcc.maryland.gov/consumerinfo/longtermcare/default.aspx

Long Term Care (LTC) refers to services that assist people who are aging, have disabilities, or have chronic care needs to maintain their independence in personal or health-related activities. Services can include activities such as shopping, taking medications, managing money, doing activities outside the home, and assistance with personal care such as bathing, dressing, and toileting. Services can be provided in a person's home, in the community, in alternate living facilities (assisted living, congregate housing or nursing homes). While most people who need LTC are 65 or older, a person can use LTC services at any age. An individual may use long term care services for a short period of time after an acute illness or hospitalization or over several months or years.

Many people prefer to receive LTC services in their home or community rather than an institution like a nursing home. You can use this web site to find LTC services in Maryland. The materials included on this site can be used by individuals planning for future needs or an immediate need for themselves or a loved one such as a parent, other relative or friend.

Maryland Access Point							
Caroline, Kent, Talbot:	100 Schauber Road Frederick, MD 21702 Camp Springs, MD 21502 Chestertown, MD	Phone:	410-778-6000	Website: http://www.marylandaccesspoint.in fo/			
Dorchester, Somerset, Wicomico:	909 Progress Circle Salisbury, MD 21804	Phone:	410-742-0505, ex 109	Contact: Teja Rau: teja.rau@maryalnd.gov, 410-767-1266, Acting Chief, Long Term Services & Supports Eram Abbasi: eram.abbasi@maryland.gov,	MARYLAND DEPARTMENT OF AGING		
Queen Anne's:	104 Powell Street Centerville, MD 21617	Phone:	410-758-0848	410-767-1076, MAP I & A Manager			

Aging and Disability Resource Centers (ADRC), known locally as Maryland Access Point (MAP), were established in 2003. MAPs are administered by the Maryland Department of Aging, in collaboration with the Maryland Departments of Health and Mental Hygiene, Disabilities, Human Resources and the Governor's Office for the Deaf and Hard of Hearing. The ADRC initiative is sponsored by the federal Administration for Community Living, the Centers for Medicare and Medicaid Services and the Department of Veterans Affairs, and involves a national network operating in 54 states and territories.

	Maintaining Active Citizens (MAC), Inc.								
Dorchester:	2540 Cambridge Beltway Cambridge, MD 21613	Phone:	410-221-1920	Website: www.macinc.org	MAC MAINTAINING ACTIVE CITIZENS				
Wicomico:	909 Progress Circle Salisbury, MD 21804	Phone: Fax:	410-742-0505 410-742-0525	Email: macmail@macinc.org	Your area agency on aging				

MAC is the designated area agency on aging for Dorchester, Somerset, Wicomico, and Worcester counties. MAC is dedicated to the principle that older persons are entitled to lives of dignity, security, and physical, mental, and social well-being, as well as full participation in society. To achieve our purpose for all older persons, MAC, an equal opportunity employer and service provider, serves as a focal point from which to address social and economic needs identified by older persons, and to provide a full range of services. MAC is a private, non-profit organization and is proud to be a member agency of the United Way of the Lower Eastern Shore.

Maryland Department of Aging



301 West Preston Street, Suite 1007 Baltimore, Maryland 21201 410-767-1100 or 800-243-3425 Fax: 410-333-7943

The Maryland Department of Aging (MDoA) and the statewide network of 19 Area Agencies on Aging assist older Marylanders with a range of services and sources of information. MDoA administers state and federal programs, many of which are significantly lower in cost than nursing home placement. Programs include information, empowerment, community wellness and nutrition, long term services and supports, and elder rights protections.

Medicaid's Long-Term Care and Waiver Services

Community First Choice Waiver 1-877-463-3464

Services include: Personal Assistance Services, Personal Emergency Response Systems, Technology, Environmental Assessments, Accessibility Adaptations, Consumer Training, Supports Planning, Transition Services, Nurse Monitoring, and Home Delivered Meals.

Home and Community-Based Options Waiver 1-844-627-5465

Services include: Assisted Living, Medical Day Care, Family Training, Case Management, Senior Center Plus, Dietitian and Nutritionist Services, and Behavioral Consultation. Waiver participants are also eligible to receive Community First Choice Service.

Provides community services and supports to enable older adults and people with disabilities to live in their own homes. CFC and HCBO participants are also eligible to receive other Medicaid services which may include: Physician and Hospital Care, Pharmacy, Home Health, Laboratory Services, Mental Health Services, Disposable Medical Supplies, Durable Medical Equipment. Visit http://mmcp.health.maryland.gov/longtermcare for more information.

National Long-Term Care Ombudsman Resource Center

om• buds• man The National Long-Term Care Ombudsman Resource Center 202-332-2275 Fax: 202-332-2949 www.ltcombudsman.org

The Long-Term Care Ombudsman Program resolves the problems of individuals in long-term care facilities, provides information and referral about facility selection and quality care, assists resident and family councils, promotes residents' rights, and represents residents' needs and interests to public officials. Nursing homes and board and care homes (including assisting living) are visited by long-term care ombudsmen. Ombudsmen are advocates for residents, working with them, and for them, to address complaints. Confidentiality is central to all ombudsman work.

Queen Anne's County Area Agency on Aging								
Administrative	104 Powell Street	Phone:	410-758-0848	Email:	Hours of Operation:			
Office:	Centreville, MD 21617	Fax:	410-758-4489	cwillis@gac.org	Mon. – Fri. 8am to 4:30pm			

The Area Agency on Aging offers programs and activities that support senior citizens in their effort to remain healthy, active, and independent, and to age in place. Services are provided through multi-purpose senior centers located in Grasonville, Kent Island, and Sudlersville; as well as the administrative offices in Centreville. The Queen Anne's County Area Agency on Aging is designated as a Maryland Access Point, whereby consumers and caregivers can access the availability of long-term care support services and programs. It is designed to be a single point of entry for disabled individuals between the ages of 18 and 59 and for any consumer age 60 and older. The Queen Anne's County Area Agency on Aging is an E.O.E. and does not discriminate based on race, color, religion, sex, age, national origin, or disability in the admission of, access to, or treatment in its programs or activities.

Upper Shore Aging							
Main Office:	100 Schauber Road Chestertown, Maryland 21620	Phone: Fax:	410-778-6000 410-778-3562	Hours of Operation:	Website: www.uppershoreaging.org Email:		
Amy Lynn Ferris Activity Center: Caroline County Senior Center:	200 Schauber Road Chestertown, MD 21620 403 S. 7th Street, Suite 127 Denton, MD 21629	Phone: Fax: Phone: Fax:	410-778-2564 410-758-9994 410-479-2535 410-479-1879	Monday – Friday 8am to 3pm Monday – Friday 8am to 3pm	Gary Gunther, Executive Director ggunther@uppershoreaging.o rg		
Federalsburg Senior Center:	118 North Main Street Federalsburg, MD 21632	Phone: Fax:	410-754-9754 410-754-9262	Tuesday and Thursday 9am to 3pm	UPPER SHORE AGING, INC.		
Talbot County Senior Center:	400 Brookletts Ave. Easton, MD 21601	Phone: Fax:	410-822-2869 410-820-9563	Monday – Friday 8am to 3pm	"Ability is Ageless"		

Upper Shore Aging, Inc. is a nonprofit 501(c)(3) organization that is the designated Area Agency on Aging for Talbot, Caroline, and Kent counties, serving a potential market of nearly 22,000 persons over the age of sixty years. The organization develops and manages a coordinated program of services that work together with a goal of helping elders to remain, and live well, in the community if possible. Upper Shore Aging, Inc. works closely with the Maryland Department of Aging to serve the needs of its clients.

Veteran Services

	Cambridge VA Outpatient Clinic								
Address:	830 Chesapeake Drive Cambridge, MD 21613	Phone: Fax:	410-228-6243 410-901-4011	Hours of Operation: Mon. – Fri. 8am to 4:30pm	Website: www.maryland.va.gov				

Healthcare services include: Audiology, Coumadin Clinic, Hearing Aid Fitting, Medication Management, Mental Health, Primary Care, Occupational Therapy, Optometry, Post Traumatic Stress, Pulmonary, Social Work, Telemental Health, Tele-retinal Imaging, Urology, Vet Center, Women's Health.

Department of Veterans Affairs and Hotline Numbers



Website: www.va.gov
Benefits: 1-800-827-1000
Health Care: 1-877-222-VETS (8387)
VA Inspector General: 1-800-488-8244
Combat Call Center: 1-877-WAR-VETS (1-877-927-838)

Combat Call Center: 1-877-WAR-VETS (1-877-927-8387) Homeless Veteran Services: 1-877-4AID-VET (1-877-424-3838)



Maryland's Commitment to Veterans (MCV)

MCV is an outreach and referral initiative designed to serve those that have served our country. A live representative will connect veterans with a local Regional Resource Coordinator who will find the best services available to meet their needs and the needs of their family and ease the transition into civilian life.



For more information, please call 1-877-770-4801, visit the web: veterans.health.maryland.gov, or contact the Dina Karpf, Eastern Regional Resource Coordinator, at 410-725-9996 or dkarpf.mcv@gmail.com.

Perry Point VA Medical Center

Perry Point VA Medical Center Perry Point, MD 21902 410-642-2411 Fax: 410-642-1161

Website: www.maryland.va.gov

The Perry Point VA Medical Center provides a broad range of inpatient, outpatient, and primary care services. As the largest inpatient facility in the VA Maryland Health Care System, the medical center provides inpatient medical, intermediate, and long-term care programs, including nursing home care, rehabilitation services, geriatric evaluation and management, respite care, chronic ventilator care, and hospice care.

The Perry Point VA Medical Center is a leader in providing comprehensive mental health care to Maryland's Veterans. The medical center offers long- and short-term inpatient and outpatient mental health care, including the following specialized treatment programs:

- Mental Health Intensive Case Management
- Psychosocial Rehabilitation and Recovery Center
- Health Improvement Program
- Family Intervention Team
- Outpatient Trauma & Post Traumatic Stress Disorder Program
- Substance Use Residential Rehabilitation Treatment
- Domiciliary Residential Rehabilitation Treatment (for Homeless Veterans)
- Compensated Work Therapy Transitional Residence

Primary care and specialty outpatient services at the Perry Point VA Medical Center are provided in an outpatient facility that was designed and constructed to meet the needs of Veterans by offering the latest medical technology, ample clinical space and comfortable waiting areas and exam rooms.

Contact: Albert Pacitti, Outreach Social Worker - Healthcare for the Homeless Veterans, at Albert Pacitti@va.gov for more information.

	Salisbury Outstation - VA Vet Center							
Address:	926 Snow Hill Road, #3 Salisbury, MD 21804	Phone:	443-248-0362 or 877-927-8387	Hours of Operation: Mon. – Fri. 8am to 4:30pm	Website: www.maryland.va.gov			

In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

Veterans Support Centers of America



Veterans Support Centers of America (VSCOA) is a nonprofit organization formed to serve the rural disabled and homeless Veteran community. Their PAWS (Partnering Animals with Soldiers) Program is dedicated to helping both homeless veterans and homeless animals. Visit www.vscoapaws.org or www.facebook.com/VSCOAPAWS for more information. The VSCOA also provides advocacy and limited shelter services. Their extensive network of service providers, knowledge of the Veterans Administration system and professional staff form a unique and successful program of services to support the needs of the rural veteran.

If you are a Veteran in need of shelter, please call: 410-873-2500 or 410-873-2550. For resource questions please call Mike Bargiband at 443-924-0872, mike.bargiband@vscoa.org. For general inquiries, please email: support@vscoa.org or visit the website at www.vscoa.org

Supportive Services for Veteran Families (SSVF) Programs



St James AME Zion Church - Zion House

521 Mack Avenue Salisbury, MD 21801 410-742-1427

A.M.E. Zion Church Hours of Operation: 10am to 4pm

St. James AME Zion Church – Zion House is a 501(c)(3) nonprofit organization that has served Marylanders since 2002. Each year St. James Zion House assists thousands of individuals through a variety of community- based services. St. James Zion House has worked collaboratively with and received grants from the Wicomico County Health Department, Healthy U, the American Psychological Association, and the Department of Health and Mental Hygiene. The non-profit also served as the Homeless Prevention and Rapid Re-housing vendor for the City of Salisbury utilizing funding obtained through the American Reinvestment and Recovery Act.

Homeless Prevention & Rehousing

There are many circumstances that can lead to homelessness. Some veterans become homeless due to a combination of housing shortages and high unemployment. Other veterans may be dealing with painful memories or health issues and have little access to health care or support from family and friends. SSVF provides direct services to veterans and their families to help homeless, or at-risk veteran families. SSVF provides a link to benefits and resources for family stability.

<u>Homeless Veteran Re-integration Program (HRVP)</u>. We can assist qualified veterans with employment search, training, purchase of tools and work clothes, and job placement. We have two case managers and an employment development case manager.

Services

- Child Care
- Financial Planning
- Legal Services
- Moving Costs
- Rent/Utility Deposit

Insurance premiums

Medical or dental care

Gift/Food/Gas cards, or

• Transportation

Furniture

SSVF Temporary Assistance CANNOT be used for:

- Mortgage costs
- Property taxes
- Construction or renovations
- Credit card bills
- Car payments
- Who is eligible?
- Applicants must meet the following guidelines:
 - At least one day of active military service
 - Applicants must lack the financial resources and support networks needed to obtain housing or remain in existing housing
 - Discharge other than dishonorable from active service
 - Very low income: <50% of area median income

For more information, contact Lore Chambers at llchambers007@gmail.com

Alliance, Inc. - Veterans Housing Outreach and Assistance

7701 Wise Avenue Baltimore, MD 21222 410-282-5900, ext. 3333

Website: www.allianceinc.org

Factors such as joblessness, limited income, disabilities, mental illness, substance use, poor credit, criminal histories, and traumatic events affect housing stability. Alliance's Supportive Services for Veteran Families (SSVF) program is designed to help Veteran families address these issues and secure permanent housing. SSVF provides a short, intensive period of case management to link families to benefits and provide temporary financial assistance with housing or moving expenses.

Temporary Financial Assistance

SSVF offers limited financial assistance that helps Veterans remain in or obtain permanent housing:

- Rent (not including mortgage payments, penalties, or fees)
- Utility fees
- Security or utility deposits
- Moving costs
- Childcare
- Transportation

Only participants receiving case management will be eligible for financial assistance payments. All payments made to third parties.

Case Management

Alliance case managers are experienced, trained, and educated professionals who truly care about helping others and who have a unique understanding of Veteran needs. They will:

- Assess your individual needs and situation.
- Develop a plan to help you achieve your housing goals.
- Link you with vital resources at the VA and in the community.
- Monitor progress towards your goals and refine as needed.
- Advocate on your behalf at the VA and in the community. SSVF participants will receive a short (3-6 months) period of case management to assist them with obtaining permanent housing. For program form, contact John Pomory at jpomory@allianceinc.org, 410-282-5900 ext. 3015.

Transportation

County Ride - Queen Anne's County

County Ride is the public transit system for Queen Anne's County and is operated under the Department of Aging. The County Ride team is committed to assisting and increasing the transportation and mobility options of our county residents. The staff is committed to providing quality transit service for the public and specialized services for seniors and persons with disabilities who are unable to use the fixed-route public system.

County Ride operates two deviated fixed routes, Route 1 and Route 2. Deviated-fixed routes operate on a time schedule. Drivers may deviate off the route for any rider if the deviation will not make the route late. Please call dispatch at 410-758-2361 or 410-758-2357 for more information about deviations.



County Ride also operates a demand response service which is open to everyone. Demand Response is a service for those not able to access Route 1 or Route 2. Please call dispatch at 410-758-2361 or 410-758-2357 to schedule a demand response ride or for more information about the service.

To contact County Ride for more information or to schedule a ride call 410-758-2357 Monday through Friday 8am to 4pm or via email at Transportation@qac.org

Bay Country Taxi

218 N. Washington Street, Ste. 19 Easton, MD 21601 410-770-9030

Website: www.baycountrytaxi.com

Bay Country Taxi & Transportation Company is a locally-owned and operated company that has been serving the community for over 18 years. Provides fast and friendly pick-up and drop-off services at competitive prices. Get FREE ESTIMATES on all rides.

Delmarva Community Transit – One Stop



One Stops are located in Caroline (410-479-3867), Dorchester (410-221-1910), Kent (410-778-5187), and Talbot (410-822-4155) counties and provide one place for information and assistance about transportation solutions as well as information and assistance to access community agencies and people who may be able to help with other problems one might face. One Stops can make phone calls, assist with paperwork and locate resources, all under one roof. This service is free. Please ask to speak to "One Stop" for help. For Spanish line, dial 410-490-1696 for assistance.

Home Ports

P.O. Box 114 Chestertown, MD 21620 443-480-0940

Website: www.homeports.org



Home Ports is based in Kent County and provides services to its members, who are age 55 and over. There is a fee to be a member. Services include referrals to a vetted list of transportation providers for local and regional transportation needs. Limited volunteer-based transportation services available.

Key Lime Taxi of the Eastern Shore

222 South Bridge St Suite 1 Elkton, MD 21921 Cecil County: 410-996-4950 Kent/Talbot County: 855-996-4950 (Toll Free)

Website: www.elktontaxi.com



Highly experienced taxi drivers know their way around town and show up in a timely manner - enjoy a comfortable ride in one of our clean taxi cabs. Whether you're visiting our city or simply don't want to hassle with parking, let one of our cabs save you the stress of working out your transportation.

MTA Commuter Bus

800-543-9809 Toll Free: 1-866-RIDE-MTA (1-866-743-3682)

> Hour of Operation: MondayFriday, 6am to 7pm

Route 240/250 serves Kent Island of Queen Anne's County.

Maryland Upper Shore Transit (MUST)

1-866-330-MUST (6878) Website: www.mustbus.org



A fixed route service. MUST is a collaborative effort between Delmarva Community Transit and Queen Anne's County, County Ride. Special services are available for persons unable to use the regional fixed routes. Contact your local transportation provider for trip availability.

Partners in Care

400 Brooklets Ave. Easton, MD 21601 410-822-1803

Website: www.partnersincare.org/upper-shore



Partners in Care based in Talbot County offers a volunteer-based 'time bank" transportation program to its members, who are age 60 and over. Contact: Pam O'Brien, Site Coordinator, pamo'brien@partnersincare.org

Shore Transit



443-260-2300

Website: www.shoretransit.org

Shore Transit, a division of the Tri-County Council for the Lower Eastern Shore of Maryland, is the public transit agency for the Maryland lower eastern shore counties of Somerset, Wicomico, and Worcester. Shore Transit offers public transportation via fixed route and origin-to-destination services.

Upper Shore Take A Ride (USTAR)

USTAR (Upper Shore Take-A-Ride) is a rural transportation program operated by Upper Shore Aging, Inc., serving Kent, Talbot and Caroline counties, Maryland. It is the only multi-jurisdictional transportation enterprise operated in Maryland. USTAR supports the various programs of Upper Shore Aging, and directly provides for the transportation needs of the elderly and disabled persons of the service area, as well as the public. The program also provides for the transportation needs of Medical Assistance clients, and coordinates services with other social service agencies. Due to the rural nature of the service area, USTAR is a Demand-Response transportation program: clients call a dispatcher and arrange to be picked up from their door. Service is subject to advance scheduling (at least 48 hours' notice). Contact Cary Malkus, Director of General Services, 410-758-6500, for special transportation projects/trips.

<u>USTAR Fares:</u> Senior Citizens/Disabled Persons: \$.50 per day, if within the county; \$2.50 per day, if outside the county (up to 50 miles round trip); \$10.00 per day, outside the county and over 50 miles round trip. General Public: \$1.00 per day, if within the county, \$5.00 per day, if outside the county (up to 50 miles round trip), \$20.00 per day, outside the county and over 50 miles round trip.

Local Numbers: Caroline County: 410-479-3867; Kent County: 410-778-5187; Talbot County: 410-822-4155

Disability Programs

	Bay Area Center for Independent Living						
4 <i>i</i>	909 Progress Circle, Suite 300	Phone: 443-260-0822		Email:	Hours of Operation: Mon. – Fri. 8:00am to 4:30pm		
· · · · · · · · · · · · · · · · · · ·	Salisbury, MD 21804 Fax: 443-260-0833		Website: www.bayareacil.org	Payment Types Accepted: DORS, Medicaid			
	Services:			Conditions Served:			
BACIL Your Disability Resource Center	✓ Advocacy Services ✓ Assistive Technology Evaluations and Loans ✓ Benefits Counseling ✓ Information and Referral ✓ Independent Living Skills ✓ Independent Living Communities for Older Adults ✓ Job Search/Placement ✓ Peer Mentoring ✓ Transition Services			✓ ADHD ✓ Anxiety/Phobias ✓ Bipolar Disorder ✓ Brain Injuries ✓ Chronic Mental Illness ✓ Co-Occurring ✓ Dementia ✓ Depression ✓ Developmental Disabilities	 ✓ Personality Disorders ✓ Physical Disabilities ✓ Post Traumatic Stress Disorder ✓ Schizophrenia ✓ Developmental Disabilities 		
Translator? ASL	✓ Vocational Education✓ Youth Development						

An independent living center is a consumer controlled, community-based, cross disability, nonresidential private nonprofit agency that is designed and operated within a local community by individuals with disabilities. Independent living services maximize the ability to live independently in the environment of their own choosing. Bay Area Center for Independent Living (Bay Area CIL) offers five core services mandated by the Rehabilitation Act of 1973, as amended, Title VII, Chapter 1, and reauthorized by the Workforce Innovations and Opportunities Act of 2014. Bay Area CIL is a private nonprofit organization established in 1974 to serve citizens with disabilities of the 9 counties of Maryland's Eastern Shore.

The Benedictine School

14299 Benedictine Lane Ridgely, MD 21660 410-634-2112 Fax: 410-634-2640

Website: www.benschool.org



Benedictine Programs and Services: Educational, residential and day services for children and adults with developmental disabilities, ages 5 through 60. School programs include functional academics; speech therapy; psychological, psychiatric, social work, counseling, and case management; assistive technology; physical and occupational therapy; vocational and transitional services; and intensive collaborative programs designed for students within the Autism Spectrum. The Open Community Program operates state-licensed group homes for adults in Maryland. Benedictine is a fully approved, non-sectarian service provider caring for individuals with special needs without regard to racial, ethnic, or religious background, on Maryland's Eastern Shore.

Caroline Center, Inc.



12061 School Street P.O. Box 460 Ridgely, MD 21660 800-863-2102 or 410-643-2103 Fax: 410-634-2653

Website: www.carolinecenterinc.org

Caroline Center inspires program participants to make healthy choices with regards to where, and with whom, they live, learn, work, and socialize; and to share in the responsibilities attributing to their quality of life. The Caroline Center offers a Life Enrichment Program, available to adults and transitional-aged youth (18 years of age and older) with intellectual and developmental disabilities; a Residential Program, designed to allow individuals to have access to the services and supports, within the agency and the community, they need to live their lives in the way that they choose; and Support Services, including Community Supported Living Assistance (CSLA) and Family & Individual Supported Services (FISS). These services are available to eligible children and adults with intellectual and developmental disabilities so that they may remain in their own homes. Individuals receive guidance related to daily living skills, meal preparation, transportation, employment opportunities and participation in life enriching activities. FISS services are flexible and responsive to the needs of the individuals and/or families who live within a household. These services enable families to receive emotional, physical, and financial support by providing financial assistance, transportation and in-home care for individuals.

	Chesapeake Center, Inc.							
	713 Dover Road P.O. Box 1906 Easton, MD 21601	Phone: Fax: Website: Email:	410-822-4122 410-822-4184 www.chesapeakecenter.org info@chesapeakecenter.org	Hours of Operation: Vocational: Mon. – Fri. 8:30am to 2:30pm, Office open until 4:30pm	Payment Types Accepted: Grant Funds, Sliding Scale Fee, Public Behavioral Health, DDA Funding & DORS			
Providers:	Services:		Conditions Served:	Treatment Modalities:				
Translator?	rse			☑ Developmental Disabilities☑ Intellectual Disabilities	Chesapeake Center Expanding Opportunities for Adults with Disabilities			

Chesapeake Center is a community non-profit agency, serving the needs of those with primarily developmental disabilities. They offer vocational training, job training, supported employment and habilitation services. They provide supervised residential settings for adults with DD that target independent living skills training. They can also offer community supports to adults with DD who live on their own and need help with errands, banking, budgeting, community integration, appointments, and securing/retaining benefits.

		Chester	wye Ce	nter, Inc.			
	110 Chesterwye Lane P.O. Box 96 Grasonville, MD 21638	Phone: 410-827-7048 Fax: 410-827-6457 Website: www.chesterwye		-6457 Monday – Frid			Payment Types Accepted: Grant Funds, Sliding Scale Fee, Self Pay, Medicare, Private Insurance, DDA Funding
Providers:	Serv	vices:		Conditi	ions Served:	,	Treatment Modalities:
☑ LCSW-C ☑ Nurse	 ☑ Job Search/Placement ☑ Older Adults/Aging Is ☑ Program Transportatio ☑ Residential Services for Intellectual Disabilities ☑ Respite Care ☑ Supported Employme 	ssues on for Adults with		 ✓ Anxiety/Phobias ✓ Autism ✓ Bipolar Disorder ✓ Brain Injuries ✓ Chronic Mental Illness ✓ Dementia ✓ Depression ✓ Developmental Disabilities 		 ☑ Behavioral Treatment ☑ General Counseling ☑ Individual Counseling ☑ Mental Health Related Support Groups 	
Translator? Yes, Spanish and Hearing Impaired	✓ Vocational Education			 ☑ Eating Disorders ☑ Hoarding Behaviors ☑ Intellectual Disabilities ☑ Personality Disorders ☑ Physical Disabilities ☑ Self Injurious Behaviors ☑ Sexual Disorders 		Ī	Lenter Chester wye Lenter inc.

Delmarva Community Services, Inc.



2450 Cambridge Beltway Cambridge, MD 21613 410-221-1900 Fax: 410-221-1917

Website: https://www.dcsdct.org/services-for-individuals-with-disabilities.html

Residential services are available to persons with developmental disabilities via a referral service in conjunction with the Dorchester County Health Department's Office of Developmental Disabilities. Based on this referral process, a plan is developed to secure appropriate funding and decide on the level of care needed to meet the individual's/service plan. Services range from drop-in supervision to 24-hour supervision. Individuals may live in single dwellings or in homes having three to five bedrooms. Staff members receive special training to work in these settings. Everyone is assigned a coordinator who monitors their care and supervision and makes certain their outcomes and goals are addressed. Call 410-221-1900, ext. 137, for more information.

The Vocational Program is a multi-faceted approach that offers many opportunities for individuals with developmental disabilities. Several avenues of training and work are available based on the McCarron Dial Basic Vocational Evaluations, and the goals and desires of the individual. Call 410-221-1900, ext. 120, for more information.

Respite is a program that helps caregivers get a break from the care they provide a loved one. This allows caregivers to be able to continue to do what they do, caring for a loved one. They can use the respite hours for vacation, appointments they have, shopping, etc. Caregivers are reimbursed. There are five respite care programs administered by Delmarva Community Services. All programs require an application. Please contact the respite office to see if you or your loved one qualifies for one of our programs.

			Kei	nt Center			
	215 Scheeler Road Chestertown, MD 21620	Phone: Fax: Website:	410-778 410-778 <u>www.ke</u>		Hours of Operat	ion:	Payment Types Accepted: Grant Funds, Self Pay, Medicare, DDA Funding
Providers:	Services	:		Conditi	ons Served:		Treatment Modalities:
☑ Nurse	✓ Adult Day Programs ✓ In Home Supportive Service ✓ Job Search/Placement ✓ Program Transportation ✓ Residential Services for Adulted Disabilities ✓ Respite Care ✓ Supported Employment ✓ Vocational Education	e Supportive Services rch/Placement n Transportation ntial Services for Adults with Disabilities Care ted Employment		✓ Autism ✓ Developmental Disabilities ✓ Intellectual Disabilities ✓ Physical Disabilities		Vocational Rehabilitation ✓	
Translator?							
Yes, Spanish and French							

Kent Center, Inc. is a not-for-profit organization, that provides highly personalized 24-hour a day services for adults who have a broad spectrum of developmental disabilities, such as intellectual disabilities, autism, cerebral palsy, and/or physical disabilities. Since 1970, the mission of Kent Center has been to ensure the safety and wellbeing of each individual family member, treat them with respect and dignity and provide enriching opportunities and choices which will enable them to independently live, work and contribute positively to our community to the greatest extent of their abilities.

Kent Center is the primary provider in Kent and northern Queen Anne's Counties, of daytime, vocational, PSS (CSLA), respite, supported employment, and/or residential services for 80 adults. Kent Center's services are tailored to meet the specific needs of each person we have the privilege of working with and focus on enhancing their lives as well as the lives of the families that love them. Kent Center core focus is to enhance all lives by Creating hometown connections.

Kent Center's retail thrift store, Hidden Treasures and Kent House Kitchen provides clients interested in working in a controlled environment within Chestertown a sheltered workshop where they can work with group or one-to-one job coaching so they may complete their jobs and experience the pride and satisfaction that come with a job well done. Hidden Treasures is located at the Kent Plaza Shopping Center on Washington Avenue in Chestertown.

Kinera Foundation

115 Sallitt Dr., Suite C Stevensville, MD 21666 443-249-3126

Website: www.kinera.org
Email: info@kinera.org

Kinera Connect allows an opportunity for parents of children with special needs to come together, in a supportive setting, to gain information for assisting their children and families, further educate themselves on aspects of special needs areas, gain a support network, and share ideas from family to family. Kinera provides quality childcare for the duration of the meetings, and offers a variety of guest presenters relevant to your child's need and location.

Kent Island Kinera Connect

Meets the 3rd Wednesday of each month from 6:30pm-8:30pm Busy Bodies Bay Area Gym – Stevensville For more information contact: Julie Vallecillo, Julie@kinera.org

Salisbury Kinera Connect

Meets the second Wednesday of each month from 6:00pm-8:00pm
Emmanuel Wesleyan Church - Salisbury
For more information contact: Anna Haberkorn, Anna@Kinera.org

Kinera Foundation Eastern Shore Regional Hub: Kinera Foundation is committed to ensuring that families raising children with special needs have equitable access to therapies and treatments, within the Region the family resides. Services provided within the Hub are geared toward children with special healthcare needs, and are Patient/ Family Centered, coordinated, and centralized. Their therapists and specialists have years of training and experience in the pediatric field, and are focused on providing Family Centered Care. As depicted in the floor plan, Kinera forgoes the traditional waiting area for a Family Lounge, which allows for families to interact in a more natural environment, is aimed at easing anxiety for children waiting, and is equipped with resource computers allowing access to information pertaining to your child's need. We also understand that new spaces and the anxiety of upcoming appointments can be too much for children to endure. To ensure a successful appointment for children with sensory needs, we have a Sensory Friendly Wait Room, equipped with low lighting, sensory toys, and Yogibo (c) chairs. In addition to direct services, the Kinera Foundation Regional Hub aims to provide families with a space to seek information and resources, network with other families, and establish an avenue for the greater community to learn how to create inclusive and community programs for children with special health care needs.

Pathfinders for Autism



303 International Circle, Suite 110 Hunt Valley, MD 21030 443-330-5370 Toll Free Helpline: 443-330-5341 Fax: 443-330-5361

Website: www.pathfindersforautism.org

Pathfinders, Inc. was established as a 501(c)3 nonprofit organization in February 2000 by parents of children with autism, including Baltimore Orioles Hall of Famer William "B.J." Surhoff and his wife Polly Winde Surhoff. After 18 months of development, Pathfinders for Autism launched the Pathfinders for Autism Resource Center – offering knowledgeable staff and a searchable online database to help families in Maryland find critical service providers quickly and efficiently.

Since then, Pathfinders for Autism has grown into the State's largest autism organization dedicated to helping individuals, parents, and professionals find resources, supports, and training while working to increase the awareness of autism spectrum disorders and advocating for the needs of individuals with autism and their families. Open Monday – Friday, 9:00am to 3:00pm by appointment; call in advance.

Legal Services

Legal Aid



Upper Eastern Shore (Caroline, Kent, Queen Anne's, and Talbot)

106 N. Washington Street, Suite 101 Easton, MD 21601 410-763-9676 Fax: 410-763-8752

Website: www.mdlab.org

Lower Eastern Shore (Dorchester, Somerset, Wicomico, and Worcester)

111 High Street Salisbury, MD 21801 410-546-5511

Fax: 410-860-2148 Website: www.mdlab.org

Disability Rights Maryland



1500 Union Ave, STE 2000 Baltimore, MD 21201 410-727-6352 or 800-233-7201 Fax: 410-727-6387

Website: www.disabilitvrightsmd.org

A private non-profit organization staffed by attorneys and paralegals. The protection and advocacy organization for Maryland.

Maryland Volunteer Lawyer Services



1 North Charles Street, Suite 222 Baltimore, MD 21201 1-800-510-0050

Website: www.mvlslaw.org

Legal assistance for people in need. MVLS provides free or reduced fee representation to low-income individuals and non-profit organizations that have civil legal issues throughout Maryland.

Mediation Services

Mid-Shore Community Mediation Center

300 Talbot Street, Suite 206 Easton, Maryland 21601 410-820-5553

MID SHORE mscmc@goeaston.net Website: www.midshoremediation.org

Mid Shore Community Mediation Center provides mediation and conflict resolution services for all types of disputes and situations, please contact us if you have questions about how mediation may be suitable for your conflict. In addition to mediation, we offer group meeting facilitation and conflict management workshops.

Community Mediation Upper Shore, Inc.

P.O. Box 692 Chestertown, MD 21620 410-810-9188

info@cmusmediation.org Website: www.cmusmediation.org

The mission of Community Mediation Upper Shore is to provide accessible conflict resolution services through mediation, education, and training to promote respectful resolution of conflicts and disputes throughout Queen Anne's, Kent, and Cecil counties in Maryland.

Mid-Shore Pro Bono, Inc.



8 S. West Street Easton, MD 21601 410-690-8128 Fax: 443-385-0210

Website: www.midshoreprobono.org

Mid-Shore Pro Bono is a legal services provider for Kent, Queen Anne's, Caroline, Talbot, and Dorchester counties. They offer several programs to residents with civil legal issues only. Mid-Shore Pro Bono is committed to ensuring equal access to civil justice y connecting low-income individuals and families in need of civil legal help with volunteer attorneys and community resources.

Recovery Supports and Other Resources

American Red Cross



100 West 10th Street Wilmington, DE 19801 320-656-6620

Website: www.redcross.org

Americans with Disabilities Act Hotline

1-800-514-0301

This service permits businesses, State and local governments, or others to call and ask questions about general or specific ADA requirements including questions about the ADA Standards for Accessible Design. ADA specialists are available Monday through Friday from 9:30am to 5:30pm except on Thursdays, hours are 12:30pm to 5:30pm.

Behavioral Health Integration in Pediatric Practice (B-HIPP) Salisbury

B-HIPP provides in-house behavioral health consultant service to local pediatric providers and the families they serve. Master of Social Work (M.S.W.) interns serve as a resource to local agencies seeking a pipeline for information to and from the pediatric primary care offices. Daily roles of B-HIPP interns include advocate, case manager, therapist, behavioral interventionist, navigator, family worker, educator, and crisis manager. Intervention targeting includes parenting skills training, stress management, communication and targeted mood management, assessment and behavioral management, and motivational interviewing. Additional services include outreach to local agencies, resource fairs, and continuing education.

B-HIPP also provides phone consultations for pediatric primary care providers throughout the State of Maryland with questions surrounding mental health concerns. Medical providers may contact 1-855-MD-BHIPP or mcrosby@jhsph.edu for a free enrollment form.

B-HIPP is supported by funding from the Maryland Department of Health and Mental Hygiene and Maryland State Department of Education and is conducted through a partnership among the University of Maryland School of Medicine/Department of Psychiatry, the Johns Hopkins University School of Public Health, and Salisbury University Social Work Department.

For more information, please contact Amy Habeger, LCSW-C, B-HIPP Salisbury Program Coordinator by calling 410-251-9162 or by emailing adhabeger@salisbury.edu

The Center for Eating Disorders at Shepard Pratt

Physicians Pavilion North, Suite Address:

300

6535 North Charles Street Baltimore, Maryland 21204 Phone: 410-938-5252 Fax: 410-938-5250

Website: www.eatingdisorder.org

EatingDisorderInfo@sheppardpratt.org Email:

The Center for Eating Disorders

The Center combines a behavioral program to assist in the management of eating disorder impulses with an evidence-based, multi-modal therapy program. Individual and group therapies include cognitive-behavioral therapy, dialectic behavior therapy, interpersonal therapy, body image therapy, art therapy, occupational therapy, nutritional counseling and mindfulness approaches including gentle yoga, breath work and creative visualization. Family therapy at The Center is guided by a Family-Based Treatment approach (Maudsley model) and family systems theory. The Center for Eating Disorders provides state-of-the-art treatment for females and males of all ages and ethnicities affected by eating disorders.

The program provides a full-continuum of evidence-based and individualized care for people struggling with the following disorders: Anorexia Nervosa (AN), Bulimia Nervosa (BN), Binge Eating Disorder (BED) and Compulsive Overeating, Eating Disorder Not Otherwise Specified (EDNOS), Avoidant/Restrictive Food Intake Disorder (ARFID), Body Dysmorphic Disorder (BDD), and other issues in feeding and eating.

Chase Brexton Health Care Payment Types Accepted: 8221 Teal Drive, Suite Address: Phone: 866-260-0412 x4350 **Hours of Operation:** 202 Sliding Scale Fee, Self Pay, 410-822-6721 Mon-Fri 8:30am - 500pm Fax: Medicare, Medicaid, and Easton, MD 21601 www.chasebrexton.org Closed daily 12:00pm-1:00pm Website: Most Insurances



Mission: to provide compassionate, quality health care that honors diversity, inspires wellness, and improves our communities.

Services: Chase Brexton Easton Center offers primary care, specialty care for HIV and Hepatitis C, case management, in house lab and access to the Chase Brexton Pharmacy in Baltimore which has financial assistance for reduced cost medications for those patients who are uninsured. We look forward to adding our own in-house Pharmacy in Early 2019.

Chase Brexton sites on the Western Shore provide medical, dental, behavioral care including substance abuse treatment. Those sites include Columbia, Glenn Burnie, Randallstown, and our Mount Vernon Center in Baltimore. Each of our sites on the western shore includes a pharmacy. Find out more at our website. chasebrexton.org

Chesapeake HELPS! - Chesapeake College



P.O. Box 8 Wye Mills, MD 21679 1-866-722-4HLPS (4577) Fax: 410-827-7121

Website: www.chespeakehelps.org

Connections to resources for Queen Anne's County, Maryland.

Free and confidential services, here to help!

	Choptank Commu	nity Health System, Inc	
CHOPTANK community health	CHS Billing Offices 301 Randolph Street Denton, MD 21629 410-479-4306	Hours of Operation: Monday – Friday 8:00am to 4:30pm	In addition to the corporate offices, departments at this location include Billing, Human Resources, Information Technology and Facilities Maintenance. An annex at the same location houses the School Based Wellness and Migrant Health programs.
Caroline:	Denton Medical Center 609 Daffin Lane Denton, MD 21629 410-479-2650	Hours of Operation: Mon. 7:30am to 6:45pm, Tues- Fri 7:00am to 5:00pm The Denton Medical Center prov. Practice, Women's Health (one day and Pediatric services for central County.	
	Goldsboro Medical & Dental Center 316 Railroad Ave. Goldsboro, MD 21636 410-634-2380 (Medical) 410-482-2224 (Dental)	Hours of Operation: Monday – Thursday 7:30am to 4:30pm Friday 7:30am-4:00pm	The Goldsboro Medical Center provides Family Practice and General Dentistry services for northern Caroline County.
	Federalsburg Medical & Dental Center 215 Bloomingdale Ave. Federalsburg, MD 21632 410-754-9021 (Medical) 410-754-7583 (Dental)	Hours of Operation: Mon & Wed 7:00am – 6:45pm Tues & Thurs 7:00am- 5:00pm Friday 7:00am- 4:30pm	The Federalsburg Medical and Dental Centers offer complete Family Practice and General Dentistry services to the town of Federalsburg and lower Caroline County.
Dorchester:	Fassett Magee Health Center 503 A Muir Street Cambridge, MD 21613 410-228-4045	Hours of Operation: Monday – Friday 7:30am to 5:00pm	The Fassett Magee Health Center offers complete Family Practice to the city of Cambridge and Dorchester County, as well as Women's Health.
	Cambridge Dental Center 503 A Muir Street Cambridge, MD 21613 410-228-9381	Hours of Operation: Monday – Thursday 7:30am to 6:30pm Friday 8:00am-4:30pm	The Cambridge Dental Center offers Pediatric Dental services to the city of Cambridge and surrounding lower Dorchester County.

Talbot:	Bay Hundred Health Center 933 South Talbot Street, Unit 4 St. Michaels, MD 21663 410-745-0200	Hours of Operation: Monday – Thursday 8:00am to 4:30pm Friday 7:30am to 4:00pm	Bay Hundred Health Center offers Family Practice services to the town of St. Michaels and surrounding lower Talbot County.
	Easton Pediatrics 522 Cynwood Drive, Suite 100 Easton, MD 21601 410-770-8910	Hours of Operation: Monday-Friday 7:30am- 5:00pm	The Easton Pediatric Center offers complete Pediatric services.

Compass Regional Hospice, Inc.



255 Comet Drive Centreville, MD 21617 443-262-4100 Fax: 410-758-5471

Website: www.compassregionalhospice.org

For more than 30 years, Compass Regional Hospice has been dedicated to supporting and helping people through the difficult and challenging time of living with a serious illness. What began as an all-volunteer organization has since developed into a visionary, state-of-the-art organization recognized locally, regionally, and statewide for its excellence. We serve the communities of Queen Anne's, Kent, and Caroline counties, wherever you call home, including private residences and assisted living and skilled nursing facilities. We will meet you wherever you are on your journey.

In addition to our home hospice and bereavement care programs, we offer Bridges, a nonmedical supportive care program for individuals who are transitioning to the next level of care or are not yet ready for hospice. When care at home is no longer an option, our residential hospice centers in Centreville and Chestertown offer a clinically supportive environment with around-the-clock care in a home-like setting.

We also are a Level 4 partner of the We Honor Veterans program and offer veteran-centric care to our military men, women, and families. Our staff can provide additional information and tools to our patient families surrounding veteran end-of-life experiences, benefits provided to them and other ongoing projects to recognize the dedication of their loved one.

Compass Regional Hospice is a fully licensed, independent, community-based nonprofit organization certified by Medicare and the state of Maryland and accredited by the Joint Commission. It is affiliated with the National Hospice and Palliative Care Network and the Hospice Network of Maryland.

Deaf Independent Living Association, Inc. (DILA)



806 Snow Hill Road Salisbury, MD 21804 410-754-5052 Fax: 410-543-4874 Videophone: 443-365-2645

Website: <u>www.dila.org</u> Hours: Mon.-Fri. 9am to 5pm

The mission of Deaf Independent Living Association, Inc. (DILA) is independence of people who are deaf or hard of hearing through communication, connection, and community support.

Department of Health						
Caroline:	403 S. 7th Street, Denton, MD 21629	Phone:	410-479-8030	Fax:	410-479-0554	
Dorchester:	3 Cedar Street, Cambridge, MD 21613	Phone:	410-228-3223	Fax:	410-228-9319	
Kent:	125 Lynchburg Street, Chestertown, MD 21620	Phone:	410-778-1350	Fax:	410-778-6119	
Queen Anne's:	206 N. Commerce Street, Centreville, MD 21617	Phone:	410-758-0720	Fax:	410-758-2838	
Talbot:	100 S. Hanson Street, Easton, MD 21601	Phone:	410-819-5600	Fax:	410-819-5690	

Maryland Department of Health



201 W. Preston Street Baltimore, MD 21201 410-767-6500 or 1-877-463-3464 Website: www.health.maryland.gov

MDH works together to promote and improve the health and safety of all Marylanders through disease prevention, access to care, quality management, and community engagement.

Department of Juvenile Services (DJS)						
Caroline:	317 Carter Avenue, Suite 105, Denton, MD 21629	Phone:	410-819-6556	Fax:	410-819-6559	
Dorchester:	310 Gay Street, Cambridge, MD 21613	Phone:	410-228-6452	Fax:	410-228-3342	
Kent:	315 High Street, Suite 202, Chestertown, MD 21620	Phone:	410-778-6103	Fax:	410-778-6307	
Queen Anne's:	120 Broadway, Suite 9, Centreville, MD 21617	Phone:	410-819-4180	Fax:	410-819-4190	
Talbot:	600 Dover Road, Suite 104, Easton, MD 21601	Phone:	410-822-5010	Fax:	410-822-5550	

Department of Social Services (DSS)						
Caroline:	207 S. Third Street, Denton, MD 21629	Phone:	410-819-4500	Fax:	410-819-4504	
Dorchester:	627 Race Street, Cambridge, MD 21613	Phone:	410-901-4100	Fax:	410-901-2705	
Kent:	350 High Street, P.O. Box 670, Chestertown, MD 21620	Phone:	410-810-7600	Fax:	410-778-1497	
Queen Anne's:	125 Comet Drive, Centreville, MD 21617	Phone:	410-758-8000	Fax:	410-758-8110	
Talbot:	301 Bay Street – Unit 5, Easton, MD 21601	Phone:	410-770-4848	Fax:	410-820-7117	

Eastern Shore Area Health Education Center (AHEC)



814 Chesapeake Dr Cambridge, Maryland 410-221-2600 Website: www.esahec.org

The Eastern Shore Area Health Education Center (AHEC) is a private, non-profit, 501(C) 3 organization, which became operational in 1997. Governed by a 16-person Board of Directors, AHEC services the nine counties comprising Maryland's Eastern Shore. AHEC's goal is to increase the number of health care providers who provide services in rural and underserved areas and eliminate health disparities among diverse populations of the Eastern Shore by providing and coordinating programs that improve the health status of all. In the face of rapidly changing demographics in the region, AHEC leverages federal, state, and local resources to support health careers promotion, health professions student rotations in underserved rural communities, continuing education, and community health promotion activities.

Forensic Mental Health Services

MSBH Forensic Mental Health Program

28578 Mary's Ct., Suite 1, Easton, MD 21601 410-770-4665/Fax 410-770-4809

Website: www.midshorebehavioralhealth.org

Forensic Mental Health Program Manager: Belinda Frankel, LCSW-C (bfrankel@midshorebehavioralhealth.org)
Forensic Mental Health Case Specialist: Akima Copper (acopper@midshorebehavioralhealth.org)

The Forensic Mental Health Program focuses on the intersection between the criminal justice and mental health systems. This program works to evaluate and connect criminal defendants and probationers to the limited community mental health resources available on the mid-shore. The FMHP staff works closely with Judges, Masters, Parole and Probation Agents and local detention centers to assist in cases where the defendant has mental health and/or co-occurring issues. The FMHP staff can provide mental health evaluations, jail diversion plans, referral and resource connection, mental health treatment monitoring and advocacy. Case management services are provided for diversion and monitoring cases.

The staff consists of a mental health coordinator who is a licensed mental health professional with experience in forensics and a case manager with knowledge of Mid Shore resources.

Maryland Community Criminal Justice Treatment Program

The Maryland Community Criminal Justice Treatment Program (MCCJTP) is a State funded jail based mental health program that targets individuals 18 and older who have a serious mental illness, such as schizophrenia, major affective disorder, organic mental disorder, and other psychotic disorders. MCCJTP more commonly referred to as the "jail program" is administered in all five counties of the Mid Shore region, as well as 18 additional jurisdictions in the State. Common goals among participating jurisdictions include:

- Identify individuals in the criminal justice system who have severe and persistent mental illness or who are at risk for re-hospitalization at a psychiatric facility.
- Deliver clinically appropriate mental health services to identified individuals.
 - Health services are delivered in cooperation with the medical/psychiatric staff of the detention center.
 - Health services are delivered by a licensed, Master's level clinician who is responsible for providing bio-psychoeducational treatment in individual and/or group sessions.
- Case management services conducted by an individual with a minimum degree of baccalaureate who provides coordination of services
 while the consumer is incarcerated as well as development of an aftercare plan with the consumer in making community referrals,
 advocating "mainstream" services, and establishing communication for monitoring the receipt of treatment upon re-entry to the
 community.
- Educate detention center staff members, community mental health providers, and appropriate stakeholders regarding the needs of this
 population.
- Maintain communication with courts, parole and probation, and community-based providers to provide information about MCCJTP.

Caroline County Detention Center
Dorchester County Detention Center
Kent County Detention Center
410-479-4117
410-228-8101
410-810-2266

Queen Anne's County Detention Center 410-758-3817 option 5
Talbot County Detention Center 410-770-8136

Trauma, Addictions, Mental Health and Recovery (TAMAR)

TAMAR is a State funded program offered to women who are detained in Caroline and Dorchester detention centers. These women have been identified, or self-identified, as having a history of physical and/or sexual abuse and a recent treatment history for a mental health condition, as well as a drug use/abuse disorder. Individuals eligible to participate are encouraged to voluntarily join the program with the knowledge that participation does not in itself reduce jail time.

- Program services are delivered by a licensed, Master's level clinician who is responsible for providing bio-psycho-educational treatment in accordance with the TAMAR program manual.
- Case management services are to be conducted by an individual with a minimum degree of baccalaureate and provide coordination of services while the consumer is incarcerated, as well as development of an aftercare plan with the consumer in making community referrals, advocating "mainstream" services, and establishing communication for monitoring the receipt of treatment upon re-entry to the community.
- Ensure the education of detention center staff members, community mental health providers, and appropriate stakeholders about the needs of trauma survivors.
- Maintain communication with courts, parole and probation, and community-based providers to provide information about TAMAR. For Community Referrals, please contact Alisha Saulsbury, TAMAR Supervisor, For All Seasons, Inc., at 410-476-4441.

Family Support Centers						
Caroline:	100 N. 6 th Street, Denton, MD 21629	Phone:	410-479-3298	Fax:	410-479-3789	
Kent:	125 Lynchburg Street, Chestertown, MD 21620	Phone:	410-778-1350	Fax:	410-778-6119	
Queen Anne's:	103 N. Linden Street, P.O. Box 201, Sudlersville, MD 21668	Phone:	410-438-3182	Fax:	410-438-3806	
Talbot:	215 Bay Street, Suite 1, Easton, MD 21601	Phone:	410-820-6940	Fax:	410-820-6958	

Futures for Families, LLC

29466 Pintail Drive, Suite 10 Easton, MD 21601 410-924-1032

Website: www.mdcourts.gov/clerks/talbot/family.html

Provides supervised visitation (parent-child time) for families in Talbot County, Dorchester County and Caroline County when the court determines a needed for guided contact with one of the parents, or it is necessary to establish or reestablish a parent/child relationship. A court order must be entered to utilize Parent-Child Time. Both parents must contact the Futures for Families Center and complete an intake before visits may occur.

Contact Program Director Brenda Ramage, Futures4Families.brenda@gmail.com.

Harriet's House

Phone: 443-786-1843 www.harrietshouse.org



We offer a safe place for women to receive resources and referrals, emergency food pantry, toiletries, clothes, computer access, and skill development classes. We screen for human trafficking and exploitation and offer case management for those with indicators or such. We connect women to residential programs for those interested and encourage counseling. We connect women to other resources in the community to help where we cannot.

Open Monday, Tuesday, Wednesday, Friday – 10 am – 2 pm Thursday 6 pm – 8 pm Closed Saturday & Sunday

Healthy Talbot

Healthy Talbot is a project of the Talbot Family Network. We believe that healthy communities are made up of healthy families. As a result, we seek to link local families and individuals to information and resources that can help them lead healthier, happier lives.

On our site: www.healthytalbot.org you will find some great information on various topics under the categories of Health, Home, School, Work and Play. You will also find numerous local Resources listed that can help with anything from parenting or daycare needs to mental health to hunger and nutrition-related needs. Feel free to click around and see if there is something that could benefit your family.

Local events and featured articles are also highlighted.

The Johns Hopkins Eating Disorders Program



Department of Psychiatry and Behavioral Science
The Johns Hopkins Hospital
600 North Wolfe Street, Meyer 101
Baltimore, Maryland 21287
Inpatient Admissions: 410-502-5467
Outpatient or Consultation: 410-955-3863

Hopkins Access Line: 800-765-JHHS

The Johns Hopkins Eating Disorders Program is a nationally recognized treatment center for anorexia nervosa, bulimia, and other eating disorders. They offer comprehensive evaluations, treatment planning, and ongoing care for patients with eating disorders. Led by a psychiatrist, their interdisciplinary team includes nurses, social workers, occupational therapists, dieticians, and other specialists. Consultations are available, as needed, from gastroenterology, allergy, cardiology, internal medicine, neurology, and other medical specialties at Johns Hopkins. Medical and nutritional interventions are integrated with physical and psychological therapies to develop a comprehensive individualized treatment plan for each patient. Our primary goals are to restore the functional capacity, to normalize the eating patterns, and to improve the quality of life of our patients.

	Judy Centers						
Caroline:	323 S. University Avenue, Federalsburg, MD 21632	Phone: 410-754-2467	Fax:	410-754-7091			
Dorchester:	1405 Glasgow Street, Cambridge, MD 21613	Phone: 410-221-5268	Fax:	410-228-0534			
Kent:	Henry Highland Garnett Elementary School 320 Calvert Street, Chestertown, MD 21620	Phone: 410-810-3903	Fax:	410-778-5707			
Queen Anne's:	Sudlersville Elementary, 300 S. Church Street, Sudlersville, MD 21668	Phone: 410-438-3887	Fax:	410-438-3551			
Talbot:	215 Bay Street, Suite 1, Easton, MD 21601	Phone: 410-820-6940	Fax:	410-820-6958			

Mission is to provide comprehensive, integrated, full-day, full-year services that promote school readiness for children from birth through age five.

Legislative Advocacy

Behavioral Health Coalition of the Mid Shore

Website: www.midshorebehavioralhealth.org/advocacy

The Behavioral Health Coalition seeks to bring together community leaders to address the behavioral health needs of individuals, families, and providers in the mid shore region with our local legislators. Coalition efforts are focused on improving access and service delivery, destignatization, and increasing awareness. Each year, the Behavioral Health Coalition hosts an annual Legislative Forum for Behavioral Health, inviting local government officials and Delegation from the 36th and 37th Districts to attend.

Coalition partners include: Maryland Coalition of Families, Chesapeake Voyagers, Inc., For All Seasons, Inc., Channel Marker, Inc., Crossroads Community, Inc. / Corsica River Mental Health, Affiliated Santé Group's Eastern Shore Crisis Response, Eastern Shore Psychological Services, Recovery for Shore, and Local Health Departments.

Maryland Behavioral Health Coalition

Website: www.mhamd.org

The Maryland Behavioral Health Coalition brings together 100+ mental health and substance-related disorder organizations representing consumers, advocates, family members, service providers and behavioral health professionals. We are united in our mission to improve behavioral health access and service delivery for all Marylanders.

Since its inception in 1993, the Coalition has achieved numerous legislative and policy victories in behavioral health. These include passage of the Maryland Mental Health Parity Law, the establishment of an integrated, performance-based public behavioral health system, and the protection and expansion of funding for mental health and substance-related disorder services.

For more information, contact Dan Martin, Director of Public Policy, 443-901-1550, ext. 208, or via email dmartin@mhamd.org.

	Local Management Boards (LMB)					
Caroline:	Caroline County Human Services Council 317 Carter Ave Suite 101 Denton Maryland 21629	Phone: 410-479-4446 Fax: 410-479-4617				
Dorchester:	Dorchester County Office of Child & Family Services 501 Court Lane, Room 103, P.O. Box 26, Cambridge, MD 21613	Phone: 410-221-0281 Fax: 410-228-9642 Website: www.docogonet.com				
Kent:	Kent County Local Management Board 400 High St., Second Floor, Chestertown MD 21620	Phone: 410-810-2673 Fax: 410-810-2674 Website: www.kentcounty.com/residents				
Queen Anne's:	QAC Community Partnership for Children 104 Powell Street, Centreville, MD 21617	Phone: 410-758-6677 Fax: 410-758-6904				
Talbot:	Talbot Family Network c/o County Manager's Office South Wing-Courthouse, 11 N. Washington Street, Easton, MD 21601	Website: www.communitypartnerships.info Phone: 410-770-6869 Website: www.talbotcountymd.gov				

Maryland Access Point (MAP)



www.marylandaccesspoint.info

Upper Shore Aging, Inc. 200 Schauber Road Chestertown, MD 21620 410-778-2564

Toll Free: 1-877-MAP-LINK

Queen Anne's Dept. of Community Services

104 Powell Street Centreville, MD 21613 410-758-1040 Toll Free: 1-877-MAP-LINK

Aging and Disability Resource Centers (ADRC), known locally as Maryland Access Point (MAP), were established as the single-entry point for individuals seeking long term support services. Maryland's 20 local MAP sites provide individual, person centered counseling to consumers seeking information, referral, and program support for long term services. The MAP program also provides an online, searchable resource directory to serve the public and professionals in identifying, connecting, and accessing private and public resources: www.MarylandAccessPoint.info. Individuals can use the website to directly find and contact service providers or they can find an appropriate agency in their local area to contact for counseling and assistance.

Maryland State AIDS Hotline

1-800-638-6252 Hearing Impaired: 1-800-553-3140 Hispanic AIDS Hotline: (301) 949-0945 Baltimore only TTY area: (410) 333-2437

Monday-Friday, 9am to 5pm (Except Holidays). Information on testing and other referrals.

Maryland Health Connection



P.O. Box 857 Lanham, MD 20703 1-855-642-8572

Website: www.marylandhealthconnection.gov

A one-stop health insurance marketplace where individuals and families can shop, compare, and select the health plan that's right for you, making health insurance for Marylanders more accessible.

Medication Drop Boxes 100 N 3rd Street, Denton, MD 21629 Denton Police Department Caroline: **Dorchester:** Cambridge Police Department 3 Washington Street, Cambridge, MD 21613 Hurlock Police Department 200 Nealson Street, Hurlock, MD 21643 Dorchester County Sheriff's Office 829 Fieldcrest Road, Cambridge, MD 21613 Kent: Kent County Sheriff's Department 104 Vickers Dr., Unit B, Chestertown, MD 21620 **Queen Anne's:** Queen Anne's County Office of the Sheriff 505 Railroad Avenue, Centreville, MD 21617 Maryland State Police Barracks "S" 311 Safety Drive, Centreville, MD 21617 Talbot: Talbot County Public Safety Center 115 W. Dover Street, Easton, MD 21601 St. Michaels Police Department 100 South Freemont Street, St. Michaels, MD

Mentoring Services



Talbot Mentors, Inc.

108 Maryland Ave, Suite 102 Easton, MD 21601 410-770-5999 Fax: 410-770-5991

Website: www.talbotmentors.org

Founded in 1997, Talbot Mentors is a 501(c)3 nonprofit organization. We provide our services to local kids at no cost thanks to the financial support of many individuals, area churches, service clubs and business and with grants from local, regional and national foundations. Our mission is to match young people in Talbot County with volunteer mentors in order to support those children in the challenges and opportunities of adolescence through friendship, guidance, and education.

Big Brothers Big Sisters

200 W. Main Street, 3rd Floor Salisbury, MD 21801 410-543-2447 Fax: 410-543-8032

Website: www.biglittle.org



For more than 60 years, BBBS of the Greater Chesapeake has operated under the belief that inherent in every child is the ability to succeed and thrive in life. As MD's largest donor and volunteer supported mentoring network, we make meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), ages 6 through 18, in your local community. We develop positive relationships that have a direct and lasting effect on the lives of young people.

Mid-Shore Council on Family Violence



8626 Brooks Drive, Suite 102 Easton, MD 21601 410-690-3222 Fax: 410-690-3271 Hotline: 800-927-4673 Website: www.mscfv.org

MSCFV is a comprehensive domestic violence program which provides support and the following services to victims in crisis and through their transition to self-sufficiency and independence: Crisis shelter, 24-hour hotline (800-927-4673), individual counseling, advocacy, legal advocacy and accompaniment to court proceedings, attorneys to represent victims in Final Protective Order hearings and divorce and custody cases, economic empowerment services, Transitional Program (including a Transitional House), therapeutic mental health counseling, crisis response and emergency food and clothing and all services are provided in Spanish through a Bilingual Advocate.

Multi-Cultural Resource Center



20 Bay Street P.O. Box 1990 Easton, MD 21601 443-786-1120 Website: www.chesmrc.org

The Chesapeake Multicultural Resource Center empowers people from different cultures to become successful and engaged members of the community by coordinating services and informational programs.

MyFamilyNeeds



Database of community information for Caroline County. Funded by a grant from Caroline County Human Services Council and sponsored by

Caroline County Libraries.

Network of Care

A web-based internet tool and mental health resource for everyone, including a provider service network, a medical library, resource/veterans' links, and support/advocacy group contacts. Sponsored by: Department of Health and Mental Hygiene; Transformation Project, and Mid Shore Behavioral Health, Inc.



Visit www.networkofcare.org

The Parents' Place of Maryland



801 Cromwell Park Drive, Suite 103 Glen Burnie, MD 21061 410-768-9100 Fax: 410-768-0830

Website: www.ppmd.org

If you have a child with a disability or want to help parents who do, give them a call. The Parents' Place of Maryland is committed to improving the lives of children with disabilities and special health care needs.

NAMI | Kent & Queen Anne's County



For information: Address: PO Box 966

Email: <u>namikentandqueenannes@gmail.com</u>

Phone: 443-480-0565

NAMI (National Alliance on Mental Illness) Kent & Queen Anne's is an affiliate of NAMI Maryland and NAMI national. Our mission is to educate, support and advocate for those with mental illness and their families. Information and programs are available to educate about mental illnesses to reduce stigma and help people seek help early.

Queen Anne's County Safety Net

Mission: To make Queen Anne's County citizens knowledgeable and help them recognize indicators of suicidal thinking and link residents in need with prevention and intervention services with emphasis on stigma related events, public service announcements, and education/intervention.

Meets the 3rd Wednesday of every month at 1:15pm at the QAC Board of Education. For more information, please contact Matt Evans, Pupil Personnel Worker at Queen Anne's County Public Schools, 410-758-2403 x154 or via email at Starke.Evans@qacps.org

The Renfrew Center for Eating Disorders

The Renfrew Center of Baltimore

1122 Kenilworth Drive, Suite 105 Towson, MD 21204 1-800-RENFREW (736-3739) Fax: 443-519-5601



The Renfrew Center of Bethesda

4719 Hampden Lane, Suite 100 Bethesda, MD 20814 1-800-RENFREW (736-3739) Fax: 301-656-4601

The Renfrew Center specializes in the treatment of anorexia, bulimia, binge eating disorder and related mental illnesses. Programming consists of a comprehensive range of services, including day treatment, intensive outpatient, and group therapy.

Rural Assistance Center (RAC)



1-800-270-1898 https://www.ruralhealthinfo.org/

RAC helps rural communities and other rural stakeholders access the full range of available programs, funding, and research that can enable them to provide quality health and human services to rural residents.

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Address: 586 Cynwood Drive

Easton, MD 21601

Phone:

410-822-6681

Website:

www.talbothospice.org

Talbot Hospice

Talbot Hospice is a model for community based hospice care at the end of life. Since 1981 they have cared for patients and their families with dignity and respect. They offer comprehensive hospice care in your home, in nursing facilities and at Hospice House. They provide nurses, spiritual support, a bereavement center, family services and compassionate well trained volunteers. "We Celebrate Life Every Day."

Turn Around, Inc.

401 Washington Avenue, Suite 300 Towson, MD 21204 410-377-8111 1800 N. Charles Street, Suite 404
Baltimore, MD 21201
410-837-7000

9100 Franklin Square Drive, Room 317 Baltimore, MD 21237 410-391-2396

24-Hour Hotline 443-279-0379
Website: www.turnaroundinc.org

Turn Around's mission is to build a community free of violence by working with adults and children affected by intimate partner and sexual violence to address their needs and prevent further violence through advocacy and education.

FOR ADDITIONAL RESOURCES, VISIT:

http://www.midshorebehavioralhealth.org/

INFORMATION ON ENTITLEMENTS

INCOME SUPPORTS

Federal Level:

- 1. **Supplemental Security Income (SSI-Title XVI):** This federal government income supplement is for those who meet the Social Security Administration's (SSA) requirements for financial need due to disability, blindness, or age, and have no substantial history of employment. If you are found eligible for SSI, you are automatically eligible for Medical Assistance.
- 2. **Social Security Disability Insurance (SSDI-Title II):** This federal government income support is also for those who have met eligibility requirements for disability, but is based on the amount and recency of one's past earnings. Benefits from a spouse's record can be granted to a disabled widow over age 50, even if the widow has never been employed. Individuals who are disabled prior to age 18 may be able to draw on a disabled, deceased or retired parent's claim indefinitely.

For both of these entitlements, there is a complex application process and several eligibility requirements that must be met. The application process begins by contacting the local Social Security Office located at 828 Airpax Road Suite 500, Cambridge, Maryland 21613; website: www.ssa.gov/ssi; 410-228-8811 or 1-800-772-1213; to request full information as well as forms to be mailed to you, and to schedule an appointment.

Information that you will need to submit:

- Original social security card and proof-of-age documents (no copies accepted).
- Full medical information including name, address and phone numbers of all physicians, hospitals, clinics, etc. that have provided treatment. This is needed to document your disability.
- Summary of employers and type of work performed during the previous 15 years.
- Copy of the previous year's W-2 form from any employment.
- Proof of marriage, if the spouse is applying.

It is recommended that the completed application and all accompanying and subsequent documentation be HAND DELIVERED to the Social Security office rather than mailed. You should request a receipt or some documentation from SSA.

If you are applying for SSI, you will also need full information regarding financial assets (bank accounts, stocks, bonds, trust accounts and burial accounts or trusts, etc.). If you are living with family who helps to support you, the monetary award will be less. Families are often contacted regarding how much support they provide. If a recipient of SSI obtains employment, Social Security must be notified immediately.

Social Security considers many factors in making awards, including ability to work and diagnosis. Some diagnoses qualify a person automatically; others require substantial documentation and may require a physical examination by a physician under contract with the Social Security Administration.

The process of determining your disability is the same for SSI and SSDI. The process takes approximately 120 days and will include consideration of your ability to work in jobs other than the kind you may have done prior to becoming disabled.



SOAR is a program developed by the Substance Abuse and Mental Health Services Administration to address the critical need to help those who are homeless; as well as those who are at risk of homelessness and/or are returning to the community from institutions. This program also assist those who are experiencing mental illness, substance use issues, and cooccurring disorders.

There are five steps that are required to become SOAR eligible:

- 1. Individual is experiencing homelessness or at risk of homelessness.
- 2. Individual is diagnosed with a mental illness by a psychiatrist or psychologist.
- 3. Individual is at least 18 years old.
- 4. Individual is currently exhibiting symptoms of mental illness or has periods with worsening of symptoms that prevents sustainable employment.
- 5. Individual exhibits functional impairments in three out of the following four areas: Understand, remember, or apply information. Interact with others, Concentrate, persist, or maintain pace and adapt or manage oneself.

The SOAR Case Specialist will meet with the client to evaluate if they are eligible and begin to work with the individual, to fill out appropriate paperwork to file with the Social Security Administration. We do this by interviewing the client about their past/current homelessness, medical and mental disabilities. Then obtain medical records and other documents needed to complete the application. Once the application is completed, it is submitted to the Social Security Administration for their review to determine if they are appropriate to receive SSI/SSDI benefits. If you have any questions about SOAR or the program please contact Yvette Hynson, SOAR Case Specialist at 410-770-4801, ext 312 or send an email to: yhynson@midshorebehavioralhealth.org

MARYLAND MEDICAL CARE PROGRAMS

<u>Medicare</u> - Medicare is an insurance program that pays medical bills for people who are at least 65 years old, or who are disabled. It is available to people who receive Social Security benefits regardless of how much money they have. It pays medical bills with money from the Social Security Trust Fund, which most people pay into while they work. Retired and disabled people pay a monthly insurance premium for Medicare Part B. This is usually taken out of their Social Security check before they get the check.

If you are elderly and only applying for assistance with paying your Medicare premiums, co-payments, or deductibles, you may apply at your LDSS for the Qualified Medicare Beneficiary (QMB) or Specified Low-Income Medicare Beneficiary (SLMB) Program. QMB/SLMB applications may be filed by mail or in person. To receive an application, call your LDSS or the area Agency on Aging (AAA). For more information, you may call MDH's Recipient Relations Hotline at 1-800-492-5231 or (410) 767-5800.

<u>Medicaid (Medical Assistance) Program</u> – The Maryland Department of Health (MDH) provides Medical Assistance, also called Medicaid, coverage to individuals determined to be categorically eligible or medically needy. Medicaid coverage is automatically given to individuals receiving certain other public assistance, such as Supplemental Security Income (SSI), Temporary Cash Assistance (TCA), or Foster Care. Effective January 1, 2014, Medicaid covers more adults ages 19 to 64, whether they have children or not.

- A single person can make up to \$16,243 per year and qualify for Medicaid.
- A family of three can make up to \$27,724 per year and qualify for Medicaid.

To qualify for Medicaid coverage through Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien who has lived in the U.S. for five or more years, and be a resident of the state of Maryland. Medicaid is also expanding to cover former foster children under age 26 who left the foster care system on their 18th birthday. Former foster care children do not have to meet income limits, they qualify because of their status as former foster care children.

To apply for Medical Assistance, you can apply through Maryland Health Connection by calling 1-855-MHC-8572 (1-855-642-8572). You can also go to your Local Health Department, Local Department of Social Services (LDSS), or Connector Entity.











Employed Individuals with Disabilities (EID) - Want to work and still keep your benefits? Employed Individuals with Disabilities provides Medical Assistance for people with disabilities who work. You pay a monthly premium based on your income. It may be \$0-\$55 per month. Income can be as high as \$71,052 a year for a single person and \$95,388 a year for a married couple. For more details: Call Toll Free: 1.800.637.4113, TTY/Voice: 443.514.5034 or 410.767.3360, email: eid@mdod.state.md.us, or visit the website http://mdod.maryland.gov/employment/Pages/eid-program.aspx.

State Level:

- 1. **Public Assistance for Adults:** Designated for needy adults without children who reside in Residential Rehabilitation Programs (RRPs) funded by the Public Behavioral Health System. Yearly re-application is necessary. Apply through local Department of Social Services.
- 2. **TEMHA Transitional Emergency Medical and Housing Assistance:** Provides essential medical, housing, and other services to low-income disabled adults who are ineligible for other categories of assistance. Apply through Local Department of Social Services.
- 3. **TCA Temporary Cash Assistance for Families with Dependent Children:** This income support program is administered by the state through the Department of Social Services. This time-limited program provides temporary cash assistance to needy families with dependent children. To be eligible, families must cooperate with child support, participate in work activities, and comply with substance-related provisions.
- 4. Energy Assistance, SNAP (Supplemental Nutrition Assistance Program), and the WIC (Women, Infants and Children) Program: These programs offer specific, limited support with varying eligibility requirements. Information regarding Energy Assistance and Food Stamps can be obtained through the Department of Social Services. The WIC program provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breast feeding, and non-breast feeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. This program can be accessed through your local Health Department.



Optum Maryland



Optum Maryland gives care to people served by the Maryland Department of Health (MDH), Behavioral Health Administration (BHA). We invite you to look through this site to see the many ways we can serve you. If you are a person or a family member seeing an MDH/BHA provider, you can access relevant information with the touch of a finger:

Services: Find out more about the many recovery-oriented services that MDH/BHA funds through local mental health centers!

About Us: Learn more about the MDH/BHA and Optum Maryland partnership. Find out what that means for you!

News and Events: Stay up to date on the upcoming Maryland mental health news and training and events. MDH/BHA and Optum Maryland offer education and community events.

The Web site has sections for participants and families as well as providers of mental health services. Click on either the "Participants and Families" or the "Providers" tab to see the information that applies to you. Check the web site often as it continues to grow to better serve you!

Visit Optum Maryland: https://maryland.optum.com/content/ops-maryland/en.html
Download Optum Provider Manual: https://maryland.optum.com/content/dam/ops-maryland/documents/provider/Provider%20Manual.pdf

Participant Questions Call Toll-Free:

(800) 888-1965, TTY 711 Monday - Friday: 8:00 AM to 6:00 PM EST

Participant Help to Find a Provider:

Maryland 2-1-1

Provider Questions Call Toll-Free:

(800) 888-1965, TTY 711 Monday - Friday: 8:00 AM to 6:00 PM EST

Maryland Crisis Hotline 2-1-1

Optum Public Toll-Free Help Line:

(866) 342-6892

2021 RESOURCE GUIDE

PUBLIC BEHAVIORAL HEALTH SERVICES IN CAROLINE, DORCHESTER, KENT, QUEEN ANNE'S & TALBOT COUNTIES OF MARYLAND



MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE